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A PUBLICATION OF **The Washington Post** | LIVE ALL DAY AT WWW.READEXPRESS.COM | JULY 11, 2006 | >> **FREE** <<

Tuesday



Basayev was Chechnya's most feared warlord.

Chechen Killed: Notorious rebel leader dies in explosion | **7**

Legal Raid: FBI search of congressman's office upheld | **5**

Le Headcase: Zidane still mum on what set him off in World Cup | **17**



ENTERTAINMENT



Big Name: Country star *Julie Roberts* has no reason to sing the blues. Also, 'Nightmares & Dreamscapes.'

>> **12-16**

Weather >> Partly Sunny



91 | 74

FULL FORECAST ON PAGE 34



TIMOTHY A. CLARY/AP/GETTY IMAGES

Blast Levels NYC Building

UNDER INVESTIGATION: New York City firefighters spray water on the rubble of a four-story Upper East Side building housing doctors' offices that collapsed and burned on Monday. Police are investigating if a possible suicide attempt by the building's owner, Nicholas Bartha, a 66-year old doctor, caused the explosion. ♦ **Harsh words:** Angry e-mail reflects Bartha's bitter divorce | **Page 3**

3 Charged In Slaying Of Briton

Police say suspect admitted role in Georgetown killing

WASHINGTON | A British volunteer for the potential presidential campaign of former Virginia Gov. Mark R. Warner was killed in Georgetown by robbers who slashed his throat and tried to rape his female companion, police said.

Three of the suspects appeared Monday in D.C. Superior Court, where Magistrate Judge Aida Melendez ordered them held without bond pending a July 19 hearing. The fourth suspect, a 15-year-old boy, appeared in juvenile court.



Senit

"Our entire team is shocked and heartbroken," Warner said in a statement, responding to the death of Alan Senit, 27.

Investigators were looking for possible links to other crimes in the city.

Kristopher Piper, 25, was charged with felony murder and attempted sexual assault, authorities said. Jeffery Rice, 22, Olivia Miles, 26, and a 15-year-old boy also face murder charges. The boy is not being identified because he was charged as a juvenile.

Piper in an interview with police admitted to taking part in the robbery, according to charging documents. Piper said Rice was the killer and that Miles drove the getaway car. STEPHEN MANNING (AP)

♦ **Wanted:** Two of the men arrested are also suspects in two recent hold-ups. | In today's Post, Metro

DUAL USE | Also an Anti-Theft Device! An Orlando man was hospitalized Sunday after being knocked unconscious by an airbag he was trying to steal, the South Florida Sun-Sentinel reported. Brian R. Pancherodich broke into a junkyard to steal



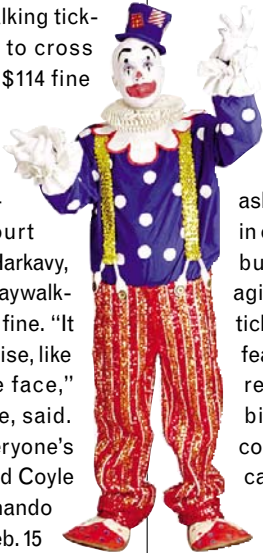
auto supplies, police said, and two accomplices found him knocked out by the bag. The accomplices called 911 for help and were arrested by authorities who arrived on the scene; all three have been charged with attempted robbery. (EXPRESS) **EyeOpeners** | **Page 2**

eyeOpeners

SLOWNESS

It Would Have Taken Her Forever to Pay It

An 82-year-old Los Angeles woman who was given a jaywalking ticket for taking too long to cross a busy street had her \$114 fine waived by a court commissioner. Last week, Mayvis Coyle received by mail the June 20 ruling from Superior Court Commissioner Jeffrey Harkavy, who found her guilty of jaywalking but suspended the fine. "It sounds like a compromise, like they're trying to save face," Coyle's son, Jim Coyle, said. "We're grateful for everyone's support." Police alleged Coyle entered a busy San Fernando Valley intersection on Feb. 15 after the red Don't Walk sign began blinking. (AP)



COULROPHOBIA

Balloon Animals May Cause Mass Panic

A Newport, England, music festival has changed its circus theme after some ticket-holders complained of a phobia of clowns, the BBC reported. The Bestival had originally asked participants to show up in curly wigs and large shoes, but it's now simply encouraging fancy dress after some ticket-holders said they had a fear of clowns — technically referred to as "coulrophobia." New suggestions for costumes: bunny ears, Spam can dress, an astronaut helmet, a witch's hat or outfits from the movie "Toy Story." Symptoms of coulrophobia include panic attacks. (EXPRESS)



JEWEL SAMAD/GETTY IMAGES

GOALIES

Chimp Keeper

Their skills are far from World Cup-ready, but orangutans still probably have a better grasp of the game than most Americans. This 12-year-old orangutan, Nurul, failed to block this shot during a show at the Taman Safari animal park in Cisarua, Indonesia, on Friday. Hundreds of attendees enjoyed the show — featuring parrots and orangutans displaying their soccer skills — which was organized by the safari before the final match of the World Cup. (EXPRESS)

GIFTS

With This Ring, To Thee I'll Never Wed

A woman who found out the New York man who proposed to her was

still married can keep the \$40,000 engagement ring he gave her, even though she broke off the relationship, a court ruled. Because Brian Callahan was still married when he



gave Dana Clyburn Parker a 3.41-carat diamond engagement ring, the agreement to marry was void. Callahan was in the process of getting a divorce in Massachusetts when he proposed. (AP)

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"When you have Italian blood in you, sometimes it wells up and grabs your heart." — **Gen. Peter Pace** on tearing up while discussing his immigrant parents during testimony before a Congressional field hearing on immigration.



Nation

In Brief

EPHRATA, WASH.

Teen Sentenced to 26 Years In Friend's Stabbing Death

A boy convicted as an adult of stabbing a playmate to death when he was 12 years old was sentenced Monday to the maximum 26 years in prison. A jury convicted Evan Savoie, now 15, of first-degree murder for the 2003 stabbing death of 13-year-old Craig Sorger, who was developmentally disabled. The prosecution said the victim had been beaten and had 34 stab wounds. (AP)

BALLWIN, MO.

5 Children Drown in River During Church Outing

Five children — four of them siblings — drowned during a church outing when they were caught in a river's current, apparently while trying to help a sixth child who was rescued, authorities and the victims' relatives said Monday. The six were among about 50 youths with the St. Louis Dream Center, an interdenominational church that was celebrating a volunteer appreciation day with a barbecue and swimming in Castlewood State Park southwest of St. Louis. (AP)

New Heart Drug Hopes

→ An experimental heart failure drug shelved amid doubts of its usefulness may be a lifesaver for patients carrying a particular gene, researchers say. | **Today, A Section**

IN The Washington Post

Suicide Try Suspected in NYC Blast

Gas explosion levels four-story building, injuring at least 15

WASHINGTON | A four-story building on Manhattan's Upper East Side collapsed into a pile of rubble Monday after a thunderous explosion that hurled fireballs skyward and left an upscale block littered with bricks, broken glass and splintered wood.

Authorities said the blast was caused by gas, and they were investigating whether it was the result of a suicide attempt by the building's owner, a doctor who was going through a bitter divorce. The doctor, Nicholas Bartha, 66, and a passer-by were severely hurt; at least 13 other people had minor injuries.

Bartha recently sent out a rambling e-mail to his wife in which he contemplated suicide, a police official with direct knowledge of the case told The Associated Press. The



UNDER CARE: New York City firefighters place a colleague into an ambulance at the scene of a suspected gas explosion that leveled a four-story building Monday.

note read in part, "You will be transformed from gold digger to ash and rubble digger." The official spoke on condition of anonymity because the

investigation is ongoing.

The injured included five civilians and 10 firefighters. Bartha was pulled from the rubble after

talking with authorities from his phone while buried in the wreckage, Fire Chief Nicholas Scoppetta said. Bartha and one passer-by suffered severe injuries; the others had minor injuries.

Bartha recently lost a \$4 million judgment in the divorce case, and court records chronicle a nasty dispute that spanned five years.

In a petition filed this year, Cordula Bartha asked that deputies remove Nicholas Bartha from the residence. "I have no doubt that [he] will ensconce himself in the marital residence and refuse to leave it after the auction is held. He has said many times that he intends to 'die in my house.'"

Heavy black smoke rose high above the 19th-century building, just a few blocks from Central Park. Debris was strewn everywhere. Four of the injured were pedestrians, and some were found covered in blood on the street.

ADAM GOLDMAN (AP)

Official: No 'Grandma' on Texas Ballot

AUSTIN, TEXAS | Texas voters will get "Kinky," but they won't get "Grandma." The state elections chief on Monday rejected gubernatorial candidate Carole Keeton Strayhorn's request to be called "Grandma" on the November ballot, but he decided her fellow independent candidate Kinky Friedman could use his nickname as long as it was accompanied by his given name

— Richard.

"Grandma" is a slogan rather than a recognized nickname and therefore not allowed under the Texas Election Code, officials said. Strayhorn promised to sue.

Both independents are trying to oust Republican Gov. Rick Perry. Democrat Chris Bell and Libertarian James Werner are also running for governor. (AP)

Congress Tackles Online Gambling

WASHINGTON | Gamblers who prefer their laptops to blackjack tables won't like what Congress is doing. On Tuesday, the House plans to vote on a bill that would ban credit cards for paying online bets and could padlock gambling Web sites.

The legislation would clarify existing law to spell out that it is

illegal to gamble online.

To enforce that ban, the bill would prohibit credit cards and other payment forms, such as electronic transfers, from being used to settle online wagers. It also would give law enforcement officials the authority to block access to gambling Web sites.

Some opponents of the legislation say it would be better to regulate the \$12 billion industry and collect taxes from it. (AP)

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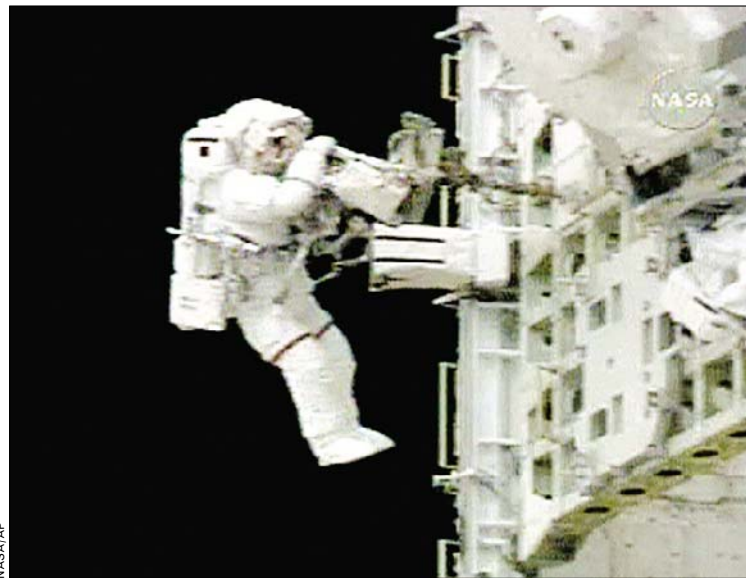
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Nation



WALK ABOUT: Astronaut Piers Sellers gathers tools for a routine repairs mission on the outside of the International Space Station during a spacewalk on Monday.

Crew Takes Walk In Space for Fixes

**Astronauts make small
station repairs during
mission's second outing**

HOUSTON | In a routine but difficult spacewalk Monday, two astronauts fixed a crucial broken piece of the international space station, allowing it to be added on to later this year.

Space shuttle Discovery astronauts Piers Sellers and Michael Fossum replaced a cable reel to a rail car needed to move large pieces around the giant orbital outpost in a spacewalk dotted with glitches.

The reel, severed accidentally last year by a cable cutter, provides video, data and power to the rail car. The two immobilized the cutter in their first spacewalk Saturday.

NASA managers said fixing the cable reel was vital to space station construction, which will take 15 more shuttle flights.

Before fixing the cable reel, Fossum and Sellers breezed through the first part of their spacewalk, installing a spare external pump compartment on the station's cooling system.

The one aspect the spacewalkers worried most about — a point at which Sellers held the old 330-pound cable reel in one hand and the new one in the other hand — went without a hitch.

The astronauts got welcome news Sunday when NASA managers cleared Discovery's thermal protective skin as safe for a return to Earth on July 17.

SETH BORENSTEIN (AP)

Gay Marriage Ban Ruled OK for Ballot

BOSTON | The same court that made Massachusetts the first state to legalize gay marriage ruled Monday that a proposed constitutional amendment to ban future same-sex marriages can be placed on the ballot, if approved by the Legislature.

The ruling was in a lawsuit brought by gay-rights supporters who argued that Attorney General

Tom Reilly was wrong to approve the ballot measure because they said the state constitution bars any citizen-initiated amendment that seeks to reverse a judicial ruling.

The Supreme Judicial Court said the proposed amendment is a proposed change to the state constitution, which can be legally done through a citizen initiative. (AP)

1 The number, in billions, of people public health officials say may die from tobacco use this century, 10 times the toll for the 20th century. The American Cancer Society says curbing tobacco use and taking other steps to eliminate common risk factors for cancer could save millions of lives.

Judge Rules FBI Office Raid Legal

Evidence seized in Jefferson bribery probe can be used in court

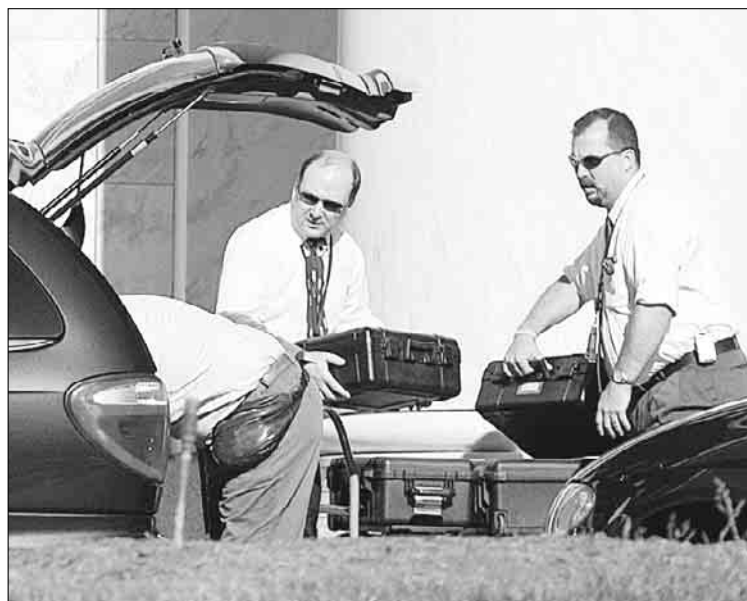
WASHINGTON | An FBI raid on a Louisiana congressman's Capitol Hill office was legal, a federal judge ruled Monday.

Chief U.S. District Judge Thomas F. Hogan said members of Congress are not above the law. He rejected requests from lawmakers and Democratic Rep. William Jefferson to return material seized by the FBI in a May 20-21 search of Jefferson's office.

In a 28-page opinion, Hogan dismissed arguments that the first-ever raid on a congressman's office violated the Constitution's protections against intimidation of elected officials.

Jefferson's theory of legislative privilege "would have the effect of converting every congressional office into a taxpayer-subsidized sanctuary for crime," the judge said.

Hogan acknowledged the



CLOSER LOOK: FBI agents load the back of a minivan at the Rayburn House Office Building in their probe of the offices of Rep. William Jefferson in this May 21 photo.

"unprecedented" nature of the case but said "a Member of Congress is generally bound to the operation of the criminal laws as are ordinary persons."

Jefferson had sought the return of

several computer hard drives, floppy disks and two boxes of paper documents that FBI agents seized during an 18-hour search of his Rayburn Building office.

At issue was a constitutional

provision known as the speech and debate clause, which protects elected officials from being questioned by the president, a prosecutor or a plaintiff in a lawsuit about their legislative work.

The raid on Jefferson's office angered members of Congress, some of whom threatened to retaliate by tinkering with the FBI and Justice Department budgets.

President Bush stepped in and ordered the solicitor general to take custody of the seized materials. A 45-day "cooling off period" ordered by the president ended Sunday.

Jefferson has been under investigation since March 2005 for allegedly using his position to promote the sale of telecommunications equipment and services offered by iGate, a Louisville-based firm, that sought contracts with Nigeria, Ghana and other African nations.

In return for his help, Jefferson allegedly demanded stock and cash payments. Jefferson has not been charged and has denied wrongdoing. TONI LOCY (AP)

Paulson Takes Over Treasury Secretary Post

WASHINGTON | Henry M. Paulson took over Monday as the nation's 74th Treasury secretary, pledging to make sure the country does not retreat from the global economy.

The former head of Goldman Sachs Group was sworn in by



Paulson

Chief Justice John Roberts in the Treasury Department's ornate Cash Room with President Bush, Federal Reserve Chairman Ben

Bernanke and other dignitaries from the administration and Congress looking on.

"We must always remember that the strength of the U.S. economy is linked to the strength of the global economy," Paulson said. "If we retreat from the global stage, the void is likely to be filled by those who do not share our commitment to economic reform." (AP)

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— East Timor's Jose Ramos-Horta, on his new post as prime minister of the violence-racked nation

World

In Brief

WARSAW, POLAND

Kaczynski Names Identical Twin Brother as New PM

The president of Poland appointed his identical twin as prime minister Monday, putting the country's most powerful jobs in the hands of 57-year-olds with virtually the same round faces and conservative outlooks. President Lech Kaczynski formally appointed his brother Jaroslaw, a lawyer, member of parliament and chairman of the governing Law and Justice party, during an evening ceremony. The brothers are former activists in the Solidarity movement that helped topple communist rule. (AP)



Lech Kaczynski

MULTAN, PAKISTAN

Passenger Plane Crashes After Takeoff, Killing 45

A passenger plane slammed into a wheat field and burst into flames minutes after takeoff Monday in eastern Pakistan. All 45 people on board were killed, officials said. Malik Bashir, Pakistan International Airlines' station manager at Multan airport, said the cause of the crash was not yet known. (AP)

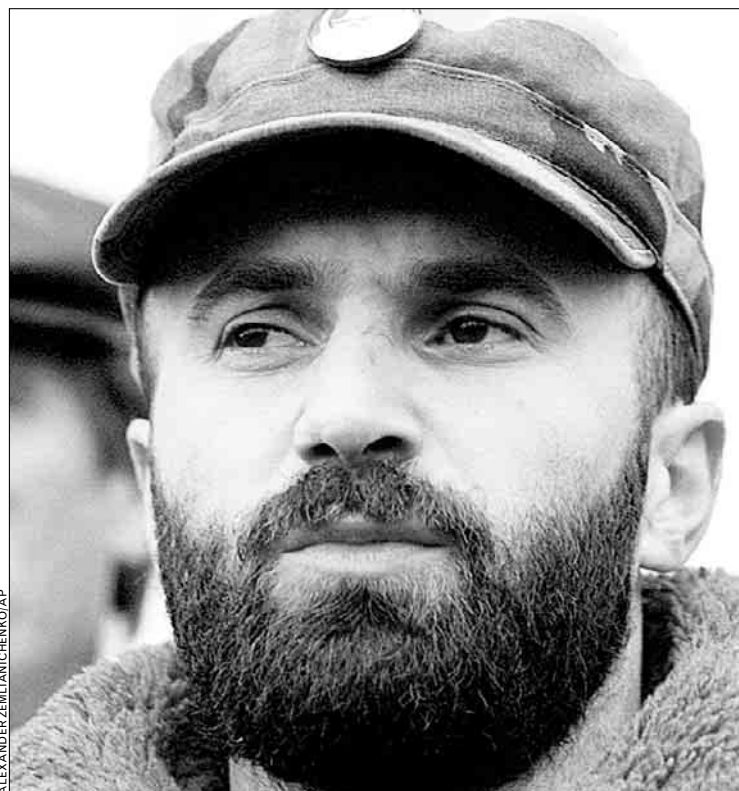
Chechen Rebel Chief Killed in Blast

Long-hunted warlord behind Beslan siege dies in truck explosion

EKAZHEVO, RUSSIA | Shamil Basayev, the ruthless Chechen rebel leader responsible for terror attacks that led to the deaths of more than 800 people, was killed when a dynamite-laden truck in his convoy exploded in this village of red brick houses next to a muddy field.

The blast that killed Russia's most-wanted man, who had a \$10 million bounty on his head, appeared to have been an accident. Basayev died along with three other militants in this village in Ingushetia — a republic plagued by sporadic spillover violence from neighboring Chechnya, where Russian forces have battled separatists for a dozen years.

Basayev, 41, was emblematic of the radicalization of the Chechen rebel movement — which began as a secular fight for independence — and its increasing domination by Islamic extremists. His death, while a huge victory for President Vladimir Putin's fight against terrorism, will probably not end an insurgency that has spread to communities across Russia's predominantly Muslim south.



MOST-WANTED MAN: Chechen rebel leader Shamil Basayev, seen here in 1996, is believed to be behind attacks that have led to the deaths of more than 800 people.

"I am sure that the explosions will stop, but the Caucasus is far from peace," said Susanna Dudiyeva, whose 13-year-old son was one of 331 victims killed in the 2004 Beslan school siege, which Basayev orchestrated.

Federal Security Service chief Nikolai Patrushev told Putin in a televised meeting that Basayev and many other rebels lost their lives in a special operation overnight in Ingushetia.

"This is deserved retribution for our children in Beslan, for Budyonnovsk, for all the terrorist attacks that they committed in Moscow and in other regions of the Russian Federation including Ingushetia and the Chechen Republic," Putin said, adding that everyone who took part in the operation should get state medals.

However, Ingush authorities said the explosion occurred mistakenly during a special police operation against rebels who were preparing a attack for later Monday. (AP)

REBEL'S REIGN | Key Attacks Tied to Shamil Basayev

1999 Apartment building bombings across Russia kill about 300 people.	2002 Chechen fighters take a Moscow theatre hostage. More than 100 die.	2003 Suicide bombing at a Moscow rock concert kills at least 15.	2003 Suicide bombing on a Russian commuter train kills 44 people.	2004 Gunman seize school in Beslan. At least 331 civilians are killed.
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World

82

The percentage of Japanese people who said they felt either "fearful" or "somewhat fearful" over the series of missiles North Korea fired into the Sea of Japan, a poll finds. Sixty-nine percent said Japan should impose further sanctions on the North over the tests.

More Bold Attacks in Iraq

Car bombings target Shiites while gunmen ambush Sunnis on bus

BAGHDAD, IRAQ | Car bombs killed eight people in a Shiite slum and gunmen mounted a deadly ambush on a bus in a Sunni area of the capital Monday as Iraq's sectarian violence showed no sign of easing.

The coordinated bombing attack in Baghdad's Sadr City began at midmorning when a car exploded near a repair shop. Minutes later, a suicide bomber blew up his vehicle in a crowd of curiosity-seekers who were milling around the first blast site, witnesses and police said.

In addition to the dead, 41 people were wounded, most of them in the second blast, police said.

Hours later, gunmen attacked a bus in the predominantly Sunni neighborhood of Amariyah in western Baghdad, killing the driver and six passengers, including a woman, police Capt. Jamil Hussein said. The



DEADLY CYCLE: Family members mourn a victim of a recent wave of sectarian violence between Shiites and Sunnis at the Yarmouk hospital in Baghdad Monday.

attackers set fire to the bus before fleeing.

The bombings in Sadr City may have been a reprisal for an attack Sunday in west Baghdad's Jihad neighborhood, where Shiite gunmen rampaged through the streets, stopping people, checking identification cards and killing people with

clearly Sunni names.

The killings have alarmed the Sunni Arab minority, which the U.S. had hoped would abandon support for the insurgency and join the political process. Sunni Arabs form about 20 percent of Iraq's 27 million people but enjoyed power and privilege under Saddam Hussein. (AP)

Council Delays Vote On N. Korea Sanctions

UNITED NATIONS | Supporters of a resolution that would impose limited sanctions against North Korea agreed to delay a vote in the hope that China can pressure Pyongyang to return to six-party talks on its nuclear program and halt missile tests, diplomats said Monday.

Ambassadors from the five veto-wielding nations on the Security Council — who are divided over sanctions — met with Japan, which sponsored the resolution, as a Chinese delegation arrived in North Korea pledging friendship and deeper ties.

U.S. Secretary of State Condoleezza Rice said the United States agreed with Japan that "it would be wise" to allow some time for Chinese diplomacy to work.

China and Russia oppose sanctions and are pushing for the council to adopt a weaker presidential statement, which would not be legally binding.



China's U.N. envoy Wang Guangya was a key player in Monday's meetings.

China's U.N. Ambassador Wang Guangya told reporters that the resolution "will not calm down the situation" and urged other members to be flexible. He said the presidential statement he circulated in the council Monday afternoon represented the best compromise and the best way to get North Korea to return to the six-party talks.

North Korea has warned that U.N. sanctions would be tantamount to a declaration of war. (AP)



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If so, you may be interested in participating in research involving **brain imaging** at the NIH Clinical Center in Bethesda, MD. The National Institute of Mental Health is interested in understanding what the brain looks like in people who are depressed.

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The National Institute of Mental Health NIMH
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World



Artists will be offered grants to replace dozens of murals in the largely Protestant areas of Belfast, Northern Ireland, that reference the region's violent history.

Belfast's Murals To Get Makeover

'Positive imagery' will replace paramilitary art in \$6B program

BELFAST, NORTHERN IRELAND | Britain unveiled a \$6 million program Monday to replace Belfast's towering paramilitary wall murals in the most hard-line Protestant areas with more positive, less threatening art works.

Dozens of Protestant neighborhoods feature murals with masked men in combat gear and toting guns, alongside murals lauding either the Ulster Defense Association or the Ulster Volunteer Force, both outlawed groups.

The project would "engage local people and their communities in finding ways of replacing divisive murals and emblems with more positive imagery," said Maria Eagle, Britain's culture minister for Northern Ireland.

The grants for individual proj-

ects would range from \$9,200 to \$92,000, she said.

Rosemary Kelly, chairwoman of the Northern Ireland Arts Council overseeing the project, said she hoped to encourage artists who previously specialized in painting masked men with guns with designing "broader expressions of civic and cultural identity [that] create a more inclusive and welcoming environment for everyone."

Protestant leaders welcomed the project, but Catholics denounced it as perverse.

"It is clear that any paramilitary murals designed to intimidate or mark out territory should be removed. Indeed their very existence is illegal," said Alban Maginness, a moderate Catholic on Belfast City Council. "That is why today's [Monday's] announcement really beggars belief. People shouldn't have to be paid to take down paramilitary murals. They should be told to do it." (AP)

Fresh Fighting in Mogadishu Kills 25

MOGADISHU, SOMALIA | Deadly gunfire and explosions wracked Mogadishu Monday after weeks of relative calm as the Islamic militiamen controlling Somalia's capital battled one of the last pockets of resistance to their hard-line rule. At least 25 people were killed.

Relations appeared to be deteriorating between the Islamic fighters and Somalia's interim government, which said it would not talk with the militia's radical leader when the two sides meet Saturday in Sudan under Arab League auspices to negotiate a full peace accord. (AP)

NIH Vaccine Studies

Volunteer Today

The National Institute of Child Health and Human Development is seeking healthy men and women, ages 18 to 45, to participate in an investigational typhoid vaccine study (06-CH-0070) or an investigational anthrax vaccine study (04-CH-0283) conducted at the National Institutes of Health Clinical Center in Bethesda, Maryland.

Compensation will be provided.

Parking is provided to the participant at no cost.

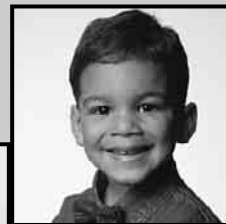
The NIH Clinical Center is conveniently located on the metro red line (Medical Center stop).

Please call 1-800-411-1222 (TTY:1-866-411-1010)

<http://clinicaltrials.gov>
se habla español



Department of Health and Human Services
National Institutes of Health
National Institute of Child Health and Human Development



HEALTHY CHILDREN AND ADOLESCENTS

The NIH Clinical Center is devoted entirely to research on common and rare disorders. Many of these studies involve healthy volunteers, who assist in finding new ways to prevent, diagnose and treat disorders. Parents! Please have your child consider participating in one of our healthy volunteer studies.

Participants are compensated.

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- Autism in 1 to 4 year olds (06-M-0102)

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Please call 1-866-444-6679
(TTY#: 1-866-411-1010)
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Department of Health and Human Services
National Institutes of Health

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Money

Vintners Alarmed By Climate Report

Hotter weather could erode the quality of top California wines

WASHINGTON | Climate warming could spell disaster for much of the multibillion-dollar U.S. wine industry.

Areas suitable for growing premium wine grapes could be reduced by 50 percent — and possibly as much as 81 percent — by the end of this century, according to a study Monday in Proceedings of the National Academy of Sciences.

The paper indicates increasing weather problems for grapes in such areas as California's Napa and Sonoma valleys.

The main problem: an increase in the frequency of extremely hot days, according to Noah Diffenbaugh of the department of earth and atmospheric sciences at Purdue University.

Grapes used in premium wines need a consistent climate. When temperatures top about 95 degrees grapes have problems maintaining photosynthesis and the sugars in the grapes can break down, Diffenbaugh explained.

James A. Kennedy, a professor



Areas suitable for growing top grapes could shrink widely in coming decades.

of food science and technology at Oregon State University, said he was shocked by the report on the potential effects on wine grapes.

"We're definitely, in the wine industry, starting to be concerned about global warming," said Kennedy, who was not part of the research team.

While problems are seen for California wine country, the paper suggests grape-growing conditions might improve in parts of the Northwest and Northeast. However, the researchers note that those states have higher humidity levels than the current top wine regions. RANDOLPH E. SCHMID (AP)

In Brief

SHANGHAI, CHINA China's Global Trade Surplus Hits Record High of \$14.5B

China's global trade surplus rose to a record monthly high of \$14.5 billion in June, the Commerce Ministry reported Monday, raising the likelihood of more tension over Beijing's currency controls. Figures on new loans and money supply, meanwhile, show signs of a slight slowdown, although China's sizzling economic growth has boosted expectations of a further tightening in credit. Exports rose 23 percent from a year earlier to \$81.3 billion while imports climbed 19 percent to \$66.8 billion, the ministry said. (AP)

NEW YORK Markets Mixed as Investors Wait for New Earnings Data

Stocks finished an uneasy session mixed Monday as investors grew nervous ahead of the second-quarter earnings season. Expectations for solid quarterly results helped the market to an early advance, but the enthusiasm waned throughout the session. While analysts forecast another round of double-digit profit growth from companies, some said strong results may have already been priced into the market and that confusion about interest rates and economic growth were keeping stocks from gaining. (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
CascNG	25.32	+3.86	+18.0
FootLockr	27.32	+2.48	+10.0
CashAm	33.59	+2.78	+9.0
Rostele	29.52	+1.98	+7.2
NtwkEq	3.30	+1.19	+6.1

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
ShawGp	22.08	-3.67	-14.3
Allimg	6.22	-.66	-9.6
Amrep	49.15	-4.12	-7.7
Culp Inc	5.80	-.45	-7.2
EMC Cp	10.41	-.77	-6.9

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
StdMic	24.51	+4.04	+19.7
EuroTech	2.54	+.38	+17.6
LeadBrnds	6.42	+.91	+16.5
US EnSys	4.85	+.63	+14.9
Iomai n	4.08	-.04	-1.0

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Connetics If	7.76	-3.93	-33.6
Synergetc n	4.63	-1.40	-23.2
InterDig	25.89	-6.82	-20.8
EMS Tch	15.69	-3.46	-18.1
Trnscnd	2.01	-.38	-15.9

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	8.25	8.25
Fed Funds close	5.25	5.25
3-month disc	4.93	4.96
2-year	5.18	5.17
10-year	5.13	5.15
30-year	5.17	5.20

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.5433	.5401	.5769
Canadian Dollar	1.1252	1.1137	1.2198
European Euro	.7854	.7804	.8378
Japanese Yen	114.10	113.91	112.23
Mexican Peso	10.9875	11.0200	10.7440
Taiwanese Dollar	32.31	32.33	32.09

DOW	NASDAQ	S&P 500
+12.88	-13.13	+1.86
+0.12	-0.62	+0.15
11103.55	2116.93	1267.34

Biotech Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
Amgen	66.60	+.21	-15.5
Amylin	50.10	+1.10	+25.5
BiogenIdc	46.29	+.63	+2.2
Celgene s	47.85	-.40	+47.7
ChRvLab	35.43	+.15	-16.4
GenProbe	52.86	-.82	+8.3
Genentch	83.73	-.88	-9.5
Genzyme	58.71	-.65	-17.1
GileadSci	61.60	+.84	+17.2
Imclone	38.22	-.36	+11.6
Invitrogn	63.31	-.77	-5.0
MedImun	27.07	-.19	-22.7
MillPhar	9.41	-.38	-3.0
PDL Bio	18.48	-.22	-35.0
VertexPh	35.22	-.69	+27.3



SIGNING OFF: Kathleen Matthews, Channel 7's most familiar face and the current co-anchor of the station's 5 p.m. newscast, is leaving the station after 30 years. Matthews, 52, is joining the hotel company Marriott International in December.

Local

Panel to Choose New AU President

Trustees form search committee to choose Ladner's replacement

WASHINGTON | American University will begin its search in September for a president to replace Benjamin Ladner, who was ousted last year following a spending scandal.

The university's board of trustees voted unanimously Monday to form a 15-person search committee chaired by trustees chairman Gary Abramson, with members nominated by faculty and student groups. The committee will include eight trustees; three faculty members; two students; a dean, and a staff member.

Cornelius Kerwin has been acting president of the 11,000-student private school in Northwest Washington since Ladner, 64, was suspended in August during an investigation of his spending. Ladner had led the school for 11 years.

Auditors went through more than \$500,000 in travel costs and

other expenses that he and his wife incurred over the previous three years. The expenses in question include an engagement party for Ladner's son; "professional development" trips for the couple's personal chef to Paris, London and Rome; nearly \$54,000 in drivers' costs; and nearly \$44,000 in alcohol. (AP)



Collin Finnerty, left, leaves Superior Court on Monday in Washington.

Arlington, Fairfax May Lose Millions in Funds

Misuse of foster care money could cost several communities

WASHINGTON | Arlington and Fairfax counties are among several Virginia localities that stand to lose millions in federal human services funding because they misused federal money intended for foster care.

A federal investigation revealed that the governments used the foster care money for broader programs such as counseling and parent education, officials with the U.S. Department of Health

and Human Services said. After months of negotiations, the state and the federal agency agreed May 31 that Virginia will lose \$42 million in federal money.

The inspector general's office of HHS is auditing the two counties, said David Lett, regional administrator for HHS's Administration for Children and Families.

Arlington's loss will be much more severe, \$5.5 million for the coming year and as much as \$15 million overall. Most of the money is targeted for housing for disabled residents. About 30 county jobs are in jeopardy, officials said. (AP)

IN The Washington Post | CANDIDATE KILLED



A NEIGHBORHOOD'S LOSS: Gregory Nelson, left, and Gaines "Big 6" Shaw, friends of community activist Chris Crowder, reminisce at a makeshift memorial in a Washington park where the mayoral candidate was shot and killed Saturday. Police are still investigating the murder. | Metro Section

Duke Player Is Tried on Charge Of Starting Fight

WASHINGTON | A Duke lacrosse player charged with raping an exotic dancer was accused Monday of instigating an unrelated brawl last year in Georgetown that left two bar patrons with minor injuries.

During testimony in the misdemeanor assault trial of Collin Finnerty, one of the alleged victims in the assault, Jeffrey Bloxsom, testified that Finnerty was one of the instigators in the fight and hurled homophobic epithets at him.

But the defense contends both sides were exchanging taunts and that Finnerty was struck first. (AP)

The Lotteries

Monday, July 10

DISTRICT	
Mid-day Lucky Numbers	4-0-1
Evening Lucky Numbers	1-9-5
Mid-day DC 4	2-7-3-3
Evening DC 4	7-3-9-5
Rolling Cash Five	30-33-3-27-21
Daily 6	26-5-13-15-6-24 (11)

MARYLAND	
Mid-day Pick 3	4-8-6
Evening Pick 3	5-7-4
Mid-day Pick 4	0-5-4-6
Evening Pick 4	8-8-9-6
Match 5	18-23-32-38-39 (1)

VIRGINIA	
Mid-day Pick 3	3-4-0
Mid-day Pick 4	1-5-5-7
Mid-day Cash 5	14-20-27-31-33

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

D.C. Liason Police Unit Earns Award

WASHINGTON | The D.C. police department's Gay and Lesbian Liaison Unit on Monday received a \$100,000 Innovations in American Government Award.

The Ash Institute for Democratic Governance and Innovation at Harvard's Kennedy School of Government, in partnership

with the Council for Excellence in Government, honored the department for "reaching out to an underserved community and creating a model for community policing."

The 6-year-old unit is one of seven programs honored by the Harvard group, which said the program is a model for other cities. (AP)

Pool Chemicals Blamed in Fumes

FORESTVILLE, MD. | Authorities believe swimming pool chemicals were responsible for a hazmat situation Monday involving a trash truck.

County fire and rescue officials say the driver of the truck noticed a

haze and a "chlorine odor" coming from his truck while driving in on Ritchie-Marlboro Road.

A strip mall and businesses inside two warehouses were evacuated and a stretch of the road was closed. After dumping the contents of the truck onto the road, the crew found several empty containers for residential swimming pool chemicals. (AP)

MEGA MILLIONS

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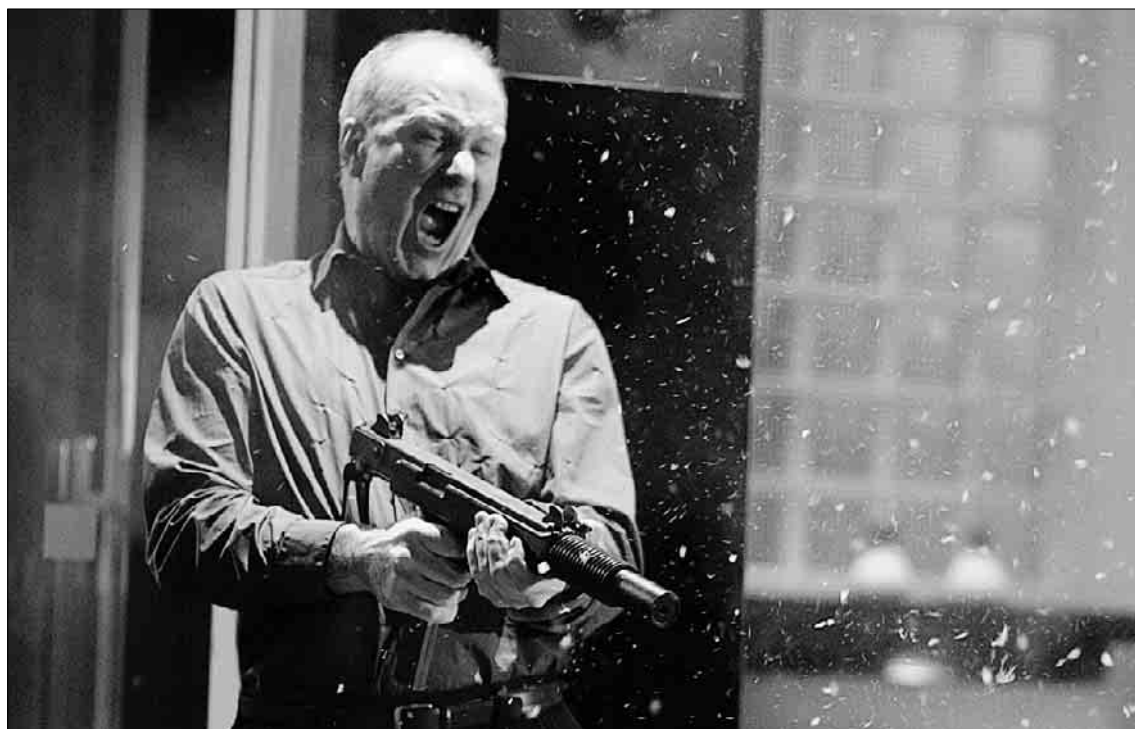
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Entertainment

TALKING HEAD: Angelina Jolie's lips are in demand. The actress, who voiced a sexy fish in "Shark Tale," will provide the voice of martial-arts mistress Tigress in the upcoming computer-animated comedy "Kung Fu Panda."



TAKING A HIT: William Hurt unleashes lead justice on toy soldiers in "Battleground," part of "Nightmares and Dreamscapes."

Amazing Stories

TNT offers eight varied Steven King tales this month

KINGS | In the tradition of "Amazing Stories" and "The Twilight Zone," TNT's miniseries "Nightmares and Dreamscapes" presents eight bizarre tales that spring forth from the imaginative mind of

Stephen King.

Drawn from King's anthology of the same name, TNT will be presenting two adaptations per week for four weeks.

The series gets started with "Battleground," debuting on Wednesday night at 9 p.m., starring William Hurt as a hit man who, after killing the owner of a toy company, is attacked by toy soldiers.

Brian Henson, no stranger to dealing with an animated cast, helps give the indistinguishable little green soldiers personality.

Like most of King's work, these stories have a touch of the macabre and the fantastic, whether it's a writer swapping places with his Raymond Chandler-esque private dick or a married couple stuck in what is literally rock 'n'

roll heaven.

William H. Macy is inspired casting for the dual role of author Sam Landry and his literary creation, detective Clyde Umney in "Umney's Last Case."

Ron Livingstone gives a harrowing performance as a filmmaker with an hour to live explaining how his genius brother's plan for peace has gone awry.

"You Know They Got a Hell of a Band" tries to be menacing, but this tale of a couple stumbling upon the off-the-map town of "Rock and Roll Heaven," Oregon, brings up feelings of nostalgia more than peril. Steven Weber and Kim Delaney get trapped in a musical afterlife where Janis Joplin runs the local diner while Roy Orbison and Buddy Holly spin their tunes on the jukebox.

Typical of an anthology, the entries vary in quality. "The Road Virus Heads North," with its menacing painting, drags on, while "The Fifth Quarter" fails to capture interest.

Many of the finest King adaptations avoid playing on fears. "Shawshank Redemption," "The Green Mile" "Stand by Me," for example, might include elements of the magical world, but when it comes down to it, those are ordinary people thrust into interesting and unusual situations, and nothing else.

By that same token, "Nightmare and Dreamscapes" shines when the stories' plot revolves around interesting characters and does not solely rely on supernatural elements.

SCOTT ROSENBERG (EXPRESS)

Today's Top Stops

FOR COMPLETE EVENT LISTINGS SEE
WASHINGTONPOST.COM/ENTERTAINMENT

The Weakerthans: Strong Showing

The Weakerthans' lead singer, John K. Samson, used to front the punk band Propagandi, but these days, the musician is pumping out songs that would make any Canadian pop music fan proud.

9:30 Club, 815 V St. NW; 7:30 p.m., with the New Amsterdams, Raising the Fawn, \$14; 703-218-6500. (U St. -Cardozo)



The Weakerthans play alt-countryish indie pop from north of the border.

Amadou & Mariam: Love Is Blind

2 Malian husband-and-wife musicians Amadou & Mariam have been putting over eclectic Afro-pop/rock/funk for decades; they hit it big on the European charts with their French-language, Manu Chao-produced 2005 album "Dimanche a Bamako," much beloved of Western critics and African fans.

Birchmere Music Hall, 3701 Mt. Vernon Ave., Alexandria; 7:30 p.m., \$25; 703-573-7328.

D.C. Hip-Hop Theater Fest: Break It Down

3 Brazilian break-dancer Frank Ejara and German B-boy Niels "Storm" Robitzky lecture and show how it's done as D.C.'s Hip-Hop Theater Festival grinds on.

Kennedy Center, 2700 F St. NW; 6 p.m., free; 202-467-4600. (Foggy Bottom-GWU)

WHAT'S HAPPENING?

Please send press releases and photos to expressevents@readexpress.com

Phoenix's Format Rises

Choruses soar and melodies stick as vintage pop prevails

MUSIC | Sam Means and Nate Ruess, the alchemists behind the Format, would have you believe that their sophomore album, "Dog Problems" (Vanity Label/Nettwerk), is about a relationship — the breakup and the makeup, the "She Doesn't Get It" and "The Compromise." But it is really about optimism and



DOGGERAL? "Problems" sometimes nears kitsch, but doesn't go over the waterfall.

not just for the human condition. "Dog" makes a statement that pop can prevail.

Choruses soar, but not because

some knob-twiddler pumped them full of production helium. Melodies stick but never wear out their welcome. Songs are arranged but

don't suffocate from their orchestration.

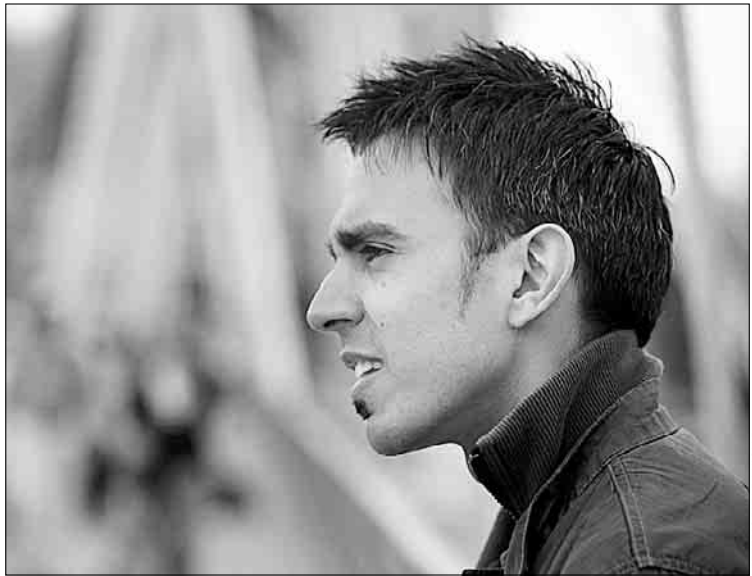
Whether wry or humorous ("Tick-tock, you're not a clock/you're a time bomb," Ruess sings in "Time Bomb"), the Format's paeans to young romance feel natural.

Much of the album's frisky soundscape owes to the deft touch of producer Steven McDonald and the contributions of pop guru Roger Joseph Manning Jr.

In the end, though one must credit the twentysomething songwriting team from suburban Phoenix for giving vintage-pop fans a reason to clap their hands, bob their heads and say yes. KEVIN

BRONSON (LOS ANGELES TIMES)

Entertainment



COLOR SPECTRUM: "These are not ghetto street kids," said Gautam Malkani of his "Londonstani" protagonists. "These are middle-class mama's boys."

Good Kids Gone Bad

With 'Londonstani,' an author seeks to capture a subculture

BOOKS | Gautam Malkani had the title before he wrote the book: "Londonstani."

The term, a label of pride used by South Asian kids in the British capital, fit the story he wanted to tell of teenagers loafing, fighting and searching for identity in the shadow of Heathrow Airport.

Malkani was not expecting the frenzy that ensued.

Grappling with issues of ethnic identity, masculinity and family and told in a punchy argot that mixes Punjabi, hip-hop slang, English idioms and text message shorthand, "Londonstani" has been described as doing for South Asian teenagers what Irvine Welsh's "Trainspotting" did for Scottish junkies.

"Londonstani" originated in Malkani's undergraduate sociology thesis.

"I was really keen on studying that whole new kind of assertive ethnicity going on amongst British

Asian kids back home," he said. "It happened quite suddenly in the early '90s that Asian kids started going from untroubling, conscientious kids to very assertive, sometimes aggressive."

Londonstani's central figures — wannabe Jas, hard man Hardjit, sheeplike Ravi and Amit, who has family problems — are definitely aggressive, quick to deliver a beating to any white kid they accuse of disrespect, or a Muslim who dates a Sikh or Hindu girl.

They reject their parents' passive assimilation and scorn the advice of a well-meaning teacher.

It sounds grim, but Malkani finds considerable humor in the gap between the characters' thug aspirations and their middle-class reality.

Jas worries constantly about attaining "the right level rude boy finesse" — "If I could, I wouldn't be using poncey words like attain and finesse," he said. JILL LAWLESS (AP)

→ Malkani reads from "Londonstani" at Olsson's, 1307 19th St. NW; 7 p.m., free; 202-785-1133. (Dupont Circle)

ADVERTISEMENT

Homeowners in trouble turn to "Home Loan Insider" for the truth about money!

HAVE YOU EVER

thought about how crazy it is that just when you can't afford to make your payments on time, your creditors charge you even more money? If you had the money you owed them, you wouldn't be paying late in the first place!

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Your creditors want to keep you in the dark on purpose! Wesley Howard knows for a fact that they want you in the dark! And we want to show everyday, hardworking Metro Area homeowners the light! Wesley Howard has helped hundreds of homeowners just like you. So what can Wesley do about your problems? In his own words, "I spend every waking moment socking it to today's 'credit bullies,' 'fat cat bankers,' and 'predatory lenders!'"

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HOME LOAN TRAPS

Wesley Howard reveals home loan traps that "they" hope you don't find out about. Face it: Your creditors have intentionally set you up to fail, and are profiting from your hardship.

HOME LOAN TRAP

#1

NEGATIVE AMORTIZATION

Awhile back, Wesley learned about "negative amortization," a dirty little secret of many home loans! Basically, negative amortization is a fancy name for a lender giving you a loan where each month, your monthly payment not only does not pay down your principal balance but it does NOT even pay for all of the interest you owe for that month! With a "negative amortization" loan, your loan balance actually goes up every month! Not down! Lenders who give you "negative amortization" loans often don't explain this to you! And don't even tell you that you're getting a "negative amortization" loan! Unlike the greedy dream killers who take advantage of you, Wesley Howard just does not do "negative amortization" loans.

HOME LOAN TRAP #2 INTEREST - ONLY LOANS

Buyers beware! Watch out for mortgage companies who advertise on the radio for their "interest-only" programs! These crooks

promise you a lower monthly payment than with a "principle and interest" loan, but your loan balance never goes down! How discouraging is that? This rip-off is almost as bad as a "negative amortization" loan! There are two types of mortgages that are often "interest-only".

- First mortgages, including refinanced first mortgages (given to you by predatory lenders!)
- Home equity lines of credit (most often given to you by your own bank)

HOME LOAN TRAP #3 PMI

Most lenders when you borrow or owe more than 80% of your home's value to a first mortgagee, they slap a monthly premium, or PMI charge, on you! It's a wad of money you give to their private mortgage insurance company to insure the lender! When you get right down to it, with PMI you are paying to cover their back end! It doesn't cover anything for you! What a crock!

HOME LOAN TRAP #4 FHA INSURANCE

If you have an "FHA" loan, there is something you may not be aware of? When you refinance with Wesley Howard, you qualify for an "FHA Refund." Get a full refund of all the FHA insurance premiums you've ever paid to your lender over the years! Wesley gets you this refund within 45 days of the funding of your new loan! Many of the folks he's helped to get rid of FHA insurance and its steep monthly premiums have received thousands of dollars back in FHA refunds! Money that's been "held hostage" by their old FHA lender! Without ever paying the homeowner any interest at all! Ought to be illegal! But it's not!

HOME LOAN TRAP #5 VETERANS INSURANCE

As someone that admires and appreciates what our military veterans do for this country, Wesley Howard is committed to showing veterans the light! When you get home from serving your country and try to buy your first house with a VA guaranteed loan - just like the recruiter

promised you, you get stuck with a monthly "VA insurance premium!" That's right! Uncle Sam is sending the bill for guaranteeing the repayment of a vet's loan to the vet! That's just wrong!

HOME LOAN TRAP #6 PREPAYMENT PENALTIES

"Prepayment Penalties" are probably the worst of the worst! Maybe this should have been #1 on the list! Thankfully, these nasty penalties have been limited in size and length of time by the State of Maryland! But Wesley says he knows of lenders who are still lending money with prepayment penalties that would violate state law! These sneaks get around the state law by having a FEDERAL bank charter! Basically, if you get a loan with a prepayment penalty that the feds allow a federal savings bank to make in Maryland: Your Prepayment Penalty Can Last For 5 Years! Plus, it's roughly equal to 6 months of mortgage payments! Ouch! There is no need for this to happen to you. Another promise Wesley makes to you is that he won't give you a loan that has a prepayment penalty. **GET YOUR LIFE BACK** How many more reasons do you really need? The ONLY reason you need to call Wesley Howard is to permanently end your cycle of debt, and finally start getting ahead! He's already helped hundreds of people just like you! Not only can he rescue you from drowning in debt, he can save you all kinds of money!

Why not take your shot at freedom! You can go online to hear more about how Wesley has helped hardworking folks in trouble, at www.FromDebt2Saving.com

You can give Wesley, a call at 301-789-1629! Let Wesley be your ally in the war against unscrupulous bankers & creditors - don't waste another minute! 1st Financial, Inc. 709 Bestgate Road, Annapolis, MD 21401 ©TMS, Inc.

E

FREE RIDE

The latest on today's local news from the staff of Express.

readexpress.com

Entertainment



SYNERGISTASTIC: "American Idol" contestant Chris Daughtry, whose ejection from the contest at fourth place stunned fans, has landed a record deal with Clive Davis in conjunction with 19 Recordings, the label managed by "Idol" creator Simon Fuller.

The Star Next Door

Julie Roberts is country music's next nice, normal big thing

NEW FACES | Country singer Julie Roberts broke onto the charts two years ago with a soulful voice and a Cinderella success story.

Now, she's hoping the fairy tale hasn't ended.

The title cut and first single from her sophomore album, "Men & Mascara," fizzled despite the clever hook: "Men and mascara always run."

Insiders are waiting to see what happens with the second single, "Girl Next Door."

While her self-titled 2004 debut

album drew comparisons to Bonnie Raitt for its bluesy edge, the follow-up has the feel of the classic country of Tammy Wynette and Lynn Anderson, with lots of steel guitar and fiddle.

Seated in a conference room at Mercury Records, where she worked as a receptionist and a secretary before being discovered in one of the most unusual Nashville success stories, the singer said she's determined to avoid a sophomore slump.

"I want to keep doing this," she said. "Before I moved here and started working for the label, I was singing at theme parks — which I loved because I was singing — but I wanted to be making records. Before that



RAGS TO RICHES: Roberts went from record-company receptionist to label star.

I was scanning groceries."

Many of the new songs deal with women facing hardship. "All I Want is You" was inspired by a friend who lost her husband in an accident, while "A Bridge That's Burning," one of four she co-wrote, is about a girl pining for a man who won't leave another woman.

In "Girl Next Door," she sings: "She's the prom queen, I'm in the marching band. She is a cheerleader, I'm sitting in the stands ... She's Miss America, and I'm just the girl next door."

The song seems an oxymoron for Roberts, a striking 27-year-old blonde from Lancaster, S.C., but she says it fits her better than most people think.

"I worked behind a desk here at Mercury for three years. I was 20 pounds heavier than I am now, and I was singing at night wanting to be Shania Twain, wanting to be Lee Ann Womack, wanting to be Reba McEntire." JOHN GEROME (AP)

Opera Re-Hires Soprano

OPERA | An American soprano fired by the Royal Opera House because of her weight has been rehired after undergoing stomach surgery and losing 135 pounds, her spokeswoman and the prestigious theater said Sunday.

Deborah Voigt, one of the world's top opera singers, lost her part in Richard Strauss' "Ariadne on Naxos" in 2004 because the Royal Opera House decided that a slimmer singer would be better.

She now has a contract to return to the role in the 2007-2008 season, a Royal Opera spokeswoman said, speaking on condition of anonymity because the house does not officially announce its casts so far in advance.

Voigt had been scheduled to play the lead in the Royal Opera House's summer 2004 production of "Ariadne on Naxos," but the casting director had selected a black evening dress for the part and believed



Deborah Voigt had slimmed down noticeably to sing "Tosca" earlier this year.

Voigt would not look right in it, the opera house said at the time.

Voigt had gastric bypass surgery in June 2004. When she disclosed it the following March, she said she had worn size 30 clothes at her heaviest and her goal was a size 12.

"She had decided on doing this procedure completely based on her health concerns, it was something she had thought about for many, many years, long before the little black dress," said her spokesman Albert Imperato. (AP)

REGAL ENTERTAINMENT GROUP

GALLERY PLACE STADIUM 14

701 Seventh St NW 800-FANDANGO 1721#
Adv. Tix on Sale YOU, ME AND DUPREE (PG-13) ★
 ★ (1145 1215 1245 130 245 315 345 415 500) 615 645 715 745 830
 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1145 1215 1245 130 245 315 345 415 500) 615 645 715 745 830
 THE DEVIL WEARS PRADA (PG-13) DIG (1220 100 330 430) 630
 730 830 1020
 OC: SUPERMAN RETURNS (NR) DIG (300) 1000
 SUPERMAN RETURNS (PG-13) DIG (1140 135 400 510) 640 720
 835 1040
 (525) 1035
 WAIST DEEP (R) - ID REQ'D DIG (1250 355) 710 1010
 CLICK (PG-13) DIG (1200 235 505) 735 950
 NACHO LIBRE (PG) DIG (1235 320) 700 950
 CARS (G) DIG (140) 800
 THE BREAK-UP (PG-13) DIG (1230) 800
 THE LAKE HOUSE (PG) DIG (1230)

BALLSTON COMMON STADIUM 12

Glebe Rd, Arlington 800-FANDANGO 377#
 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1145 1215 1245 130 245 315 345 415 500) 615 645 715 745 830
 945 1015 1045
 THE DEVIL WEARS PRADA (PG-13) DIG (1100 1135 140 210 420
 450) 710 740 940 1020
 SUPERMAN RETURNS (PG-13) DIG (1130 1200 300 330) 630 700
 730 1030
 OC: THE LAKE HOUSE (PG) DIG (120) 720
 THE LAKE HOUSE (PG) DIG (1150 230 455) 750
 NACHO LIBRE (PG) DIG (1100 1135 140 210 420
 450) 710 740 940 1020
 AN INCONVENIENT TRUTH (PG) DIG (1230 250 510)
 OVER THE HEDGE (PG) DIG (1230 250 510)
 THE DA VINCI CODE (PG-13) DIG (400) 1010

BOWIE STADIUM 14

15200 Major Landsale Blvd 800-FANDANGO 454#
Adv. Tix on Sale YOU, ME AND DUPREE (PG-13) ★
 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1145 1215 1245 130 245 315 345 415 500) 615 645 715 745 830
 830 1020 1045
 THE DEVIL WEARS PRADA (PG-13) DIG (100 410) 730 1025
 SUPERMAN RETURNS (PG-13) DIG (1145 315)
 SUPERMAN RETURNS (PG-13) DIG ★ (1215 1250 345 415) 715
 745 1035
 WAIST DEEP (R) - ID REQ'D DIG (200 455) 755 1040
 CLICK (PG-13) DIG (110 355) 640 925
 FAST & THE FURIOUS 3 (PG-13) DIG (1205 220 440)
 GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1205 220 440)
 THE LAKE HOUSE (PG) DIG (1205 220 440)
 NACHO LIBRE (PG) DIG (1210 415) 705 1010
 X-MEN 3 (PG-13) DIG (1210 415) 705 1010
 CLIFFORD'S REALLY BIG MOVIE (G) DIG (1000)
 ZATHURA (PG) DIG (1000)

BETHESDA 10

7272 Wisconsin Avenue 800-FANDANGO 569#
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 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1145 1215 1245 130 245 315 345 415 500) 615 645 715 745 830
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 THE DEVIL WEARS PRADA (PG-13) DIG (1200 305 335) 700 935
 SUPERMAN RETURNS (PG-13) DIG (1235 1255 350 410) 705 725
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 CLICK (PG-13) DIG (1150 220 450) 720 1010
 CARS (G) DIG (1140 220 455) 735 1020
 THE DA VINCI CODE (PG-13) DIG 1025

POTOMAC YARD STADIUM 16

3575 Jefferson Davis Hwy 800-FANDANGO 690#
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 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1145 1215 1245 130 200 245 315 345 415 500 530) 615 645 715
 745 830 900 945 1015 1045
 THE DEVIL WEARS PRADA (PG-13) DIG (1135 145 215 425 455)
 705 735 955 1025
 OC: SUPERMAN RETURNS (NR) DIG (330) 1030
 SUPERMAN RETURNS (PG-13) DIG (1130 1200 1230 300 400) 630
 700 730 1000
 CLICK (PG-13) DIG (150 440) 720 1005
 WAIST DEEP (R) - ID REQ'D DIG (1225 250 515) 740 1020
 FAST & THE FURIOUS 3 (PG-13) DIG (105 340) 620
 NACHO LIBRE (PG) DIG (140 410) 650 915
 THE LAKE HOUSE (PG) DIG 905
 CARS (G) DIG (100 355) 655 950

COUNTRYSIDE STADIUM 20

45980 Regal Plaza 800-FANDANGO 394#
Adv. Tix on Sale YOU, ME AND DUPREE (PG-13) ★
 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 PROJECTION (PG-13) DIG ★ (1245 415) 745
 OC: SUPERMAN RETURNS (NR) DIG (300) 700
 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1115 1145 1215 115 145 215 245 315 345 445 515 545) 615 645
 715 815 845 915 945 1015 1045
 THE DEVIL WEARS PRADA (PG-13) DIG (1230 130 330 430) 630
 730 930 1030
 SUPERMAN RETURNS (PG-13) DIG (1100 1200 100 200 400 500)
 600 800 900 1000
 CLICK (PG-13) DIG (1240 340) 640 910
 FAST & THE FURIOUS 3 (PG-13) DIG (1120 150 440) 720 1020
 GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1220 250 520)
 THE LAKE HOUSE (PG) DIG (1110 420) 950
 NACHO LIBRE (PG) DIG (1150 230 530) 810 1035
 CARS (G) DIG (110 410) 710 1010
 THE BREAK-UP (PG-13) DIG (140) 650
 X-MEN 3 (PG-13) DIG 740 1040
 OVER THE HEDGE (PG) DIG (120 350)
 THE DA VINCI CODE (PG-13) DIG 620 940

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 ★ (1115 1145 1215 1245 130 245 315 345 415 500) 615 645 715 745
 830 945 1015 1045 1115
 THE DEVIL WEARS PRADA (PG-13) DIG (1100 1140 140 225 425
 510) 710 755 950 1035
 SUPERMAN RETURNS (PG-13) (1200 330) 700 1030
 SUPERMAN RETURNS (PG-13) DIG (1230 110 345 430) 730 800
 1100
 OC: CLICK (PG-13) DIG (1120 205 450) 735 1005
 OC: THE FAST & THE FURIOUS 3 (PG-13) DIG (1205) 720
 NACHO LIBRE (PG) DIG (235 455) 955
 CARS (G) DIG (120 410) 705 940

FAIRFAX TOWNE CENTER 10

4110 W Ox Road 800-FANDANGO 670#
 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1115 1145 1215 1245 130 245 315 345 415 500) 615 645 715 745
 830 945 1015 1045
 SUPERMAN RETURNS (PG-13) DIG (1200 1230 115 330 400 445)
 700 730 815 1030
 CLICK (PG-13) DIG (1100 150 430) 720 1000
 NACHO LIBRE (PG) (1110 140 410) 710

GERMANTOWN STADIUM 14

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 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1145 1215 1240 130 245 315 345 415 500) 615 645 715 745 830
 945 1015 1045
 THE DEVIL WEARS PRADA (PG-13) DIG (120 205 415 450) 700 740
 950 1020
 SUPERMAN RETURNS (PG-13) DIG (1200 120 300 345 430) 630
 730 800 1020
 WAIST DEEP (R) - ID REQ'D DIG (1200 230 500) 740 1030
 CLICK (PG-13) DIG (130 420) 710 1000
 NACHO LIBRE (PG) DIG (140 440) 720 950
 CARS (G) DIG (110 410) 715 1015
 THE LAKE HOUSE (PG) DIG (1200)

UA SNOWDEN SQ STADIUM 14

9161 Commerce Ctr Dr 800-FANDANGO 570#
Adv. Tix on Sale YOU, ME AND DUPREE (PG-13) ★
 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1145 1215 1245 130 315 345 415 500) 615 715 745 830 1015
 THE DEVIL WEARS PRADA (PG-13) DIG (1100 1200 145 330 430)
 630 730 830 1030
 SUPERMAN RETURNS (PG-13) DIG (1130 1230 130 300 400 500)
 630 730 830 1000
 OC: CLICK (PG-13) DIG (415) 930
 CLICK (PG-13) DIG (1115 145) 700
 THE LAKE HOUSE (PG) DIG (445) 1030
 NACHO LIBRE (PG) DIG (1130 200) 745
 CARS (G) DIG (100 400) 715 1005
 AN INCONVENIENT TRUTH (PG) DIG (1145 230 515) 800 1015
 THE DA VINCI CODE (PG-13) DIG (1200 315) 645 1000

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Adv. Tix on Sale YOU, ME AND DUPREE (PG-13) ★
 PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) DIG
 ★ (1145 1215 1245 130 245 315 345 415 500) 615 645 715 745 830
 945 1015 1045
 THE DEVIL WEARS PRADA (PG-13) DIG (1225 110 325 340) 635
 730 935 1010
 SUPERMAN RETURNS (PG-13) DIG (1130 1200 230 300 330) 700
 720 800 1035
 CLICK (PG-13) DIG (1120 200 450) 735 1005
 FAST & THE FURIOUS 3 (PG-13) DIG (145 430) 750 1025
 GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1125)
 THE LAKE HOUSE (PG) DIG (1230)
 NACHO LIBRE (PG) DIG (150 405) 815 1040
 CARS (G) DIG (115 400) 700 955

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THE DEVIL WEARS PRADA (PG13) 10:55, 11:55, 1:40, 2:40, 4:25, 5:25, 7:10, 8:10, 9:55, 10:45
SUPERMAN RETURNS (PG13) 11:20, 12:00, 12:40, 1:20, 3:00, 3:40, 4:20, 5:00, 6:40, 7:20, 8:00, 8:40, 10:20
SUPERMAN RETURNS (PG13) 11:20, 3:00, 6:40, 10:20
CLICK (PG13) 11:50, 12:50, 2:50, 3:50, 4:50, 5:50, 6:50, 7:50, 8:50, 9:50, 10:40
WAIST DEEP (R) 11:40, 1:05, 2:20, 3:45, 4:55, 6:30, 7:35, 9:10, 10:15
FAST AND THE FURIOUS 3 (PG13) 11:05, 4:35, 10:00
GARFIELD 2 (PG) 12:05, 2:35
NACHO LIBRE (PG) 11:15, 1:50, 4:15, 6:45, 9:20
CARS (G) 11:35, 1:10, 2:25, 4:05, 5:45, 7:15, 8:45, 10:10
THE BREAK-UP (PG13) 1:35, 7:05
X-MEN 3 (PG13) 1:45, 7:25
THE DA VINCI CODE (PG13) 11:25, 2:55, 6:35, 10:05



THE LAKE HOUSE (PG) 4:10, 9:40

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PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) 12:00, 12:30, 3:15, 3:45, 6:30, 7:00, 9:45, 10:15
THE DEVIL WEARS PRADA (PG13) 1:30, 4:20, 7:30, 10:00
SUPERMAN RETURNS (PG13) 12:15, 1:00, 4:00, 4:45, 7:15, 8:00, 10:30
CLICK (PG13) 1:45, 4:50, 7:40, 10:10
WAIST DEEP (R) 7:15, 9:40
FAST AND THE FURIOUS 3 (PG13) 4:40, 9:50
GARFIELD 2 (PG) 1:00, 3:00, 5:00
NACHO LIBRE (PG) 1:20, 4:30, 7:10, 9:30
CARS (G) 1:10, 4:10, 7:00, 9:45



THE LAKE HOUSE (PG) 1:15, 7:20

AMC MAZZA GALLERIE

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THE DEVIL WEARS PRADA (PG13) 12:00, 1:00, 2:35, 3:35, 5:10, 6:30, 7:55, 9:15, 10:30
CLICK (PG13) 12:15, 2:45, 5:15, 7:45, 10:15
CLICK (PG13) 12:15, 2:45, 5:15, 7:45, 10:15
WAIST DEEP (R) 1:30, 4:15, 7:10, 9:30
CARS (G) 12:45, 4:05, 7:00, 9:45
THE BREAK-UP (PG13) 12:30, 3:00, 5:30, 8:00, 10:30
THE DA VINCI CODE (PG13) 12:00, 3:15, 6:30, 9:45

LOEWS GEORGETOWN 14

3111 K Street, N.W.
202-342-6441 821

PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) 11:00, 12:30, 1:15, 3:15, 4:00, 4:45, 6:45, 7:30, 8:15, 10:15, 10:45
THE DEVIL WEARS PRADA (PG13) 12:05, 1:30, 2:30, 4:10, 5:10, 7:00, 8:00, 9:45, 10:45
SUPERMAN RETURNS (PG13) 12:00, 12:45, 3:00, 4:15, 6:30, 7:45, 10:00
SUPERMAN RETURNS (PG13) 12:00, 3:00, 6:30, 10:00
CLICK (PG13) 12:00, 2:25, 5:05, 7:50, 10:30
WAIST DEEP (R) 4:30, 10:20
NACHO LIBRE (PG) 12:20, 2:40, 5:00, 7:25, 9:50
CARS (G) 1:00, 3:50, 6:40, 9:35
THE BREAK-UP (PG13) 1:55, 4:20, 7:35, 10:10
THE DA VINCI CODE (PG13) 12:30, 3:45, 7:05, 10:25



THE LAKE HOUSE (PG) 1:50, 7:20

AN INCONVENIENT TRUTH (PG) 12:05, 2:20, 4:40, 7:10, 9:40

LOEWS UPTOWN 1

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THE DEVIL WEARS PRADA (PG13) 12:10, 1:50, 2:50, 4:30, 5:25, 7:10, 8:10, 9:50, 10:50
SUPERMAN RETURNS (PG13) 12:00, 12:45, 2:45, 3:30, 4:15, 6:15, 7:00, 7:45, 9:45
CLICK (PG13) 12:40, 2:00, 3:25, 4:40, 6:20, 7:25, 10:10
WAIST DEEP (R) 2:15, 4:55, 7:35, 10:20
FAST AND THE FURIOUS 3 (PG13) 12:05, 2:35, 5:15, 7:50, 10:25
GARFIELD 2 (PG) 12:35, 2:55, 5:05
NACHO LIBRE (PG) 12:15, 2:40, 5:10, 7:40, 10:05
CARS (G) 12:50, 2:10, 3:40, 5:00, 6:30, 9:20
THE BREAK-UP (PG13) 7:20, 10:00
X-MEN 3 (PG13) 7:55, 10:35
THE DA VINCI CODE (PG13) 9:00 PM
OVER THE HEDGE (PG) 11:55, 2:20, 4:35



THE LAKE HOUSE (PG) 7:05, 9:40

AMC COLUMBIA MALL 14

10300 Patuxent Parkway
410-423-0520

PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) 11:45, 12:30, 2:30, 3:15, 4:00, 6:00, 6:45, 7:30, 9:30, 10:15, 11:00
THE DEVIL WEARS PRADA (PG13) 11:55, 2:40, 5:25, 8:05, 10:50
SUPERMAN RETURNS (PG13) 12:05, 12:50, 2:50, 3:35, 4:20, 6:20, 7:05, 7:50, 9:50, 10:30, 11:10
SUPERMAN RETURNS (PG13) 2:50, 6:20, 9:50
CLICK (PG13) 12:15, 3:05, 5:45, 8:15, 10:45
WAIST DEEP (R) 1:35, 4:05, 6:35, 9:05
FAST AND THE FURIOUS 3 (PG13) 6:50, 9:20
GARFIELD 2 (PG) 12:20, 2:20, 4:45
NACHO LIBRE (PG) 12:40, 2:55, 5:10, 7:40, 9:55
CARS (G) 1:10, 4:10, 7:15, 10:05
THE BREAK-UP (PG13) 4:30, 10:20
THE DA VINCI CODE (PG13) 1:05, 7:00
OVER THE HEDGE (PG) 1:00, 3:10, 5:15



THE LAKE HOUSE (PG) 7:25, 9:45

LOEWS FAIRFAX SQUARE 8

8065 Leesburg Pike
703-506-9857 802

REEL MOMS
THE BREAK-UP (PG13) (11:00 PM)
WAIST DEEP (R) 7:40, 9:50
GARFIELD 2 (PG) 1:00, 3:00, 5:15
THE BREAK-UP (PG13) 12:00, 2:30, 5:05, 7:20, 10:00
X-MEN 3 (PG13) 12:45, 4:00, 7:35, 10:00
OVER THE HEDGE (PG) 12:30, 3:15, 5:30
MISSION: IMPOSSIBLE III (PG13) 7:05, 9:40



THE LAKE HOUSE (PG) 11:30, 2:00, 4:30, 7:00, 9:30
A PRAIRIE HOME COMPANION (PG13) 11:45, 2:15, 4:45, 7:15, 9:55
AN INCONVENIENT TRUTH (PG) 12:15, 2:45, 5:00, 7:30, 9:40
KEEPING UP WITH THE STEINS (PG13) 7:45, 9:55
AKEELAH AND THE BEE (PG) 11:40, 4:15

MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo
301-324-4220 844

PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) 1:00, 3:30, 4:15, 7:00, 7:30, 10:15, 10:45
THE DEVIL WEARS PRADA (PG13) 2:30, 5:20, 7:50, 10:20
SUPERMAN RETURNS (PG13) 12:50, 4:00, 7:15, 10:40
CLICK (PG13) 1:50, 4:20, 7:05, 10:05
WAIST DEEP (R) 1:30, 4:05, 6:30, 7:35, 9:00, 10:00
FAST AND THE FURIOUS 3 (PG13) 2:25, 4:55, 7:25, 9:55
GARFIELD 2 (PG) 1:05, 3:05, 5:05
NACHO LIBRE (PG) 2:40, 5:10, 7:40, 10:15
CARS (G) 1:10, 4:10, 7:10, 10:10
THE OMEN (R) 5:15, 10:25
X-MEN 3 (PG13) 2:20, 4:50, 7:20, 9:50



THE LAKE HOUSE (PG) 2:15, 7:55

LOEWS SHIRLINGTON 7

2772 South Randolph
703-671-0910 801

THE WAR TAPES (NR-NOT RATED) 1:20, 4:40, 7:30, 9:50



THE ROAD TO GUANTANAMO (R) 1:00, 3:40, 7:00, 9:40
WORDPLAY (PG) 1:40, 4:10, 7:00, 9:10
A PRAIRIE HOME COMPANION (PG13) 1:50, 4:30, 7:10, 9:30
AN INCONVENIENT TRUTH (PG) 1:30, 4:50, 7:20, 9:20
THE PROPOSITION (R) 1:10, 3:50, 7:40, 10:00
THE LOST CITY (R) 2:00, 5:00, 8:00

AMC TYSONS CORNER 16

7850 Tysons Corner Center
703-998-4262

PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) ✓ 11:20, 12:10, 1:00, 1:50, 2:45, 3:40, 4:25, 5:15, 6:10, 7:00, 7:50, 8:35, 9:30, 10:20, 11:00
PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) 11:20, 2:45, 6:10, 9:30
THE DEVIL WEARS PRADA (PG13) 11:10, 12:15, 1:45, 2:50, 4:20, 5:25, 7:10, 8:20, 9:45, 10:55
SUPERMAN RETURNS (PG13) 11:00, 11:45, 12:35, 1:25, 2:15, 3:10, 4:05, 4:55, 5:40, 6:35, 7:30, 8:25, 9:10, 10:05, 10:50
CLICK (PG13) 11:05, 12:25, 1:35, 3:00, 4:15, 5:35, 7:05, 8:05, 9:40, 10:45
FAST AND THE FURIOUS 3 (PG13) 5:30, 8:15, 10:40
NACHO LIBRE (PG) 1:05, 3:30, 5:55, 8:10, 10:30
CARS (G) 11:00, 12:00, 1:40, 2:50, 4:20, 7:15, 9:55
THE DA VINCI CODE (PG13) 12:30, 3:55, 7:20, 10:35

AMC RIVERTOWNE 12

Exit 4A I-95, 1/2 mi. on Oxon Hill Rd.
703-998-4AMC

PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) ✓ 12:00, 12:30, 3:30, 4:05, 7:00, 7:30
THE DEVIL WEARS PRADA (PG13) 1:10, 4:10, 7:20
SUPERMAN RETURNS (PG13) 12:05, 1:00, 3:35, 4:30, 7:15, 8:30
CLICK (PG13) 12:40, 3:05, 5:30, 8:00
WAIST DEEP (R) 12:35, 1:30, 3:10, 4:35, 5:35, 7:10, 8:10
FAST AND THE FURIOUS 3 (PG13) 12:50, 3:15, 5:40, 8:20
GARFIELD 2 (PG) 12:45, 3:00, 5:25
CARS (G) 12:25, 1:20, 3:25, 4:30, 6:30, 7:40
X-MEN 3 (PG13) 7:50

AMC COURTHOUSE PLAZA 8

Courthouse and Birch Rd.
703-998-4AMC

CLICK (PG13) 12:00, 2:30, 5:00, 7:30, 10:00
WAIST DEEP (R) 12:45, 3:10, 5:30, 8:00, 10:10
FAST AND THE FURIOUS 3 (PG13) 12:15, 1:45, 2:45, 4:30, 5:15, 7:15, 7:45, 9:40, 10:15
GARFIELD 2 (PG) 12:30, 2:40, 4:50, 7:10, 9:10
CARS (G) 1:00, 4:05, 6:45, 9:30
X-MEN 3 (PG13) 1:15, 4:15, 7:00, 9:45



A PRAIRIE HOME COMPANION (PG13) 1:30, 4:20, 6:50, 9:15

AMC COUNTRY CLUB MALL 6

Country Club Mall on Vocke Rd near Route 68.
703-998-4AMC

PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) ✓ 11:30, 12:30, 3:00, 4:00, 6:30, 7:30, 10:00, 10:45
SUPERMAN RETURNS (PG13) 11:15, 12:00, 2:45, 3:30, 6:15, 7:00, 9:45, 10:30
SUPERMAN RETURNS (PG13) 12:00, 3:30, 7:00, 10:00
CLICK (PG13) 1:00, 4:10, 7:10, 9:45
FAST AND THE FURIOUS 3 (PG13) 4:20, 9:45



THE LAKE HOUSE (PG) 1:00, 7:20

LOEWS WISCONSIN AVE. 6

4000 Wisconsin Avenue, N.W.
202-244-0882 714

PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) 12:30, 1:00, 3:00, 4:00, 4:30, 6:15, 7:30, 8:00
NACHO LIBRE (PG) 2:10, 4:35, 7:00
MISSION: IMPOSSIBLE III (PG13) 1:30, 6:55



THE LAKE HOUSE (PG) 4:25

A PRAIRIE HOME COMPANION (PG13) 1:50, 4:20, 7:10

LOEWS DUPONT 5

1350 19th St.
202-872-9555 711

THE KING (R) 2:10, 7:10



THE HEART OF THE GAME (PG13) 2:20, 5:10, 7:30, 9:45
THE ROAD TO GUANTANAMO (R) 2:30, 5:00, 7:20, 9:50
WORDPLAY (PG) 2:45, 5:30, 7:40, 10:00
KEEPING UP WITH THE STEINS (PG13) 4:40, 9:20
WATER (PG13) 2:00, 4:30, 7:00, 9:30

LOEWS WHITE FLINT 5

North Bethesda
310-423-1014 741

PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG13) 12:00, 3:30, 7:00, 10:00
THE DEVIL WEARS PRADA (PG13) 12:00, 2:30, 5:00, 7:40, 10:20
SUPERMAN RETURNS (PG13) 12:05, 3:35, 7:05, 10:10
CLICK (PG13) 12:10, 7:30, 10:00
CARS (G) 1:30, 4:15, 7:15, 9:50

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Tuesday, July 11, 2006

10:00 AM Personal blessings

7:30 PM Spiritual discourse, inspirational music, meditation, personal blessings.

Wednesday, July 12, 2006

10:00 AM Personal blessings

7:00 PM DEVI BHAVA-Prayer service for world peace, personal blessings

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have helped her to become what many consider a living saint"
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photo of Andrea Jones-Sojola, Nina Negri, and Vivian Reed by Joan Marcus

arena stage

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or (202) 488-3300

molly smith
artistic director

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you learned by age 3

	6		1	4	5	
		8	3	5	6	
2						1
8			4	7		6
		6			3	
7			9	1		4
5						2
		7	2	6	9	
	4		5	8		7

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XX141a 3x2.5

Television



WORKAHOLIC: Richard Simmons lookalike Peter MacNicol is going to be one busy fellow. The Emmy-nominated actor, already on CBS's "Numbers," has taken a recurring role on Fox's "24" and will have to shoot both series simultaneously.

Baseball Matters

Stakes are high in an All-Star game that's not just a showcase

BOYS OF SUMMER | America's pastime showcases its most popular talents and some quirks and contradictions on the Major League Baseball All-Star game 2006 (8 p.m., Fox).

The Pittsburgh Pirates host this year's midsummer classic. A venerable franchise, the Pirates are now considered a small-market team. In the logic of baseball financing, this means the Bucs are confined to a payroll only a fraction the size of their big-city rivals.



RUNAROUND: Albert Pujols, starting first baseman for the NL all-star team.

Once considered a consequence-free spectacle, the All-Star game ups the ante tonight. The winning league will gain home-field advantage in the World Series. No small thing — and no small controversy among baseball purists. (In previous years, stars were seen leaving the game in their private jets after their few innings of "work" were over.)

The American League enters the game a clear favorite, having walloped the senior circuit in recent interleague play. Given its Pittsburgh setting, the game will follow National League rules, so we will dispense with the designated hitter, an "innovation" that robbed the game of drama and, to paraphrase a former owner of the Texas Rangers, "strategy." **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

ON TV TONIGHT

A FIX FOR RERUN SEASON

Television-themed DVDs available today include **WEEDS**, season one; **PERRY MASON**, season one; **THE ELLEN SHOW**, complete series; and **30 DAYS**, season one.

FLASHBACKS ON 'MARS'

On two episodes of **VERONICA MARS** (UPN), Veronica finds a relic from her mother's school days (8 p.m.) and gets called for jury duty (9 p.m.). Isn't she in high school?

RALPH LAUREN, YOU SCAMP

Scheduled on a two-hour **PRIMETIME** (9 p.m., ABC): an American imposter who passed as British royalty for more than two decades.

STREET FOOD

ROAD TASTED (10 p.m., Food) Chow-



DOUBLE DUTY: Mars is a high-school student with adult responsibilities.

hounds search for the best local eats.

CULT CHOICE

Patrick Swayze has a small role in the less-than-anticipated 2004 sequel **DIRTY DANCING: HAVANA NIGHTS** (8 p.m., The Movie Channel). **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WRC 4 News	NBC Nightly News	Access Hollywood	Fear Factor "Family Fear Factor" (N)	Last Comic Standing (N) (1)	Law & Order: Special Victims Unit (1)	News	News	News	Tonight Show
WTTG 5 Seinfeld (1)	The Simpsons (1)	Seinfeld (1)	MLB Baseball All-Star Game. From PNC Park in Pittsburgh. (S) (1)	Primetime "Secrets & Lies: The American Imposter" (N) (1)	48 Hours Mystery "Deadly Ride" (1)	News	News	News	(35) Nightline
WJLA 7 News	ABC Wild News	Wheel of Fortune	According to Jim	Veronica Mars "One Angry Veronica" (1)	The Tyra Banks Show Strip clubs.	Griffriends (1)	Griffriends (1)	Griffriends (1)	Late Show
WUSA 9 News	CBS News	9News Tonight	Entertainment	Veronica Mars "Wide Angle" (1)	American Experience (DVS)	Over Alaska (1)	Over Alaska (1)	Over Alaska (1)	Over Alaska (1)
WDCA 20 King of the Hill (1)	That '70s Show	That '70s Show	Every-Raymond	Dead Sea "A Naked Planet Special"	Wide Angle "18 With a Bullet" (1)	P.O.V. (Subtitled Japanese) (1)	P.O.V. (Subtitled Japanese) (1)	P.O.V. (Subtitled Japanese) (1)	P.O.V. (Subtitled Japanese) (1)
WMPT 22 The NewsHour With Jim Lehrer (N)	Business Rpt.	Business Rpt.	Outdoors Mid.	Nova "Descent Into the Ice" (1)	Dead Sea "A Naked Planet Special"	Dead Sea "A Naked Planet Special"	Dead Sea "A Naked Planet Special"	Dead Sea "A Naked Planet Special"	Dead Sea "A Naked Planet Special"
WETA 26 BBC World News	Business Rpt.	Business Rpt.	Outdoors Mid.	Nova "Descent Into the Ice" (1)	Dead Sea "A Naked Planet Special"	Dead Sea "A Naked Planet Special"	Dead Sea "A Naked Planet Special"	Dead Sea "A Naked Planet Special"	Dead Sea "A Naked Planet Special"
WHUT 32 World Business	Tavis Smiley (1)	BBC World News	Moneywise	Mystery! "Inspector Lynley Mysteries" "Missing Joseph" (1)	Summer Hill (1)	BBC World News	Tavis Smiley (1)	Charlie Rose (N) (1)	Charlie Rose (N) (1)
WDCW 50 My Wife and Kids	Bernie Mac	My Wife and Kids	Bernie Mac	Gilmore Girls "The UnGraduate" (1)	Gilmore Girls (1)	Friends (1)	Friends (1)	Sex and the City	Sex and the City
A&E	Cold Case Files "Cold Hit; Silent Kill"	Crossing Jordan "Luck Be a Lady"	Death Detectives: L.A. Coroner	Bounty Hunter	Bounty Hunter	King of Cars (N)	King of Cars	Crossing Jordan "He Said, She Said"	Crossing Jordan "He Said, She Said"
Animal	The Crocodile Hunter Diaries	The Most Extreme "Builders" (1)	The Most Extreme "Gourmets" (1)	Tarantulas-Relations	Tarantulas-Relations	Animal Precinct "Bonnie and Clyde"	The Most Extreme "Gourmets" (1)	The Most Extreme "Gourmets" (1)	The Most Extreme "Gourmets" (1)
BET	106 & Park: BET's Top 10 Live (1)	★ "Hair Show" (2004) Mo'Nique: A hairstylist needs her sister's help to win a contest. (1)	★ "Hair Show" (2004) Mo'Nique: A hairstylist needs her sister's help to win a contest. (1)	★ "Hair Show" (2004) Mo'Nique: A hairstylist needs her sister's help to win a contest. (1)	★ "Hair Show" (2004) Mo'Nique: A hairstylist needs her sister's help to win a contest. (1)	Comicview (1)	Comicview (1)	Jamie Foxx	Jamie Foxx
Bravo	Kathy Griffin: My Life on the D-List	The West Wing (1)	Kathy Griffin: My Life on the D-List	Kathy Griffin: My Life on the D-List	Kathy Griffin: My Life on the D-List	Project Runway (1)	Project Runway (1)	Queer Eye for the Straight Guy (N)	Queer Eye for the Straight Guy (N)
Comedy	★ "Men at Work" (1990, Comedy) Emilio Estevez, Charlie Sheen. (1)	Daily Show	Colbert Report	Chappelle's Show	South Park (1)	Chappelle's Show	Reno 911! (1)	Daily Show	Colbert Report
Court	Forensic Files	Forensic Files	Cops (1)	Cops (1)	Cops (1)	Inside "Supermax"	Masterminds	Masterminds	Masterminds
Discovery	How It's Made	How It's Made	Dirty Jobs "Bio-Diesel-Man" (1)	Alaskan Crab Fishing	Dirty Jobs "Skull Cleaner" (N) (1)	Dirty Jobs "Skull Cleaner" (N) (1)	Oil, Sweat and Rigs "Saving MARS"	Oil, Sweat and Rigs "Saving MARS"	Oil, Sweat and Rigs "Saving MARS"
DISCH	Paramedics "House Calls" (1)	Trauma: Life in the ER (1)	Diagnosis: Unknown (1)	Untold Stories of the E.R. (1)	Hypersexual Behavior (1)	Diagnosis: Unknown (1)	Diagnosis: Unknown (1)	Diagnosis: Unknown (1)	Diagnosis: Unknown (1)
Disney	That's So Raven	Zack & Cody	Phil of the Future	That's So Raven	★ "Miracle in Lane 2" (2000, Drama) Frankie Muniz, Patrick Lewis. (1)	American Drgn	American Drgn	Zack & Cody	That's So Raven
E!	Fashion Dos and Don'ts	E! News (N)	The Daily 10 (N)	THS Investigates Deadly Waters Naval tragedies.	THS Investigates Deadly Waters Naval tragedies.	Sexiest European celebrities. (N)	Sexiest European celebrities. (N)	E! News	Sat. Night Live
FX	King of the Hill (1)	That '70s Show	★ "XXX" (2002) Vin Diesel, Asia Argento. A spy tries to stop an anarchist with weapons. (1)	★ "XXX" (2002) Vin Diesel, Asia Argento. A spy tries to stop an anarchist with weapons. (1)	★ "XXX" (2002) Vin Diesel, Asia Argento. A spy tries to stop an anarchist with weapons. (1)	Rescue Me "Zombies" (N)	Rescue Me "Zombies" (N)	Rescue Me "Zombies" (N)	Rescue Me "Zombies" (N)
HGTV	Renovation	If Walls Could	What's House?	House Hunters	Designed to Sell	Bad, Bad Bath (N)	Decorating Cents	Curb Appeal (N)	House Hunters (N)
Family	7th Heaven "All That Jazz" (1)	7th Heaven "The Tribes That Bind" (1)	★ "Chasing Liberty" (2004, Romance-Comedy) Mandy Moore, Matthew Goode. (1)	★ "Chasing Liberty" (2004, Romance-Comedy) Mandy Moore, Matthew Goode. (1)	★ "Chasing Liberty" (2004, Romance-Comedy) Mandy Moore, Matthew Goode. (1)	Whose Line?	Whose Line?	The 700 Club (1)	The 700 Club (1)
History	Mega Movers "B-2 Bomber" (1)	Marvels: World's Biggest Machines 3	Decoding the Past (1)	Mega Disasters tornados. (N) (1)	Mega Disasters tornados. (N) (1)	Mega Movers "Space Machines" (N)	Mega Movers "Space Machines" (N)	Psychic History Past events. (1)	Psychic History Past events. (1)
Lifetime	The Golden Girls (1)	★ "Bad Seed" (2000, Suspense) Luke Wilson, Norman Reedus. (1)	★ "Bad Seed" (2000, Suspense) Luke Wilson, Norman Reedus. (1)	★ "Bad Seed" (2000, Suspense) Luke Wilson, Norman Reedus. (1)	★ "Bad Seed" (2000, Suspense) Luke Wilson, Norman Reedus. (1)	Will & Grace (1)	Will & Grace (1)	Will & Grace (1)	Will & Grace (1)
MTV	Can't Be You	Room Raiders (N)	Sucker Free (1)	Real World-Rd	Real World-Rd	The Real World	The Real World	The Real World	Super Sweet
NICK	Ned's School	Danny Phantom	Fairly OddParents	Jimmy Neutron	SpongeBob	Zoe 101 (1)	Full House (1)	Hi-Jinks (N) (1)	Fresh Prince
SCIFI	"The Feeding" (2006) A man must save campers from a mysterious creature.	"Sasquatch Hunters" (2005) Matt Lattimore, Amy Shelton-White. Premiere.	"Sasquatch Hunters" (2005) Matt Lattimore, Amy Shelton-White. Premiere.	"Sasquatch Hunters" (2005) Matt Lattimore, Amy Shelton-White. Premiere.	"Sasquatch Hunters" (2005) Matt Lattimore, Amy Shelton-White. Premiere.	ECW (Live) (1)	ECW (Live) (1)	(05) ★ "Interceptor Force" (1000)	(05) ★ "Interceptor Force" (1000)
SPIKE	World's Wildest Police Videos (1)	CSI: Crime Scene Investigation (1)	CSI: Crime Scene Investigation (1)	CSI: Crime Scene Investigation (1)	CSI: Crime Scene Investigation (1)	★ "Top Gun" (1986) Tom Cruise. A hot-shot Navy jet pilot downs MiGs and loves an astrophysicist. (1)	★ "Top Gun" (1986) Tom Cruise. A hot-shot Navy jet pilot downs MiGs and loves an astrophysicist. (1)	★ "Top Gun" (1986) Tom Cruise. A hot-shot Navy jet pilot downs MiGs and loves an astrophysicist. (1)	★ "Top Gun" (1986) Tom Cruise. A hot-shot Navy jet pilot downs MiGs and loves an astrophysicist. (1)
TBS	Seinfeld (1)	Seinfeld (1)	Every-Raymond	Every-Raymond	Friends (1)	Friends (1)	Sex and the City	Sex and the City	Seinfeld (1)
TLC	While You Were Out	Overhaulin' Chevrolet El Camino.	Wrecks to Riches "The Apprentices"	Overhaulin' "Leno's Heist" (1)	Overhaulin' "Leno's Heist" (1)	Miami Ink "Kat's Return; Ami's Ride"	Overhaulin' "Leno's Heist" (1)	Overhaulin' "Leno's Heist" (1)	Overhaulin' "Leno's Heist" (1)
TNT	Law & Order "School Daze" (1)	Without a Trace "Trip Box" (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)
USA	(4:00) ★★ "Traffic" (2000) (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)	Law & Order: Criminal Intent (1)	World Series of Pop Culture (N) (1)	World Series of Pop Culture (N) (1)	World Series of Pop Culture (N) (1)	World Series of Pop Culture (N) (1)
VH1	I Love the '70s Volume II "1970" (1)	I Love the '70s Volume II "1970" (1)	I Love the '70s Volume II "1970" (1)	I Love the '70s Volume II "1970" (1)	I Love the '70s Volume II "1970" (1)	I Love the '70s Volume II "1970" (1)	I Love the '70s Volume II "1970" (1)	I Love the '70s Volume II "1970" (1)	I Love the '70s Volume II "1970" (1)
TELEM	Sala de Parejas	Noti-Telemndo	La Tormenta	(05) Tierra de Pasiones	Amores de Mercado	Decisiones	Noti-Telemndo	Laura	Laura
UNIV	Que Locura	Noticiero Univ	Heridas (N)	La Fea Más Bella (N)	Barrera de Amor (N)	Que Madre Ian	Vecinos	Primer Impacto	Noticiero Univ.
ESPN	SportsCenter From PNC Park in Pittsburgh. (Live) (1)	2005 U.S. Poker Championships (N)	2005 U.S. Poker Championships (N)	2005 U.S. Poker Championships (N)	2005 U.S. Poker Championships (N)	Boxing The Contender—Latin Warriors. (1)	Boxing The Contender—Latin Warriors. (1)	SportsCenter	SportsCenter
ESPN2	Mike and Mike	Around the Horn	Interruption	Figure Skating World Championships—Women's and Pairs Free Skate. From Calgary. (1)	Figure Skating World Championships—Women's and Pairs Free Skate. From Calgary. (1)	Quite Frankly With Stephen A. Smith	Quite Frankly With Stephen A. Smith	Quite Frankly With Stephen A. Smith	Quite Frankly With Stephen A. Smith
CSN	In Focus on FSN	SportsNite (1)	MLB All-Star Game Red Carpet Show	Beyond the Glory (1)	MLB Bloopers: The Funny Side	SportsNite (Live) (1)	SportsNite (Live) (1)	WNBA Weekly	Final Score
CNN	Lou Dobbs Tonight (1)	The Situation Room	Paula Rehn Now (1)	Larry King Live (1)	Hannity & Colmes (Live) (1)	Anderson Cooper 360 (1)	Anderson Cooper 360 (1)	The O'Reilly Factor	The O'Reilly Factor
PNC	Special Report (Live) (1)	The Fox Report With Shepard Smith	The O'Reilly Factor (Live) (1)	Hannity & Colmes (Live) (1)	On the Record-Van Susteren	The O'Reilly Factor	The O'Reilly Factor	The O'Reilly Factor	The O'Reilly Factor
MSNBC	The Abrams Report	Hardball (1)	Countdown With Keith Olbermann	Scarborough Country	Rita Cosby Live & Direct	The Situation With Tucker Carlson	The Situation With Tucker Carlson	The Situation With Tucker Carlson	The Situation With Tucker Carlson
AMC	(5:30) ★★ "The Sting" (1973, Comedy-Drama) Paul Newman. 'PG'	★ "Hidalgo" (2004) Viggo Mortensen. A Westerner races a horse across the Arabian desert. (1)	★ "Hidalgo" (2004) Viggo Mortensen. A Westerner races a horse across the Arabian desert. (1)	★ "Hidalgo" (2004) Viggo Mortensen. A Westerner races a horse across the Arabian desert. (1)	★ "Hidalgo" (2004) Viggo Mortensen. A Westerner races a horse across the Arabian desert. (1)	(45) ★★ "The Man From Snowy River" (1982) 'PG'	(45) ★★ "The Man From Snowy River" (1982) 'PG'	(45) ★★ "The Man From Snowy River" (1982) 'PG'	(45) ★★ "The Man From Snowy River" (1982) 'PG'
TCM	(5:00) ★★ "The Gazebo" (1959)	Private Screenings Debbie Reynolds.	★ "Butch Cassidy and the Sundance Kid" (1959) Paul Newman. 'PG'	★ "Butch Cassidy and the Sundance Kid" (1959) Paul Newman. 'PG'	★ "Butch Cassidy and the Sundance Kid" (1959) Paul Newman. 'PG'	★ "Absence of Malice" (1981, Drama) Paul Newman. 'PG'	★ "Absence of Malice" (1981, Drama) Paul Newman. 'PG'	★ "Absence of Malice" (1981, Drama) Paul Newman. 'PG'	★ "Absence of Malice" (1981, Drama) Paul Newman. 'PG'
HBO	Field of Dreams (45) ★★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'	★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'	★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'	★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'	★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'	★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'	★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'	★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'	★ "Elektra" (2005, Action) Jennifer Garner. (1) 'PG-13'
MAX	(05) ★★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'	★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'	★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'	★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'	★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'	★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'	★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'	★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'	★ "Twister" (1996, Action) Helen Hunt, Bill Paxton. (1) 'PG-13'
SHOW	(5:45) ★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'	★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'	★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'	★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'	★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'	★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'	★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'	★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'	★ "Twisted" (2004) Ashley Judd. I.T.V. (1) 'R'
TMC	(1:10) ★★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'	★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'	★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'	★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'	★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'	★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'	★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'	★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'	★ "Stage Beauty" (2004) Billy Crudup, Claire Danes. (1) 'R'
STARZ!	(5:10) ★★ "Hostage" (2005) 'R'	(1:10) ★★ "Mr. 3000" (2004, Comedy) Bernie Mac. (1) 'PG-13'	★ "Mr. 3000" (2004, Comedy) Bernie Mac. (1) 'PG-13'	★ "Mr. 3000" (2004, Comedy) Bernie Mac. (1) 'PG-13'	★ "Mr. 3000" (2004, Comedy) Bernie Mac. (1) 'PG-13'	★ "Mr. 3000" (2004, Comedy) Bernie Mac. (1) 'PG-13'	★ "Mr. 3000" (2004, Comedy) Bernie Mac. (1) 'PG-13'	★ "Mr. 3000" (2004, Comedy) Bernie Mac. (1) 'PG-13'	★ "Mr. 3000" (2004, Comedy) Bernie Mac. (1) 'PG-13'
ENCORE	(05) ★★ "The Princess Diaries 2: Royal Engagement" (2004) (1) 'G'	★ "K-9" (1989) James Belushi. (1) 'PG-13'	★ "K-9" (1989) James Belushi. (1) 'PG-13'	★ "K-9" (1989) James Belushi. (1) 'PG-13'	★ "K-9" (1989) James Belushi. (1) 'PG-13'	(45) ★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts. (1) 'R'	(45) ★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts. (1) 'R'	(45) ★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts. (1) 'R'	(45) ★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts. (1) 'R'

IN-AN-INSTANT REPLAY: FIFA denies it, but it's possible that the World Cup might have backed into instant replay. Neither the referee or his two assistants saw Zidane's head butt. FIFA says the fourth official saw it, but critics question why it took so long to eject Zidane.



World Cup '06

Truly a Team Win for the Italians

World Cup champions had no superstars but help from everybody

WORLD CUP | A triumph of group spirit. It almost sounds like one of those banal publicity lines printed on a film advertisement. Yet that phrase best captures how Italy won its fourth World Cup.

Starting two years ago when he took over as coach, Marcello Lippi created a cohesive unit that "feels like a club," as he so often said was his objective.

A team in which everyone has a small role and egos are cast aside "for the good of the squad."

This wasn't like 1982, when Paolo Rossi's six goals propelled Italy to its last World Cup victory.

The 12 goals Italy produced over its seven games here were scored by 10 players. Everyone on the roster except for the two backup goalkeepers



Italian Airforce acrobatic squadron displays the Italian flag, celebrating Italy's victory as the World Cup Champion team arrives in Rome, one day after its win.

ers saw at least some action.

"In this World Cup everyone felt important, from the first guy to the last. That might be the most

beautiful thing," defender Marco Materazzi said.

Materazzi and center forward Luca Toni led the team with two

GOLDEN BALL

Even after his head butt, Zinedine Zidane beat out two Italians for player of the tournament:

- Zidane (midfielder, France) — 2012 points
- Fabio Cannavaro (defender, Italy) — 1977
- Andrea Pirlo (MF, Italy) — 715

goals apiece. It was Materazzi's fellow defenders though — mainly captain Fabio Cannavaro and goalkeeper Gianluigi Buffon — that formed the backbone of the team's run.

Only Cristian Zaccardo's own-goal in a 1-1 draw with the United States in the first round, and Zinedine Zidane's penalty shot in the final found the Azzurri net.

"Cannavaro has been the best player of the tournament, Buffon the best goalkeeper," Lippi said. "Players see Buffon in front of them and that's enough." (AP)

Swengali

WORLD CUP | BY MATT SWENSON

Zidane Joins Sports' Worst

IT TOOK ABOUT A MONTH, but the World Cup finally provided Americans something that we understand.

There probably isn't a sports fan alive not still talking about Zinedine Zidane's head butt in overtime of the World Cup final Sunday.

Comparisons are so easy to come by, it's almost silly.

There's Christian "Kick 'em while their down" Laettner, Roberto "Spit now, ask questions later" Alomar and Mike "Chew his ear off" Tyson, to name a few and still glaze over Sean Taylor's many discretions.

And to top it off, [he] was named the player of the tournament.

What we're talking about is bad sports, which the beautiful game hardly has a monopoly on.

"Brain fart" has been bantered about a lot since the Cup ended to describe Zidane's action. That hardly does it justice.

Chris Webber made a faux pas calling that infamous time out in the 1993 NCAA championship. Zidane attacked Italian defender Marco Materazzi.

And to top it off, the French captain was named the player of the tournament. Excusez-moi?

Not only was it a heinous act that tainted the entire World Cup, but Zidane's red card also left France without arguably the best player in the country's history for the last 10 minutes — and penalty kicks.

If anything, Zidane should win an MTV award for acting a lot like Beavis' partner in crime.

Zidane can think of the bright side, though. He's finally a household name in the United States.

To reach Matt Swenson, e-mail him at matt.swenson@readexpress.com

After 'Strange' Ending, French Welcome Zidane

WORLD CUP | Losing the World Cup was bad enough for French soccer fans. Their star losing his temper was downright shameful.

"It's a strange exit for someone who remains an exceptional champion," Sports Minister Francois Lamour said about Zinedine Zidane's head butt, which drew a red card.

French soccer federation president Jean-Pierre Escalettes said he shook Zidane's hand in the locker room afterward to thank him for his career but didn't speak.

Despite the red card, the France captain won the Golden Ball award Monday for the tournament's best player in voting by journalists.

The French squad received a rapturous welcome back home Monday. The return drew some national attention away from Zidane's behavior — at least temporarily. (AP)



FRANCOIS MORI/AP

What Provoked Head Butt Still a Mystery

Italy's Materazzi denies claim he called France's star a 'dirty terrorist'

WORLD CUP | Was it something he said? With France and Italy tied in extra time of Sunday's World Cup final, Zinedine Zidane head-butted Marco Materazzi in the chest and was ejected.

The day after, still no one knew what the Italian defender might have said to the French star.

"The Italians did everything they could do to provoke Zidane," France defender William Gallas said.

The Paris-based anti-racism advocacy group SOS-Racism issued a statement Monday quoting "several very well informed sources from the world of football" as saying Materazzi called Zidane a

Zidane waves to the French crowd at a reception for the national team.



Zinedine Zidane head butts Marco Materazzi during the World Cup final.

"dirty terrorist."

Materazzi, meanwhile, was quoted as denying the terrorist comment

"It is absolutely not true, I didn't call him a terrorist, I don't know anything about that," the Italian news agency ANSA quoted Materazzi as saying.

Zidane's agent, Alain Migliaccio, was quoted by the BCC as saying Zidane told him the Italian "said something very serious to him, but he wouldn't tell me what." (AP)

Sports

U.S. Rider to Have Hip Replacement

Phonak's Floyd Landis will first finish Tour but without pain meds

CYCLING | American rider Floyd Landis is in constant pain due to an injured hip that he said Monday will need to be replaced after he finishes the Tour de France.

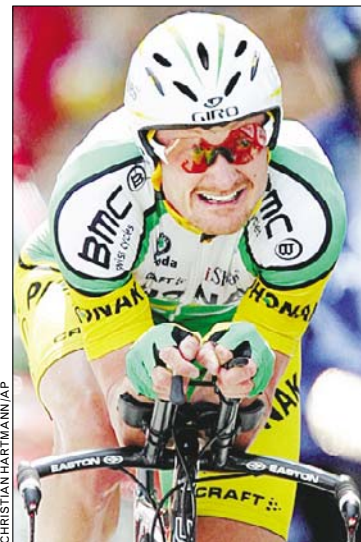
Landis, one of the favorites to win this year's Tour, said the pain began after a crash in training in January 2003, when he fractured his right hip. The fracture cut off blood to the hip bone.

"Using it doesn't in any way increase the chance that it will be unusable later. It is already ruined," Landis told a news conference Monday, a rest day on the three-week Tour.

The 30-year-old Landis is currently second overall in the Tour, one minute behind Serhiy Honchar.

He had pins inserted for the fracture and has since had two more surgical procedures — the last in 2004 — to try to restore blood to the bone.

Landis said he would have hip replacement surgery when the pain got too bad, and probably sooner rather than later. His Phonak team doctor, Denise Demir, said surgery could be in August — the Tour fin-



Floyd Landis, riding on an injured hip, battles during Saturday's time trial.

ishes July 23 — if they find suitable surgeons.

Demir said Landis, a former teammate of seven-time Tour winner and cancer survivor Lance Armstrong, refuses to take pain medication.

"He doesn't want it. He says it makes him tough," she said.

Landis' personal physician, Brent Kay, said the discomfort keeps the cyclist from sleeping. He said the bone damage is "as bad as it can get ... Everything is pretty much worn down." JOHN LEICESTER (AP)

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TODAY'S TV LINEUP

BASEBALL (8 P.M. ON FOX) Nationals leadoff hitter Alfonso Soriano will try to help the National League to its first All-Star Game victory since 1997.

CYCLING (8:30 A.M. ON OLN) After a day off, the Tour de France regroups with a 105-mile flat stage down the coast of France from Bordeaux to Dax.

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Sports

Nationals Launch 'Grand Reopening'

Cheaper tickets, new food, better customer service all part of plan

NATIONALS | The lines are too long, the concourses are dirty, the food service is lacking, the music isn't fun, the prices are too high, the marketing is virtually nonexistent, and the team stinks.

While there's no quick fix for that last item, the impending new owners of the Washington Nationals launched an aggressive campaign Monday to address the other complaints, all frequently heard at RFK Stadium and all contributors to this year's alarming drop in attendance.



Kasten

The Nationals' next home series, July 21-23 against the Chicago Cubs, will serve as a "Grand Reopening" of the 45-year-old ballpark. The whole stadium is getting a good scrubbing, new food stalls will be added, in-game entertainment features are being upgraded, the entrance is getting a landscaping overhaul, and an outside company has been hired to conduct customer service training sessions.

Also, starting July 25, the Nationals are lowering the price



TONI L. SANDYST/TP

Among other things, the new owners are promising better food at RFK.

of 1,000 upper-deck tickets to \$3 and another 1,000 tickets to \$5.

"Everything we've done is kind of a response to a condition that existed before," said incoming team president Stan Kasten, who has seen many of the problems firsthand while walking the concourses as an anonymous fan recently.

The Nationals are scheduled to move into a new ballpark in 2008, but the new ownership group led by Ted Lerner and Kasten doesn't want to lose any time in rebuilding the fan base.

They have their work cut out for them at RFK, which retains some 1960s charm and has good sight lines from nearly all its seats but has few of the amenities associated with modern stadiums.

"RFK is always going to be RFK, complete with its limitations," Kasten said. JOSEPH WHITE (AP)

MLB

AMERICAN LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
Boston	53	33	.616	—	27-10	26-23
N.Y. Yankees	50	36	.581	3	26-17	24-19
Toronto	49	39	.557	5	29-17	20-22
Baltimore	41	49	.456	14	24-21	17-28
Tampa Bay	39	50	.438	15.5	22-20	17-30

CENTRAL	W	L	PCT.	GB	HOME	ROAD
Detroit	59	29	.670	—	26-14	33-15
Chicago	57	31	.648	2	33-14	24-17
Minnesota	47	39	.547	11	30-10	17-29
Cleveland	40	47	.460	18.5	23-23	17-24
Kansas City	31	56	.356	27.5	19-23	12-33

WEST	W	L	PCT.	GB	HOME	ROAD
Oakland	45	43	.511	—	24-22	21-21
Texas	45	43	.511	—	25-25	20-18
L.A. Angels	43	45	.489	2	19-23	24-22
Seattle	43	46	.483	2.5	24-24	19-22

NATIONAL LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
N.Y. Mets	53	36	.596	—	27-18	26-18
Philadelphia	40	47	.460	12	21-26	19-21
Atlanta	40	49	.449	13	21-20	19-26
Florida	38	48	.442	13.5	18-20	20-28
Washington	38	52	.422	15.5	20-24	18-28

CENTRAL	W	L	PCT.	GB	HOME	ROAD
St. Louis	48	39	.552	—	26-17	22-22
Cincinnati	45	44	.506	4	20-22	25-22
Milwaukee	44	46	.489	5.5	29-20	15-26
Houston	43	46	.483	6	28-22	15-24
Chicago	34	54	.386	14.5	14-25	20-29
Pittsburgh	30	60	.333	19.5	20-24	10-36

WEST	W	L	PCT.	GB	HOME	ROAD
San Diego	48	40	.545	—	23-24	25-16
L.A. Dodgers	46	42	.523	2	28-18	18-24
Colorado	44	43	.506	3.5	22-22	22-21
San Fran.	45	44	.506	3.5	23-20	22-24
Arizona	43	45	.489	5	19-23	24-22

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ASK BETSY

About Student Loans

This column, contributed by American Student Assistance®, a nonprofit that provides student loan borrowers with the education and encouragement they need to successfully manage their debt, is published in the Express each month. You can "ask Betsy" questions about applying for student loans, repaying your loans, or what to do if you're having trouble paying your loans back. E-mail your questions to askbetsydc@amsa.com.



Paying unsubsidized interest

Dear Betsy:
On the Federal Stafford Loan Master Promissory Note, it mentions paying the unsubsidized interest while in school. What are the benefits of doing so?

Thanks,
Mitchell

Dear Mitchell:
The primary difference between subsidized and unsubsidized Stafford loans is that subsidized loans do not accrue interest while you are in school, while unsubsidized loans accrue interest as soon as the loan is disbursed. This means that your student loan lender will tabulate the interest on your loan while you're in school, making your loan larger when you graduate. Here's an example to demonstrate how interest accrual affects your balance – borrowing an unsubsidized Stafford loan in your freshman year:

If you were to borrow \$1,000 in subsidized funds at a 5 percent interest rate, your balance would still remain \$1,000 upon graduation when you begin repayment.

If you were to borrow \$1,000 in unsubsidized funds at a 5 percent interest rate, and you didn't pay the interest during your school period, your loan would gather interest at 5 percent (\$50) per year which would be capitalized (added on) to your principal balance at the time of graduation. While in school, lenders generally assess interest yearly, but once you have left school, your

interest accrues daily. Your loan would be gathering \$50 in interest alone each year, making your loan substantially larger when it comes time to repay.

When the interest is then capitalized on the account, your monthly interest accrual becomes larger. For example, we know that 5 percent interest on \$1,000 is \$50. At the time of graduation, your loan would then be \$1,200. Five percent of this figure is \$60, so already your monthly interest has increased by \$10.

As you can see, paying the interest that accrues on your unsubsidized loans while you're in school is an excellent idea to keep those loan balances down and make your monthly payment far more manageable.

Hope this was helpful; please contact American Student Assistance at (800) 999-9080 with any further questions.

Best,
Betsy

Which loans are best?

Dear Betsy:
I have two children attending college in two different states. What student or parent loans are the best? Which ones have the lowest interest rates? Which lender has these?

Sincerely,
Rebecca

Dear Rebecca,
When it comes to federal education loans, the basic requirements and benefits are the same in each state, as set by government guidelines. If your children are both dependent undergraduates that are enrolled at least half-time, then they are eligible for Federal Stafford loans. Depending on your children's grade levels, the amount that they can borrow in a Federal Stafford Loan will be different: \$2,625 for a first-year student, \$3,500 for a second year student, and \$5,500 for the remaining two years in a standard four-year bachelors program.

As the parent of a dependent undergraduate, you may be able to borrow Federal PLUS Loan if you meet minimum credit criteria. Through the PLUS loan program you can borrow up to the cost of attendance of your child's school minus the other financial aid your child receives.

Current loans have fixed interest rates that are set by the federal regulations. The rates are 6.8 percent for Stafford loans and 8.5 percent for PLUS loans. Since these rates are set by regulations, it may be best to go with a lender because of their service or special discounted fees they offer.

You may want to speak to the financial aid administrator at both of your children's schools for suggestions about lenders to choose for your loans, or you can call ASA at (800) 999-9080 and speak to a student loan specialist for more information about how to proceed in the process.

Best,
Betsy

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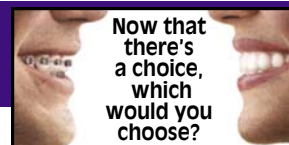
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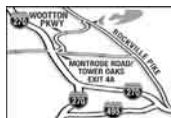
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PURE BLOODS: The American Kennel Club is looking to add coonhounds to its registry. An estimated 1.2 million coonhounds live across the nation, and the move would open the way for the dogs to compete in AKC-sponsored hunting events.



Sports

Scrutinized Ace Gets All-Star Start

A year after assaulting a cameraman, Rogers is named AL's starter

BASEBALL | Kenny Rogers has gone from all-star scourge to All-Star game starter.

The Detroit Tigers' left-hander, the top pitcher for the team with the best record in Major League Baseball, will be on the mound for the American League on Tuesday against Brad Penny of the Los Angeles Dodgers.

Rogers will be trying to extend a nine-game AL unbeaten streak in the MLB All-Star game. He is 11-3 with a 3.85 ERA this season, while Penny is 10-2 with a 2.91 ERA. Rogers will be ready — he hasn't started since Wednesday, a victory against Oakland.

"He's well-rested," AL manager Ozzie Guillen said of the decision to start Rogers.

Guillen was limited in his choices as three top AL starters pitched on Sunday: Toronto's Roy Halladay



The American League starter for tonight's All-Star game, Kenny Rogers, right, talks with AL manager Ozzie Guillen. Rogers should be well-rested for the start.

(12-2), the Chicago White Sox's Jose Contreras (9-0) and Minnesota's Johan Santana (9-5).

"There's a lot of guys that deserve to start, but it was unfortunate they pitched yesterday," Rogers said.

It was this time a year ago Rogers was under intense scrutiny for knocking down a cameraman during a videotaped tirade.

"It was very difficult," Rogers said. "I'd be lying if I said it wasn't

NATIONALS ALL-STAR

Alfonso Soriano, LEFT FIELD

Despite learning to play left field for the first time, Soriano has proven to be a one-man offensive juggernaut, with 27 home runs, 20 stolen bases and 63 runs scored while hitting .272.

The Dominican slugger is on pace to break virtually every one of his career-bests, but he may not do it in a Nats uniform, as he may very well be traded by July 31. **JOE TAUKE**



hard, but I think I grew up with it and it made me a little better. ... Every challenge in my life that's come my way, I try to take advantage of anything I can learn from it and try to be better." (AP)

Comfort Zone: Midway through the year, Alfonso Soriano is getting comfortable in D.C. | **Today's Post, Sports**

'Tough Times' Ahead for Ailing Derby Winner

HORSE RACING | Kentucky Derby winner Barbaro was facing major problems for the first time since surgery to repair the right hind leg he shattered in the Preakness, with the colt's veterinarian saying "we're in tough times right now."

Barbaro had the cast on the leg replaced for a sixth time Monday — the fourth time in a week. Barbaro underwent many hours of surgery Saturday night when doctors replaced the metal plate and many screws and treated an infection.

"I think we're in for tough times right now. I think we're going to have some tough days ahead," Dr. Dean Richardson said at the University of Pennsylvania's New Bolton Center. "I'm being realistic about it. When a horse has a setback like this, it's a problem." **DAN GELSTON (AP)**



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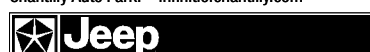
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HAIR STYLIST

Hair stylist for full service salon at the United States Senate. Candidate must be experienced in current styling, coloring, and cutting techniques for women and men. Barber/stylist or cosmetology school and 3-5 years exp. desired. License required. Salary: \$15,900 plus commission. Free parking/metro and full federal benefits. Fax resume ASAP to 202-228-2965 or hand deliver to Hart Senate Office Building, Room 142

Beautician

HAIRSTYLIST

Seeking licensed Hairstylist in Clinton, MD & McLean, VA for a Retirement Home. Built in clientele. Please call if interested 703-794-9419

BEAUTY—Licensed Hairstylists, Barbers, Braiders & Nail Techs for salon in NE, DC. Call Steve at 202-497-0311.

BEAUTY - MANICURIST

Exp'd Manicurist for upscale salon in Georgetown, betw. M & N Sts. CALL Nadia: 703-629-5452.

BEAUTY—Nail Tech wanted. Manassas, VA. 703-309-7470.

BEAUTY - Perla Hair Salon

New salon is looking for Stylist to work immediately. CALL Persia, 301-748-8943.

Bookkeeper/Receptionist — Exp. helpful but not req'd. Good English skills req'd. Familiar with computer a must with min. knowledge of Word, Excel a plus. Downtown DC locations near metro. Good pay and benefits. Resume with salary requirements to bsabill@verizon.net

Bookkeeping

PART-TIME BOOK KEEPER

For Jewish Community Relations Council of Greater Washington, Rockville. Full charge, 6-8 hrs/week. Minimum 3 years exp. in non-profit environment. Proficiency in Quickbooks. BA in accounting preferred. Resumes to: rhalber@jccouncil.org. No calls or faxes please.

Cabinet Makers

Millwork co. in Warrenton, VA seeks exper'd. & reliable **Journeymen, Cabinetmakers/Millworkers & Finishers**. Exper req'd. Competitive pay & benes. Pls CALL 540-347-4551, ext. 111 or EMAIL resume to:

kallan@gcabinet.com

CAREGIVER—Female Live-in needed for Bethesda location. Must drive. CNA/GNA a plus. Domestic skills a must. Call Life Matters, 301-652-7212

City Federal Jobs

DC area. Hiring. Paid training. All Occupations. Call 202-521-1492

CNA—Live in, weekends, must cook. At least 1 yr exper. \$85-\$110/day. 301-306-1444.

CONTRACT SPECIALIST

Temporary assignment. Exper. in govt contracting pref'd. Principles only. **FAX** resume ASAP: 301-559-2881.

COUNSELORS/RECREATION—House Parent, single or couple for youth, free room & board + sal. & benes. Will train. Fax resumes 301-562-9377 or call 301-562-9370 ext. 256. EOE.

Customer Service — Environmentally safe Dry Cleaner/Clerk. FT/PT, friendly, dependable. Alexandria area. 703-998-6464

JOBS

CUSTOMER SERVICE/ SECURITY MONITOR

Due to recent acquisitions & expansion, Datawatch Systems, Inc., a Bethesda-based national access control co., has immediate openings for FT Monitors. Detail-oriented individuals with customer service, telephone & data entry exper. req'd to excel in central station. METRO accessible. Top wages & benes. Please EMAIL resume to: rambler@datawatchsystems.com OR Fax: 301-718-7782. DCJS#11-2294

DANCERS — Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed. message 301-208-0782. **240-286-3660 or 301-568-8500**

DENTAL ASSISTANT

PT Dental Asst. needed. Exp'd. only. Please call 703-691-9740; or fax resume to: 703-691-9809.

DENTAL ASST

For busy, FUN pediatric office. 4 or 5 days. Full benefits. FAX resume: 202-364-1386.

DENTAL ASST/RECEPT

2 yrs. min dental exp. Must be X-ray certif. Positions avail. in DC & MD. **FAX resume to: 301-313-0207.**

Dental Front Desk/ Receptionist

For general dentist in DC near Metro. Customer service exp. pref'd. Must be hardworking & dependable w/ good communication skills. Please leave message 301-208-0782.

Dental Hygienist

Hygienist needed 4 days/week, temporary position. Downtown high quality professional practice. Fax resumes to attn: Ms. Parks 202-833-2632

DRIVER-DUMP TRUCK

Experienced. CDL & good driving record. 202-439-8081.

DRIVER — Earn \$600-800/week FT, \$9-14/hr PT. Driving for TakeOut Taxi, the area's largest restaurant delivery service. Call 301-571-0111.

DRIVERS — A & B w/ TX endorsement. Suitland MD based. Shift work. Benefits. 301-773-9009 ext. 13.

DRIVERS/COURIERS BEST PAY IN TOWN PLUS GENEROUS FUEL HELP!

Rapidly growing premium delivery service needs 8 couriers with cars, small trucks for local deliveries. PAID WEEKLY! FT drivers can earn \$700-\$1300/week. NO DOWNTIME! JOIN THE COMPANY THAT WILL MAKE YOU MORE MONEY! CALL TODAY, 703-683-3333.

DRIVERS PT / MAINTENANCE AIDES

City of Alexandria

Operate a passenger van to transport persons to & from designated locations, assist with recreation activities. Monitor persons riding in the van between driving periods; maintain the van in a safe and sanitary condition. 1Yr. experience in operating a van or similar vehicle & completion of grade school courses. Must possess a valid driver's license. **Preferred:** 1Yr. supervising & leading activities for youth, adults & seniors, first Aid/CPR, bilingual, possess CDL. \$12.71 - \$14.30/Hr. For more information & to apply, visit www.alexandriava.gov EOE/AA. **Dry Cleaner Sorter** — Environmentally safe Dry Cleaner. FT/PT, friendly, dependable. Alexandria area. 703-998-6464

ELECTRICAL Electrical Mechanics. Min. 10 yrs. exp. Comm'l & resid. Tools & own transportation. **ALSO HIRING HELPERS.** Good pay. CALL: 301-474-7005.

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Every Thursday in Express.

WeekendPass makes the weekend pulse.

Every Thursday in Express.

WeekendPass pulses. Thursday.

JOBS

EXECUTIVE ASSISTANT

World Resources Institute (WRI), an environmental think tank based in Wash, DC is seeking a temp. Executive Assistant to the CFO from July -Oct. The position requires a polished, detailed-oriented, highly organized individual with excellent oral and written communication skills and strong computer skills (Word and PowerPoint). Candidate should have bachelor's degree, 4-6 years previous exec. asst. exp. bkgrnd in acctg. Flexibility w/hrs.days, ft vs.pt. Interested candidates please send cover letter, resume, and salary requirements to: World Resources Institute, Attn: Human Resources, 10 G Street, NE #800, Washington, DC 20002, FAX: 202-729-7610, Email: hr@wri.org. No phone calls please. EOE.

Executive Asst: National military nursing research program seeks organized, mature, customer service-oriented team player. Candidates should demonstrate excellent interpersonal, administrative, organizational, and oral/written communication skills, and ability to work independently. Responsibilities include activities associated with the administration, logistics, and compliance requirements of research grant applications. Access, Word, and Excel skills essential. Exp with the military, databases, and Federal grants management a plus. Competitive salary and benefits. Convenient location at Silver Spring metro. Send cover letter, resume, and salary history by email to TSNRP@palladianpartners.com or fax to 301-650-8676.

FINANCIAL AID OFFICER

Essential Functions and Responsibilities:

- Provide financial aid counseling to students and parents.
- Review and explain financial aid eligibility with parents and students.

Education:

High school diploma or equivalent. Bachelor's Degree preferred.

Send resumes to:

James Green, Director of Financial Aid jgreen@sblandover.com

Financial

STOCKBROKERS/FINANCIAL ADVISORS

Reputable multi-national brokerage firm in Reston, VA is expanding. Needs talented Stockbrokers & Financial Advisors with existing books. High payout, great perks & excellent working environment. Contact Jacques Thimothee at: 703-310-7689 FAX resume: 703-842-5351.

GOVERNMENT

ASSISTANT REGISTRAR I / II-City of Alexandria, VA Government. Provide information & instructions on registration & election procedures to citizens. Enter voting application data on the automated voter registration system. Proof reports, prepare mailings, & maintain files. Work 16 hours on Election Day, 5am to 9pm. Must be a registered voter in the Commonwealth of Virginia. Office & computer/data entry exp and Bilingual (English/Spanish) preferred. \$26,443 - \$31,449 (DOQ) REF# VTR-6-9902 Closes 07/28/06 by 5pm. For more information and to apply, visit www.alexandriava.gov or call 703-838-4485. EOE/AA

Graphic Designer

Local ad agency looking for graphic designer/production artist for full time front lines position that is very fast paced and deadline driven. Quark, Indesign, Photoshop, Illustrator and all basic studio skills a must. Web skills a bonus. Great work environment, benefits, and free parking. Send resume and salary requirements to agencyprod@yahoo.com. **HAIR STYLIST**

US SENATE — SEE OUR AD UNDER BARBER/BEAUTY. FAX RESUME ASAP TO (202) 228-2965.

play su do ku

Classifieds

JOBS

Hotel

Front Desk with Shuttle Driver Duties

Hotel in Crystal City is currently seeking energetic, responsible, service oriented team member. Must have valid Driver's lic, computer savvy, and be able to work flex schedule in your role as a front desk agent with shuttle driver duties. Salary commensurate with exp. Apply in person or call Americana Hotel, 1400 Jefferson Davis Hwy, Arlington, VA 703-979-3772

HOTEL

Hospitality Temps Corporation has immediate work for exp.

- **Hotel Room Attendants (min. 6 mos. exp.)**
- **Cooks (All Levels)**
- **Cashiers**
- **Service Coordinator Trainee**

Apply in person Tue thru Sat, 9am to 2pm with police clearance, 2 ID's, B/W, and references to 600 PA Ave. SE, Rm. 105 WDC

HOTEL—The Homewood Suites by Hilton in Alexandria is seeking outgoing and energetic individuals for the **FRONT DESK TEAM**. This is a full time position with a wide range of benefits. Experience is preferred but not required. Candidates should apply in person at 4850 Leesburg Pike, Alexandria. EOE

HVAC

A top quality co. needs:
Comm/Res Svc Techs/inst
 • **Signing bonus up to \$2K**
 • **Comms & tool bonus**
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 • **Advanced tech training**
 Call 703 541-1006

HVAC

Exper'd Installers and Trainees. Start Immed. Full time, Year round work. All benefits, commission, holiday & truck. CALL 301-881-4300

LABORERS / UTILITY LOCATORS**NAT'L UTILITY LOCATING FIRM**

has FT/PT jobs open NOW for Entry Level or Experienced people. Some Travel Req'd. Great Salary & Benefits. Valid DL, Drug Screen & Physical Req'd. EOE. Email letter & resume to mbrooks@getrack.com or FAX to (866) 615-2211

LEGAL ASSISTANT

Tyson's Corner family law firm seeks F/T Legal Asst. Sal. comm. w/exp. **FAX resume: 703-827-5545.**

Legal Assistant/Paralegal

Reston trial practice law firm seeking dedicated Legal Assistant/Paralegal w/ min 3 yrs exper & excel computer skills. References req'd. Email inna.koroleva@hallandsickels.com.

LEGAL ASSISTANT

Silver Spring. ATTN Experienced litigation secretaries: Seeking a career boost? Apply now to our highly-rated crim/civ lit firm. We offer reasonable hours, aggressive pay (\$30K-\$60K), bens & training package to attract and retain the best. Please apply only if you have min. 1-yr litig exper, are smart, & work efficiently. Fax 301-495-8815. www.markskatz.com

LOAN OFFICER

Seeking experienced LOs w/ knowledge of Calyx. Excellent environment & commission. We train candidates new in industry. 877-556-9444

MACHINIST—Experienced Machinist wanted, F/T. Excellent pay & benefits. Springfield, VA. 703-256-9550

MEDIA BUYER

Old Town ad agency seeks highly motivated Media Buyer with a minimum of 3 years experience in multi-market print/outdoor planning and buying; internet and broadcast buying a plus. Knowledge of STRATA print software as well as Tapscan also a plus. Must have strong computer and organizational skills and be able to hit the ground running. We offer a great benefits package and a fun working environment. Email or fax your resume to wveaver@williamswhittle.com; Fax: (703) 836-9267

MEDICAL OFFICE MANAGER

For orthopedic practice in Laurel. MUST have CBSI exper. **FAX** resume: 301-776-1548; **CALL** 240-899-7399.

MENTAL HEALTH**Therapist**

LCSW-C or LCPC. To see deaf clients on the Eastern Shore. Must be fluent in ASL. FAX resume w/cover letter & salary reqs. to: J. Grinnell, 301-918-9758. EOE.

Mental Health REHABILITATION DIRECTOR

MA Deg. in Human Service field, 3 yrs exp. in Psych Rehab. w/one year superv. exp. Strong writing skills, knowledge of residential and day rehab programs. ASL skills preferred. Fax resume J. Grinnell 301-918-9758. EOE.

MENTAL HEALTH**Residential Counselors**

Exper w/ adults w/ Chronic Mental Illness pref. Must have valid drivers lic. and good driving recd. Fax resume K. Almond 301-918-9758. EOE.

MORTGAGE LOAN OFFICERS

Benchmark Mortgage Inc., one of Maryland's hottest mortgage companies, is growing. We need Loan Officers. Find out for yourself. Listen to 1450/1010 AM Saturdays 8-9am & 10-11am. The way the mortgage business should be. Be on a winning team! Great commission & draw schedule available. Call 1-877-617-2800 or 301-617-2800.

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Seeking experienced Los. Excellent work environment & commission. We offer training to candidates new in industry. First Metro Mortgage 877-556-9444

MORTGAGE

National lender has net branch opportunities available for Seasoned Loan Officer looking to start their own business. Great compensation & benefits package. CALL for inquiries, 703-760-2002 or send resumes to: nap012004@yahoo.com

MORTGAGE

National lender looking for exper'd. Loan Processor to start immediately. Great compensation package & benefits. FAX resumes to: 1-888-527-8408.

MORTGAGES

Loan originators for a mortgage broker. Loan officer exp. pref'd. Calyx point a must. F/T. Sal + comm. Fx 301-362-1227

NANNY

Good pay & opportunity in McLean! M-F 8am-6pm. Live in/out. Teaching exp pref'd. Ref req'd. **Call Anita at 703-346-0389.**

Nurses

CNA's —needed immediately. Live in or Live out. Call Distinctive Home Care at 301-772-3245

OFFICE ASST

Small DC (Conn. & K) actuarial firm seeking F/T Office Asst. w/skills to do e-mail typing, document organization, filing & other routine office activity. Must learn quickly, have excellent organizational skills, be detail-oriented. Must possess strong computer skills w/proficiency in MS Word & Excel. Salary: \$28,500 or higher if skills warrant. Self-starter. Hosp., med. benefits. CALL for interview: Anna Smith, 202-785-5901.

Paramedics & RN's (Mother Infant Care) Local Military Bases

F/T Great Pay! Call 866-595-6505; Send Resume hr@rimsservices.net OR Fax: 305-438-1486.

Part-Time Positions**Research Surveyors Needed**

Learn about political/national issues and earn \$7.50/\$12.50/hr. Public opinion polling firm needs interviewers to conduct telephone surveys. Excellent speaking/reading skills required. College preferred. Evening/Weekend Hours available. NO SALES. Ideal for College Students and Part Timers!! Van Ness/UDC Metro. (202) 686-9743. EOE.

PEST CONTROL TECHNICIAN

Seeking person w/previous pest control or experience in a service related field. Looking for a "people person" with good driving record & great communication skills. Co. benefits, vehicle & good earning potential. If you're looking for a career, call 1-877-797-4500

PHYSICAL THERAPIST

For outpatient clinic in Fairfax. FT with benefits. Please fax resume to: 703-204-4630.

PHYSICAL THERAPY

FT, PT & PRN physical therapists & PTA needed for our Gainesville & NoVA clinics. Excellent pay. Flex. hrs. Great benefits. Positions available immediately! New Grads Welcome. Please FAX resume: 571-248-8191.

PLUMBERS

Commercial contractor seeks reliable individuals for FT employment in NoVA. 10 yrs. exper. Good Benefits. Top Pay. CALL 703-335-2677

PLUMBERS — Needed. All work located in DC. Call ASAP: **202-832-3420.**

RADIOLOGY

SHADY GROVE RADIOLOGY is now hiring for the following FT positions:

- MRI Technologist
- Mammographer
- Diagnostic Technologist (new grads may apply)
- Ultrasonographer (RDMF only)

We have state-of-the-art technology, pleasant work environment, sign-on bonus, & continuing educ reimbursement. Must have ARRT & current MD lic. Exp candidates pref'd. Exc salary/benes. Please fax resume to 301-590-8961 or **hrdept@sgrcpa.com**

Radiology**X-Ray Technologist**

Well established orthopedic practice in the DC metropolitan area seeking X-Ray Technologist, Registered or Certified. Varied duties. Management potential. FAX resume: 301-567-2618, Attn: Lee.

REAL EST. TITLE PROCESSOR

Exp'd. Maryland Title Processor. EMAIL resume to: **karla@landtitlellc.com**

REAL ESTATE

Greenbelt settlement office needs exper Processor in purchases & refinances. E-fax resume to 301-576-5406.

RECEPTIONIST PART-TIME

for Long & Foster's #1 office. Great location in Bethesda, one half block from Metro.

Must have basic computer skills, pleasant phone manner and be able to multi-task.

Hours: 2-7 p.m. Tues.-Fri. and 9 a.m.-1 p.m. Sat.

Please fax resume to 301-951-2072

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Do your research and you'll find the career opportunities for CoStar Group Research Associates are unlimited. We provide the training and tools essential for success. As the leading provider of information services to the Commercial Real Estate industry, our products offer customers access via the Internet to the most comprehensive database of commercial real estate information on over 60 markets in the US and UK. Last year alone, more than 70% of leasing and sales transactions took place with the help of CoStar Group.

Requires:

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We offer:

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RECREATION/COUNSELORS—House Parent, single or couple for youth, free room & board + sal. & benes. Will train. Fax resumes 301-562-9377 or call 301-562-9370 ext. 256. EOE.

Restaurant Manager

An Odyssey Restaurant Manager is responsible for coordinating and executing a 4-course Fine Dining Service for up to 600 guests within very strict time frames while simultaneously providing the guests with the ultimate experience in Hospitality and Entertainment. They are responsible for maintaining proper cost controls. They must be able to accomplish this by training, managing and motivating staff effectively.

Job Duties

Shift Management
 Excute Detailed
 Event Programs
 Schedule,
 Payroll Purchasing

Train, Manage and
 Motivate Staff
 Execute 4-Course
 Fine Dining
 Manage Cash Handling
 Procedures

Job Requirements

Experience in High
 Volume
 Strong Communication
 Skills
 Ability to maintain "grace
 under pressure"

Computer Skills
 Experience in High
 Volume

Please Submit Resume and Salary History
mrinaldo@pyi.com

Please visit us at **www.odyssey.com** for company history

**RESTAURANT MANAGERS**

For growing rest. DC/MD/VA. \$38-\$85K. 800-351-7557 FAX 800-208-0633
 EMAIL: dss907@aol.com

RESTAURANT

- **Line Cooks**
- **Shift Manager**
- **Bartenders**
- **Servers**

Great \$\$ FT/PT. Apply in person at: 1520 K St NW, Wash, DC 20005.

restaurant**Career Fair**

Looking for restaurant professionals; bring resume; on the spot interviews; experience an asset, but all candidates will be considered.

Elephant & Castle
 1201 Pennsylvania Avenue, NW
 202-347-7707

Career Fair Hours:

Wed. July 12, 2:00pm-7:00pm
Thurs. July 13, 2:00pm-7:00pm

SPECIAL EDUCATION

St. Coletta of Greater Washington is a state of the art special education facility serving school-age children and adults with mental retardation, autism and secondary disabilities. As we prepare to open our new facility in Washington DC for the 2006-2007 school year we are actively recruiting for:

- **Special Education Teachers**— Must be certified in Special Education and endorsed (MR) or willing to pursue certification. Experience with project-based learning and multiple intelligences theory a plus.
- **Physical Therapists**— Must be licensed or capable of being licensed in State of Virginia and Washington, D.C. Experience with Special Needs population a plus.
- **Occupational Therapists** — Must be licensed or capable of being licensed in State of Virginia and Washington, D.C. Experience with Special Needs population a plus.

Currently within walking distance of King Street METRO, our new school will be directly opposite the Stadium/Armory METRO exit on Independence Avenue, SE. We offer top competitive salaries and excellent benefits. Learn more about us and our new school at **www.stcoletta.org** Mail resume to: St. Coletta of Greater Washington, 207 S. Peyton Street, Alexandria, VA 22314; fax: 703-683-9888; **Jobs@stcoletta.org** No calls please. EOE

RESTAURANT**Baker & Cake Decorators**

Tyson's Corner area. Call 703-361-8983, leave msg and call will be returned.

Restaurant**BREAKWELLS COFFEE, 900 M Street, NW**

Looking for enthusiastic staff, all shifts. Good pay. Great coffee! Call Cindy at 202-289-4601.

RESTAURANT

SERVERS Day & Eve Shift Wknd/Late Night

For the IHOP in Clinton, MD. Good pay. Apply in person: 8905 Woodyard Rd. Clinton, MD

RETAIL

Juan Valdez Cafe is seeking team members for our new locations!

If you are outgoing, love coffee, and have a passion for success, we are interested in meeting you. Competitive pay, friendly people, generous benefits, growth opportunities, and the richest coffee in the world!

Stop in to fill out an application:

1889 F Street, NW
 OAS Building, 1st Floor
 Washington, DC 20006
 202 464 1360

675 E ST NW
 Washington, DC 20004-2238
 202 464 5540

RETAIL MANAGER

Upscale custom jewelry design store in downtown Frederick, MD is looking for a FT (Tues-Sat) Gallery Manager. Must be articulate, computer literate & willing to go the extra mile. Artistic & marketing background a must. Email resume to: **az@earthlink.net**

RETAIL SALES APPLIANCES — \$12/hr+.

Bonus. Professional Position. Will train. Not Metro acc. Transp. req. Springfield. 703-569-5014.

Retail

Sales Design Consultants

Due to an increase in business, Thomasville Furniture is looking for career minded, success oriented professionals. If you have the ability, the skill set, and the desire to achieve great results, then we want to talk to you. We offer the environment, the tools and training, and an excellent compensation and benefits package including a 401 program. Call our store manager, A. Hirsch at (703) 706-0966 to arrange for an interview.

Thomasville Furniture
 3915 Jefferson Davis Highway
 Alexandria, VA 22305
 EOE

Retail Sales/Stock

Hardware store, retail F/T. CALL 301-839-7500.

TRAVEL AGENT

Exp. SABRE agents for No. Va. & DC. Good pay with bonus, benefits for self-starter. Fax resume: 1-877-839-5247.

Three blind mice...

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See how they run (our country).

Take back the White House and bring back good government. Work for SHARE and help Democratic candidates raise funds. SHARE manages telefundraising campaigns for many socially progressive organizations.

- **Get great benefits!**
- **\$10-15/hour on average!**
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To be a part of the solution, contact Keith Lofton:

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Email: **klofton@sharegroup.com**

EOE

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JOBS

SALES

The Washington Post**Account Manager
Automotive Advertising**

Sell print advertising to automotive industry clients!

- Cultivate and grow existing business
- Cold call and close new business
- Outside Sales
- Sales presentations
- Account management
- Consultative selling
- Base plus incentive

Great benefits package with health insurance that begins immediately and a 401(k) matching! For more information: www.washingtonjobs.com.Send resume to:
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Attn: AutoEXP/JT

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SALES

The Washington Post**ADVERTISING REP
PART-TIME**

15 or 16 hrs/wk - phone sales. Join our advertising sales team! Assess client needs and sell advertising space based on budget and target market. Inbound call center. Communicate product options and value. Upsell and cross-sell. Base plus commission. Great entry-level sales experience! Daytime hours. Requires great phone speaking and influencing skills, and typing min 40 wpm.

For more information:
www.washingtonjobs.comSend resume to:
Talentsearch@washpost.com
Attn: HR/1516EXP/JT.

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SALES

The Washington Post**Inside Sales/
Business Development**

Sell online employment advertising to employers across all industries! Target potential advertisers, develop leads, prospect, cold call and close new business over the phone. Competitive sales incentive! Seeking sales hunters for multiple opportunities on The Post Jobs Advertising Team. Applicants with recruitment, advertising, and/or phone sales experience encouraged to apply! Great benefits package with health insurance effective immediately and a 401(k) with matching program!

For more information: www.washingtonjobs.comSend resume to:
Talentsearch@washpost.com
Attn: HR/MMEXP/JT

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Sales

Looking for enthusiastic, energetic people with positive attitudes to cover our pre-set, pre-qualified appts. Multi-million \$ company with exclusive products. Must have in-home exp. and dependable vehicle. Monthly bonuses, and benefits. 1st year approx. income \$60-80k. Please call Andy Wildman at 1-888-666-6414 Ext. 107 or fax Resume to 301-333-7311 Attn: Jessica.

SALES

The Washington Post**Outside Account Manager, Education and
Financial Services Jobs Advertising**Manage all existing and potential clients in education and financial services to sell print and online recruitment advertising. Develop new products/initiatives; tactical and strategic; analyze clients' marketing needs and create multi-media presentations. Requires ability to develop relationships outside of typical media buying chain to facilitate sale, and prospect for and close new business. Base salary plus uncapped incentive! www.washingtonjobs.com. Send resume to: Talentsearch@washpost.com Attn: HR/JobEXP/JT

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Security Officer

Miles Protective Agency seeking Security Officer. No exp. necess. starting \$9.50/hr. 301-675-9470.

SECURITY - ARMED SPOS

Various DC premiere locations. Must possess valid DC Armed Commission. Min. 5 yrs. exper. No Exceptions. Must pass background check and have good work ethics, team player. CALL M-F, 10AM-2PM, 202-293-8011 or FAX resume: 202-293-1095. DC Lic 0444

SECRETARY/RECEPTIONIST

Silver Spring. Requires Bilingual Spanish. Minimum 1-year office experience required. Excellent pay & benefits. Exciting work & reasonable hours w/highly-rated newsmaking lawyers. See markskatz.com. FAX: 301-495-8815.

SECURITY GUARDS

For various DC & VA premiere locations. All shifts. FT/PT. Must have min. 1 yr. exper. w/proof. Good work ethic. Computer knowledge a plus. \$8-\$13/hour. CALL M-F, 10AM-2PM, 202-293-8011 or FAX resume: 202-293-1095. DC Lic 0444; VA Lic 11-2468
Security Guards—PT on-call Sec Grds needed for special events. Must be 21. Weekly pay. Fax res to: 301-265-9866, on-line apply. www.ppsvc.com, or apply in person 1050 17th St NW suite 600 Wash, DC. 20036 between 9AM-4PM.

Social Services

Immediate openings in a Medicaid Day Program for Adults with intellectual disabilities. Must have outstanding interpersonal skills, excellent written & communication skills. Candidates should be enthusiastic self-starters, have excellent organizational skills, and be detail-oriented. Must be proficient in Microsoft Office Suites. The openings are as follows:

- **SOCIAL SERVICE ASST.**—requires a min. of 3 yrs. exper. in the field, case management pref. **Must have a degree in social work. (BSW).**
- **ACTIVE TREATMENT SPECIALIST/ PROGRAM ASST.**—requires a min of 1 yr. exper. working with MR/DD population. BA in a related field pref'd.
- **CERTIFIED FITNESS INSTRUCTOR**—Certification is a must. Exper. working with MR/DD population pref'd. Must have CPR certification at time of hire.
- **SPECIAL PROGRAM ASSISTANT**—Requires a min of 3yrs of admin. exper. at an executive level. Microsoft Suite is required. Must have web page exper., letter composition, proof reading skills & active treatment documentation. Must be flexible.

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Icons

Mongolia revels in a renewed interest in its legendary emperor

His name is on streets, schools, a brand of vodka and many a newborn baby. Now, 800 years after Genghis Khan inspired terror on two continents, Mongolians are taking their reverence for the great conqueror to new heights.

The Mongolian capital's airport is being renamed after him. Construction crews are working 24 hours a day to build a \$5 million statue of the Great Khan and his sons in the city's central square. There are even suggestions that Ulan Bator, which means Red Hero in an echo of the communist era, should be renamed Genghis City.

The fervor reached a peak Monday with the start of Naadam, an annual festival of traditional martial arts, such as horse racing, wrestling and archery, as well as heavy drinking. This year's celebration coincides with the 800th anniversary of a seminal event: In 1206, warring tribes united under a warrior who took the title Genghis Khan and conquered an empire.

The government expects some 500,000 tourists this year in the country of 2.8 million, thanks to a state-backed international promotion campaign.

Getting in the spirit, the legislature granted amnesty to 1,590 prisoners. Ulan Bator authorities ordered 285 chronic alcoholics into drying-out clinics and the president urged Mongolians to party, though not too hard. "Let's sing our national anthem together," President N. Enkhbayar said on TV. "Let's drink vodka moderately."

The celebration of Genghis Khan shows how much has changed since 70 years of Soviet-backed communist



FACE OF A NATION: Whether on vodka bottles or at the Naadam festival, the influence of Genghis Khan is still felt in Mongolia. This is the 800th anniversary of his rule.

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Blog Log: Flip-flops can be dangerous! | 36

Boo Hoo: Nick invites world to pity party | 38

MINORU IWASAKI/AP; NG HAN GUAN/AP



Khan Do Attitude

rule ended in 1990. The communist authorities suppressed Genghis' name and signs of his legacy, viewing him as a feudal oppressor and a nationalist rallying symbol, and killed many Mongolian aristocrats who claimed to be his descendants.

Democracy is evident in the half dozen groups that pitched traditional tents opposite the new Genghis Khan monument last month, protesting that the \$16 million being spent on festivities should be used to ease poverty.

To the rest of the world, Genghis Khan may be a synonym for barbarism, but to Mongolians he represents order, civilization and an empire that stretched across Asia to Central Europe.

He is a touchstone of national

“We should have a law on the use of Genghis Khan's name.”

P. DAVAABYAN
WORLD ACADEMY OF CHINGGIS KHAN

identity to a nation sandwiched between Russia and China and wary of being swallowed up by either.

The World Academy of Chinggis Khan, a private group which uses an alternative spelling of the Great Khan's name, has called for a return to the shamanistic, pre-Buddhist rituals popular in Genghis' day.

“If Mongolians again perform

these rites, Mongolia will be blessed and will prosper,” said P. Davaanyam, the academy's president, who claims to be a 30th-generation descendant of Genghis Khan.

China, which controls Inner Mongolia on Mongolia's southern edge and whose vibrant enterprises threaten to overwhelm Mongolia's indigenous industries, also claims rights to Genghis Khan. It says his tomb is in Chinese territory, a claim that has not been independently verified, and is promoting tourism to Inner Mongolia for the 800th anniversary.

A DNA-analysis company in Britain has made headlines in recent years by theorizing that many modern Caucasian males probably carry Genghis genes, because it was the

warlord's practice to massacre the men in the territories he conquered and then impregnate the women.

D. Enkhtaivan is a former member of parliament and president of the Genghis Khan Management Association, a private group that promotes the study of Genghis Khan. It was he who came up with the idea of changing Ulan Bator to Genghis City, “just as Russians named St. Petersburg” after Peter the Great “and Americans named their capital city after George Washington.”

But he wants such things regulated to prevent frivolous exploitation.

“We should have a law on the use of Genghis Khan's name,” he said. GANBAT NAMJIL (AP)

The Tough Road Back

Employment

10 months later, Katrina evacuees are struggling to find jobs

In the middle of a Tuesday afternoon, Katrina evacuee Samuel Smith sits on a donated futon and watches a borrowed television in a subsidized apartment the Federal Emergency Management Agency has provided for six months. The unemployed truck driver just started looking for work.

That would infuriate U.S. Rep. John Culberson, a Houston Republican who wants what he calls "deadbeat" evacuees from New Orleans out of his city.

"Time has long since passed for the able-bodied people from Louisiana to either find a job, return to somewhere in Louisiana or become Houstonians," said Culberson, who represents the city's southwest pocket where many of 150,000 Hurricane Katrina evacuees settled. "You have

"I cannot help to wonder if [the unemployment] has anything to do with the uniqueness of the community."

AYODELE OGUNYE
WORKSOURCE

to make an effort not to have a job in Houston," he said.

But jobless evacuees insist that finding work in the nation's fourth-largest city is not as simple as Houston's 5 percent unemployment rate might suggest.

Neither the city nor FEMA tracks unemployed evacuees, but a Zogby poll in March found that 85 percent of the 606 refugees surveyed were out of work.

Job counselor Ayodele Ogunye of WorkSource, the city's employment assistance program, said evacuees complain about the overwhelming bus and rail systems that make navi-



Lynette Scott, a Katrina evacuee, started a T-shirt company out of her apartment.

gation difficult, or the bureaucratic holdups. But some of it, Ogunye said, is in their heads.

The fear of a new hurricane season worried one of her clients so much that "it was like it set her back

10 months." Others don't know how to market themselves or lack confidence, which Ogunye thinks is traced to feelings of isolation. "I cannot help to wonder if [the unemployment] has anything to do with the uniqueness

of the community," she said.

There also might be some validity to evacuees' suspicions of employers passing on them for a fear they'll turn around and go home to Louisiana. At Career and Recovery Resources, which has tried finding work for 1,600 evacuees, manager Yvonne Chapman said she's had employers tell her they're "afraid they might go back home in six months."

Some white collar evacuees are struggling, too: Unic Little, 50, has a master's degree but says she has not gotten one response from more than 50 Internet job postings.







But truck driver Smith and his wife, Marion, had not looked for work because they do not know yet where they'll end up and the nearest bus stop is about a half-mile away.

Nearby, Lynette Scott uses the bus but complains it takes two hours to get to interviews. Her strong resume, which includes running a New Orleans janitorial company, has not helped in the dozen postings she's answered, so she started a T-shirt company out of her FEMA apartment.

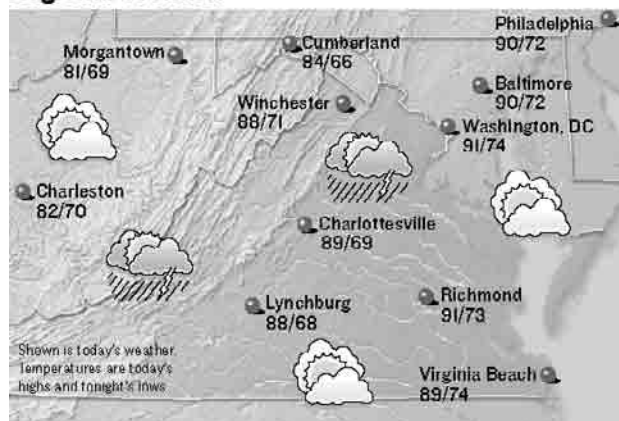
"If I can't find work from other sources, I'll make my own work," said Scott, who designs children's shirts printed with their parent's contact information in case they get separated, an idea inspired by Katrina. "I'm not looking for a handout."

PAUL J. WEBER (AP)

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
					
91°	74°	88° / 74°	89° / 74°	88° / 73°	90° / 73°

Regional Weather



Forecasts and graphics provided by AccuWeather, Inc. ©2006

Almanac

Washington, D.C., through 4 p.m. Mon.

Temperature

High	84°
Low	68°
Normal high	88°
Normal low	70°
Average humidity	72%

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	2.53"
Normal month to date	1.15"
Year to date	27.62"
Last year to date	24.54"
Normal year to date	20.31"

For up-to-the-minute weather, see:
washingtonpost.com/weather

Regional Forecast

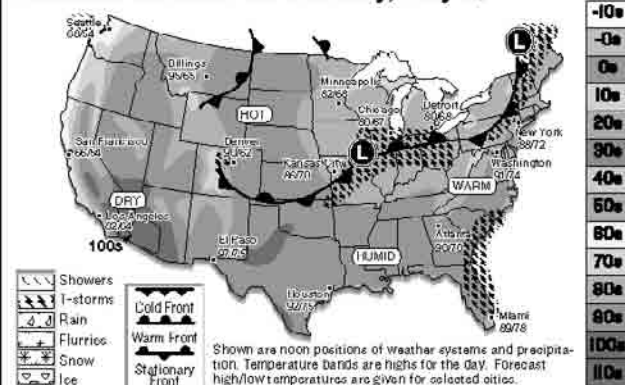
D.C. Metro: Today, partly sunny, hot, humid, an afternoon thunderstorm. High 91. Wind south-southwest 7-14 mph. Tonight, partly cloudy, humid. Low 74.

Sun and Moon

Sunrise today	5:52 a.m.
Sunset tonight	8:35 p.m.
Moonrise today	9:35 p.m.
Moonset today	6:00 a.m.



National Weather for Tuesday, July 11



National Cities

City	Today	Wed.
Atlanta	90/70/t	90/72/t
Boston	86/70/t	84/68/pc
Chicago	80/67/t	86/68/pc
Dallas	96/78/s	97/77/pc
Denver	90/62/t	92/61/t
Honolulu	87/76/s	88/76/s
Los Angeles	82/64/pc	82/64/pc
Miami	89/78/t	89/79/t
New York City	88/72/t	86/72/t
Orlando	90/74/t	90/75/t
Seattle	68/54/c	68/54/c

World Cities

City	Today	Wed.
Amsterdam	72/58/c	75/57/pc
Athens	86/72/s	86/70/pc
Berlin	88/68/pc	86/59/pc
Buenos Aires	68/55/pc	68/56/c
Calgary	74/52/pc	75/50/pc
Dublin	66/55/pc	66/54/pc
Geneva	86/62/pc	87/59/t
Moscow	86/62/s	86/66/c
Rome	86/66/s	86/66/pc
Sydney	70/50/s	66/46/s
Tokyo	86/73/pc	81/73/t

s=sunny, pc=partly cloudy, c=cloudy, sh=showers, t=thunderstorms, r=rain, sf=snow flurries, sr=snow, i=ice

Styles

LOOK
out*

Surf's Up

Beach styles
are riding high

Forget riding the wave, today's surfers are ahead of it when it comes to style. The same goes for skateboarders and snowboarders. They play by their own rules, often combining function and fashion to satisfy both their needs and image.

Until recently, though, extreme sports was a niche market, largely teenage boys who aren't usually at the top of the tastemakers' go-to list. But then someone realized that these guys are cool. Now, not only are floral board shorts as common on city sidewalks as on Hawaii's beaches, they're a source of inspiration for some of fashion's big names.

How did that happen?

"Tropical idolatry," said pro surfer Laird Hamilton, who represents American Express and Davidoff Cool Water fragrance in advertisements.

When the ads featuring Hamilton and his surfboard broke in May, retail sales of Cool Water that month jumped 28 percent from the year before.

The casual chic image associated with surfing and its descendants has an undeniable appeal. Patagonia, a name associated with alpine apparel, recently opened its first surf store. Chanel created its Black Satin nail polish with the skater chick in mind, and ESQ Swiss makes a watch called Blackfin, with a wave symbol on the dial and a textured rubber strap that's water-resistant.

Trends in sports apparel, however,

File
UNDER
Fad

COURTESY LAIRD HAMILTON



Professional skater Tony Hawk has a line of skate-inspired clothing, above, that's available at Kohl's stores. Surfer Laird Hamilton, left, is the face of American Express and Cool Water cologne, in addition to his surfing sponsorships.

are driven more by function than the runways.

Skateboarders put on the now-popular-with-the-masses skinny jeans years ago because they allow them to do their moves without pesky fabric flapping in the wind. Surfers have been longtime fans of the quick-dry nylon fabrics now being used in childrenswear. Snowboard jackets were among the first to make pockets specifically for electronic gadgets and to create a space for headphone wires.

Pro skater Tony Hawk launched his own line of skater-influenced apparel in the late 1990s, and now the label is produced by Quiksilver exclusively for Kohl's stores, emphasizing skateboarding's mainstream appeal.

"In the late '90s, no one really cared about kids looking cool. It was all Gymboree or OshKosh B'Gosh. I wanted skate jeans and surfer trunks for my kids," said Hawk, whose children are 13, 7 and 4 years old.

"My 13-year-old is one of those cutting-edge kids. I'm looking to him for ideas now," he said.

SAMANTHA CRITCHELL (AP)

Beauty



The Skin You're In

Those of us cursed with both acne and sensitive skin are pretty much stuck when it comes to skincare. We can use gentle stuff and break out, or we can napalm our skin with heavy-duty acne medication. Finally, the eco-geniuses at Aveda have come out with the **OUTER PEACE ACNE RELIEF SKINCARE** line. The foaming cleanser (\$24) is gentle enough for the angriest skin, thanks to its plant-based formula, but still cleans like the big boys. The Acne Relief Pads (\$36) are the line's best product: Like the Stridex pads of youth, one swipe leaves skin tingly clean, but doesn't burn. KRISTEN PAGE-KIRBY (EXPRESS)

Freebies



Now You Can Cover And Sit on Your Butt

Even if you can't imagine squeezing into a low-rise pair of denim, it might be worth swinging by your local **AMERICAN EAGLE OUTFITTERS**. The first 1 million customers who try on a pair of jeans at select stores between today and July 25 will receive a free ticket to AMC movie theaters. The promotion is centered around AE's back-to-school denim line (back to school? It's July!), which includes five fits for women and four for men, as well as new washes. You can also enter to win a lifetime supply of AE jeans and AMC movie tickets. See ae.com for details. K.P.K.



from readexpress.com

In Search of Signatures

GAMBLING Those out and about over the past few days might have run into signature-gatherers seeking to get a gambling proposal on D.C.'s November ballot. The petition operation is funded by a political action committee financed by a Virgin Islands-based gambling entrepreneur who was fined \$622,880 for D.C. election law violations two years ago.

When Free Ride was waiting for the Orange Line at the Metro Center station Sunday around lunchtime, signature-gatherers were spotted seeking out District residents inside the station. When asked if they were allowed to gather signatures there, "yes" was their response.

But the answer is an emphat-

ic "no," a Metro spokesman told Free Ride.

Metro regulations state that such activities must occur at least 15 feet outside stations. Metro asks that any similar instances be reported to the transit police. **MICHAEL GRASS (EXPRESS)**

Post-World Cup Thoughts

Monday's Poll Center question about the future of soccer's popularity in the U.S. sparked a few comments. Says Dellis: "I cannot understand for the life of me why America doesn't warm to soccer, which is fun, exciting and active; yet loves baseball, which is pure drudgery."

Get a Room

After reading a report in Express



WALTER BIERI/AP

Italians sure love the World Cup, but will soccer ever catch on in the U.S.?

and The Post's Sunday Source about group housing, staff blogger Michael Grass posted and analyzed a few e-mails he'd received from applicants seeking a room in a Glover Park group house he lived in a few years back to show what the experience of choosing a housemate is

like. Among his findings was this too-good-to-be-sane gem:

"I am a recent graduate from Boston University with a B.A. in Political Science and have been offered a position with a lobbying firm in D.C. I am a respectful 22-year-old male who is energetic, health conscious and good humored."

His take: "Hmmm ... 'Respectful' and 'energetic, health conscious and good humored' and whose first job out of college will be making legislative sausage on K Street? The threat of a future psychological meltdown when his soul and exercise routine are crushed while chained to the office photocopier is way too risky."

Do you have any war stories from group houses or roommate situations? Let us know at comments@readexpress.com.

→ Coming up today

Today's the last day for potato lovers to get Bar Pilar's famous tater tots before the restaurant's menu changes.

? Poll Center

TODAY'S QUESTION

How is the tight rental market in the area affecting you?

1. I've moved
2. I'm thinking about buying
3. I'm paying more in rent
4. It's not affecting me

YESTERDAY'S RESULTS

Will soccer be more popular in the U.S. post-World Cup?

NO **YES**

54% 46%

As of 5:14 p.m. Monday. Not a scientific poll.

WEIGH IN ON TODAY'S POLL QUESTION AT READEXPRESS.COM/POLLCENTER.PHP



"After checking the names, the armed men singled Aziz out. They separated him from his brothers. They told him they had orders to execute him."

TRUTH-ABOUT-IRAQIS2.BLOGSPOT.COM TELLS HOW A RELATIVE WAS KILLED BY IRAQI MILITANTS.

At Great Heights

"Could you do his job? Could you hang out over I Street NW, 10 floors up, suspended only by two thin ropes? Could you then focus on cleaning my window? Clear your mind of distractions and daydreams that might get you killed?"

DC.METBLOGS.COM IS IN AWE OF OFFICE BUILDING WINDOW WASHERS.

Family Business

"[Nicky Hilton] says she'll be doing it all herself and won't partner with her Hilton family for help. ... I'd really be curious as to what a Paris Hilton-inspired hotel would look like. I picture what you'd get if you took a zoo and combined it with a brothel. Only not as classy."

THESUPERFICIAL.COM ON PLANS BY NICKY HILTON TO OPEN HER OWN HOTEL.



The Dangerous District

"[T]he city is dangerous, folks. Visit or live here at your own peril. ... Our mayor has no interest in anything other than baseball. And our city council talks a good talk, but when push comes to shove, they do nothing. ... It's a conspiracy of incompetence, or at best, indifference."

AMERICABLOG.BLOGSPOT.COM IS SIMPLY SHOCKED BY SUNDAY'S BRUTAL STABBING DEATH OF A BRITISH MAN IN GEORGETOWN.

The Perils of Flip-Flops

"Today was the first and last time I ever wear flip-flops to work. Hey, we're in summer 'casual dress' til Labor Day! But both straps on my left foot broke off and I dragged my foot around like an ogre until I remembered I had another pair of shoes stashed in a filing cabinet drawer!"

YOU WON'T SEE MISSCHATTER.COM WEARING FLIP-FLOPS AROUND THE OFFICE AGAIN.



Live Online

Washington Post science writer **MARC KAUFMAN** was online Monday to discuss the future of the space shuttle and space station. | washingtonpost.com/liveonline

Is the primary goal of the current mission studying the effects of living in space on the human body, studying the effect of reduced gravity or the effects of the environment itself?

I believe the goal is generally to learn how to support astronauts in space, and so that involves physical,

mental and emotional aspects. **Do you think that the science and technological advancements of laboratories here on Earth may have contributed to the shift of priority of needing to do research in space?**

Yes, some issues related to space travel have been answered on Earth, and others will undoubtedly be answered here as well. My understanding of the space station, however, is that it was intended to address issues that can only be addressed in the weightless conditions of space. So if the questions can instead be answered on earth, then I guess plans for those experiments in space really never were essential.

Future in Space

In light of the recent success of private space efforts, has there been any discussion in NASA about letting the private sector take more of the role of reaching earth orbit? The shuttle has been extraordinarily expensive, as I am sure will be its replacement. Perhaps other countries or private firms could do this job more cheaply?

Given the general popularity of NASA in Congress now, I suspect that the agency will continue to get funds for space travel; indeed, Congress has recently made clear that it now supports the moon/Mars initiative.

Are they still drinking Tang on the space shuttle?

I certainly hope not!

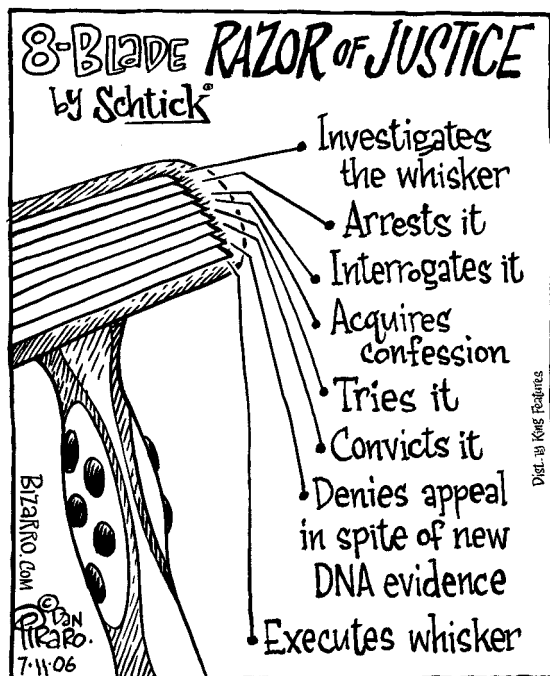
→ Today on Live Online

11 A.M.: Sara Glick, contributor to InStyle and Lucky magazines, discusses changing your routine in the summer months.

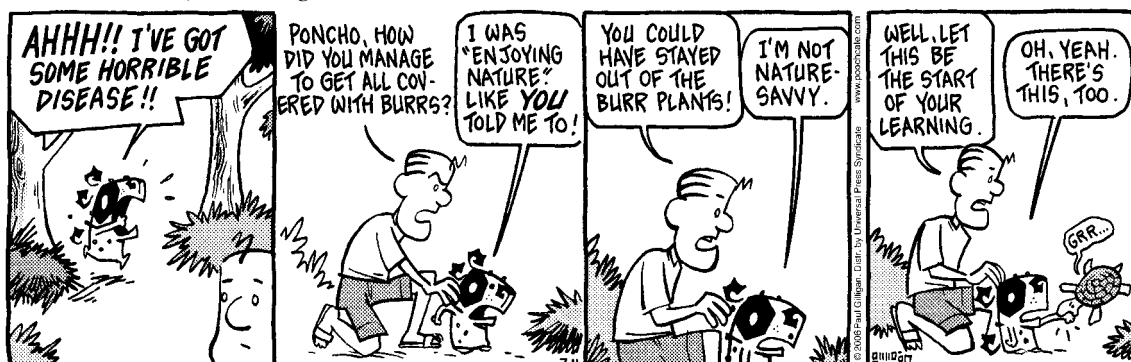
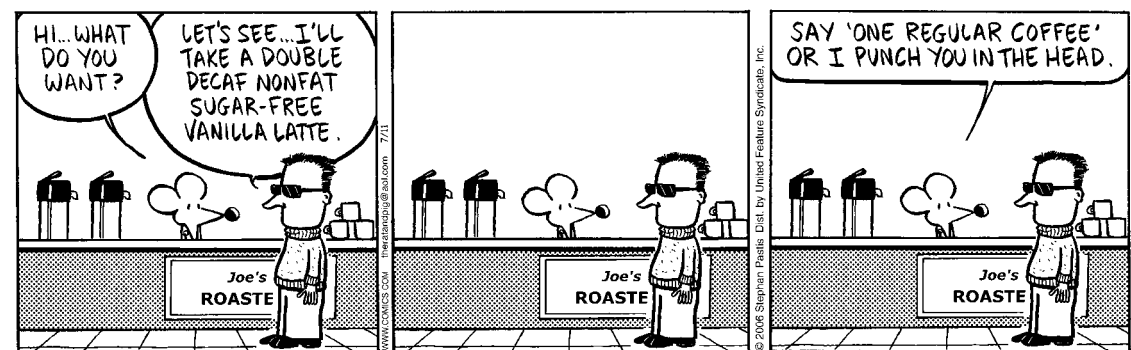
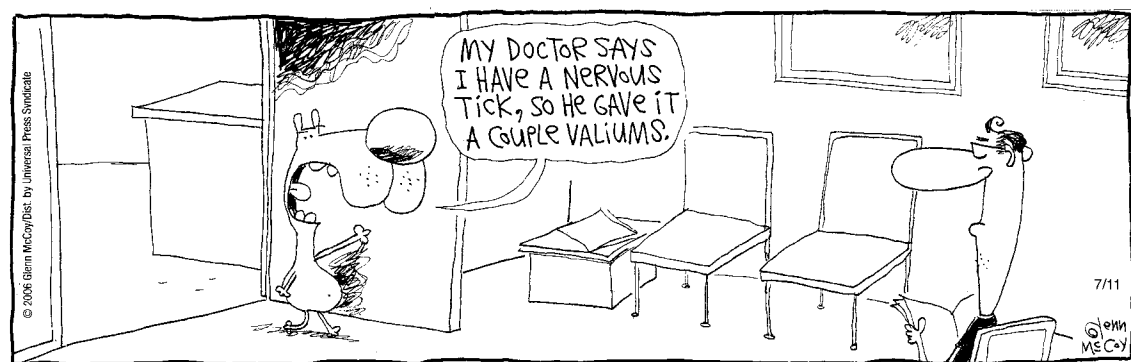
2 P.M.: WTOP political commentator Mark Plotkin discusses the stadium parking debate and upcoming area elections.

DON'T

BECOME A JAINIST WITHOUT KNOWING ALL THE FACTS FIRST. Choosing a religious system of beliefs to ascribe to is hard — so many choices! Luckily, Religionfacts.com has an easy-to-browse chart briefly summing up the masses of doctrine-data for you.

Bizarro | Dan Piraro

Cornered | Mike Baldwin


Getting employees involved in decision making can help give them a sense of ownership. Sometimes, a little too much.

Pooch Cafe | Paul Gilligan

Pearls Before Swine | Stephan Pastis

The Duplex | Glenn McCoy


Horoscope

By Stella Wilder

CANCER (June 21-July 22) You deserve to be recognized for something you have only recently accomplished, but you're going to have to be patient. It may take a little time.

LEO (July 23-Aug. 22) You may find yourself waiting for someone else to come through for you before you can come through for a third party. Things are complicated.

VIRGO (Aug. 23-Sept. 22) Your potential is on the rise, but you may not be in the mood to plan ahead. You'll be tempted to wing it all day long.

LIBRA (Sept. 23-Oct. 22) Yes, that is you behaving that way. The stars aren't likely to give you an easy time of it, but you're not trying to make things easier, either.

SCORPIO (Oct. 23-Nov. 21) You can formulate a plan that allows you to pursue two interests at once. You do realize, however, that you may soon have to prioritize.

SAGITTARIUS (Nov. 22-Dec. 21) You can

increase your earning power, but don't give up any of your independence in the process.

CAPRICORN (Dec. 22-Jan. 19) You can't afford to waste any time; go straight for your objective with single-minded determination and you can claim a major victory.

AQUARIUS (Jan. 20-Feb. 18) You'll play a major role in the affairs of a Cancer native, but you must be willing to give him or her the credit for what ensues.

PISCES (Feb. 19-March 20) An early start will enable you to set one thing aside in favor of another when and where you choose — simply because you have some breathing room.

ARIES (March 21-April 19) An unusual display of affection may take you off guard. Think twice before responding purely instinctively. Remain calm, rational.

TAURUS (April 20-May 20) Take care you're not so independent that you are unable to ask for assistance when you really need it. Reach out when you feel the need.

GEMINI (May 21-June 20) You can't afford to turn down every invitation that comes your way, as one or two may actually involve working relationships.

Letters

A Troubling 'Game'

I WAS TROUBLED by the article "How to Play the Game" in the July 6 Express. The article seemed to intimate that: a) modern black families are protecting their sons by raising them to curtail their self-expression so as to not intimidate whites; b) the only reason to teach our sons manners is to be

acceptable in the eyes of whites; and c) the burden of combatting stereotypes falls on the shoulders of black families alone. As the mother of an African-American boy, I am raising my son to be his best self and to go forth into the world as a shining example of humanity. I'm not raising him to be confident, polite and responsible in order that he counter stereotypes.

—KATHRYN MICHAEL
Washington, D.C.

WRITE TO EXPRESS: Include name, hometown and telephone number. Submissions may be edited. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

Today in History

1804 Vice President Aaron Burr mortally wounded former Treasury Secretary Alexander Hamilton during a pistol duel in Weehawken, N.J.

1864 Confederate forces led by Gen. Jubal Early began an abortive invasion of Washington, D.C., turning back the next day.

1977 The Medal of Freedom was awarded posthumously to the Reverend Martin Luther King Jr.

1979 The abandoned U.S. space station Skylab made a



Skylab returned to Earth today in 1979, showering debris over Australia.

spectacular return to Earth, burning up in the atmosphere and showering debris over the Indian Ocean and Australia.

1995 The U.S. normalized relations with Vietnam.



EVAN AGOSTINI/GETTY IMAGES

Where's her bracelet! Ahh! It's a sign!

RELIGION

Esther Wearies of Having Two Firstname-Only Names

Competing rumors in the U.K. had **MADONNA** (aka **ESTHER**) both quitting Kabbalah and sticking with it this weekend. The Independent newspaper cited rumors that Madonna's interest in Jewish mysticism was waning, but her spokesperson denied the allegations. Watch the red bracelet ... (AP)

NEW RULE

It's Not Copying If the Writing's Not Any Good

The syndicator of **ANN COULTER**'s newspaper columns rejected allegations that she had lifted material from other sources, saying a review of the work in question turned up nothing that merited concern.



"There are only so many ways you can rewrite a fact and minimal matching text is not plagiarism," Lee Salem, editor and president of Universal Press Syndicate, said Monday in a statement. (AP)



PETER KRAMER/GETTY IMAGES

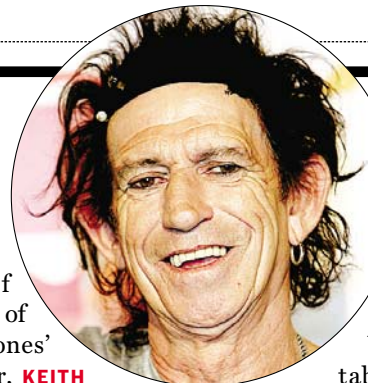
PATHOS

Buy Mercy Tickets

Now that **NICK LACHEY**'s new solo album is a hit, he's ready to go on the road. The former Mr. Simpson, 32, will tour this fall in support of "What's Left of Me," which debuted at No. 2 on Billboard's album chart in May and has sold more than 500,000 copies. The 26-city tour opens Sept. 20 in Albany, N.Y., with stops including Washington, Chicago, Atlanta, Minneapolis, Philadelphia, New York, Boston and Indianapolis. (AP)

HUH? Rocker Still Makes Absolutely Zero Sense

On the eve of the relaunching of the Rolling Stones' European tour, **KEITH RICHARDS** said Monday that he's recovered completely from his head injury. The 62-year-old fell from a tree April 27 in Fiji. Asked what he's been doing since the fall, Richards responded, "I recovered."



It's the eyeliner that gives Keith his youthful glow.

... Six weeks, I mean not bad for a brain job." When the inevitable question came — what was Richards doing in a coconut tree and did he find what he wanted? — he explained, sort of. "Fiji is not just made of coconut trees. It was a little tree," Richards said. (AP)

GOODBYE

Film Wife-Figure Passes On

JUNE ALLYSON, the sunny, raspy-voiced "perfect wife" of James Stewart, Van Johnson and other movie heroes, has died of pulmonary respiratory failure and acute bronchitis. She was 88. Allyson died Saturday at her home in Ojai, Calif.,



with her husband of nearly 30 years, David Ashrow, at her side. Kimberly-Clark Corp. established the June Allyson Foundation in honor of her work for senior citizens. (AP)

WARNING!

We Must Make You Aware Of This Danger to the Planet

Starting this fall, Mary-Kate and Ashley Olsen will have celebrity company in store aisles. Thirteen-year-old **DYLAN** and **COLE SPROUSE** — twin actors/heartthrobs — aim to mimic the success of the mary-kate-and-ashley brand, with plans to bombard stores with a host of products from clothing to home decor. The stars of the Disney Channel's "The Suite Life of Zack & Cody" are targeting their merchandise at preteen and teen boys, with a new magalog called Sprouse Bros. Code, which hit newsstands this month. (AP)



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LOOK out

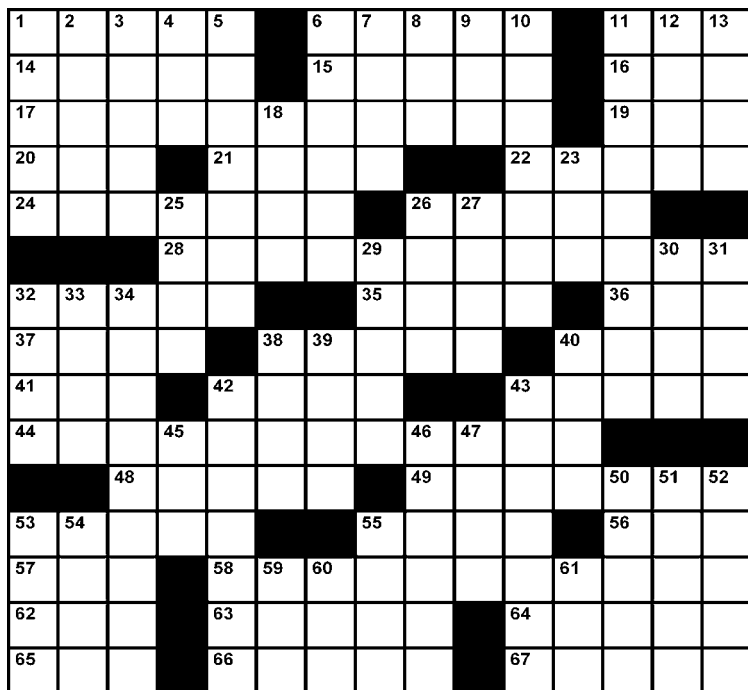
Veggie's Delight

ACROSS

1 A la ____
6 Crush grapes, in a way
11 Tango requirement
14 Spacious window
15 Paramecium propellers
16 Divest
17 Versailles agreement, e.g.
19 Fuss
20 Campaigned
21 Commands to horses
22 Asocial type
24 Nimble Fred
26 Some revolve
28 Certain collectors' items
32 Barn bundles
35 Can't do without
36 "... ____ I saw Elba"
37 Pretty penny
38 Tea storage unit
40 What broken bones do when healing
41 ____ up (accelerate)
42 Good chunk of Mongolia
43 Some are blind
44 Comical GI
48 Like some eyes
49 Highway nuisances
53 Xenophobe's fear
55 "The Mocker Mocked" painter
56 Stand-up shtick

DOWN

57 Result of a diplomacy failure, sometimes
58 Foundation
62 Furthermore
63 Once-popular anesthetic
64 Rib
65 "I've Seen All Good People" band
66 Stores
67 Stuffed
1 The dried meat of the coconut
2 Some geometric findings
3 Pleasingly mirthful
4 Gumshoe
5 Mournful poems
6 Bug repellent, of a sort
7 Connections
8 Ending for pay or can
9 Harvard neighbor, popularly
10 Rocket's cargo
11 Fly-by-night
12 Shoe specification
13 Sulfur attribute
18 Prefix meaning "trillion"
23 Globe, e.g.
25 Support the scofflaw
26 Closing document
27 Follow orders
29 Kipling's
30 Strange-



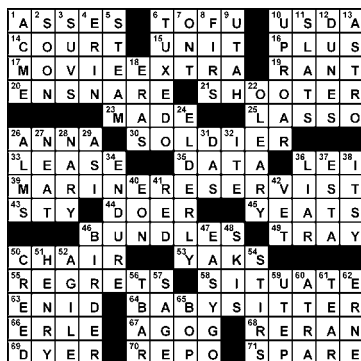
sounding waterway?

31 Studio structures
32 Cutting remark
33 Toward shelter
34 Sweethearts or some parrots
38 Admitting both sexes
39 Noted advice dispenser
40 Clobber convincingly
42 Some are stolen
43 Loathes
45 Golfer's prop
46 Slackers and

loafers, e.g.

47 Impolite look
50 It tried to avoid charges?
51 Dentist's direction
52 Mount for Lancelot
53 Far partner
54 Girlfriend for Kent
55 Was acquainted with
59 Hall of Famer Mel
60 Pi-sigma connection
61 Hyson, for one

Yesterday's Solution

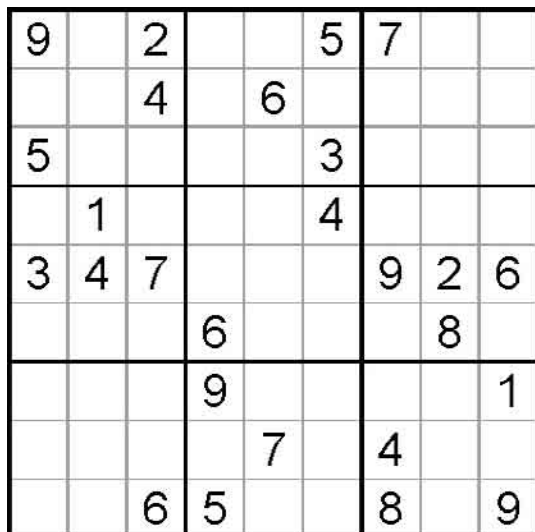


Su|do|ku

Degree of Difficulty: MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. For solution, tips and computer program, see www.sudoku.com

Yesterday's Solution



Need more Su|do|ku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section every Monday through Saturday.

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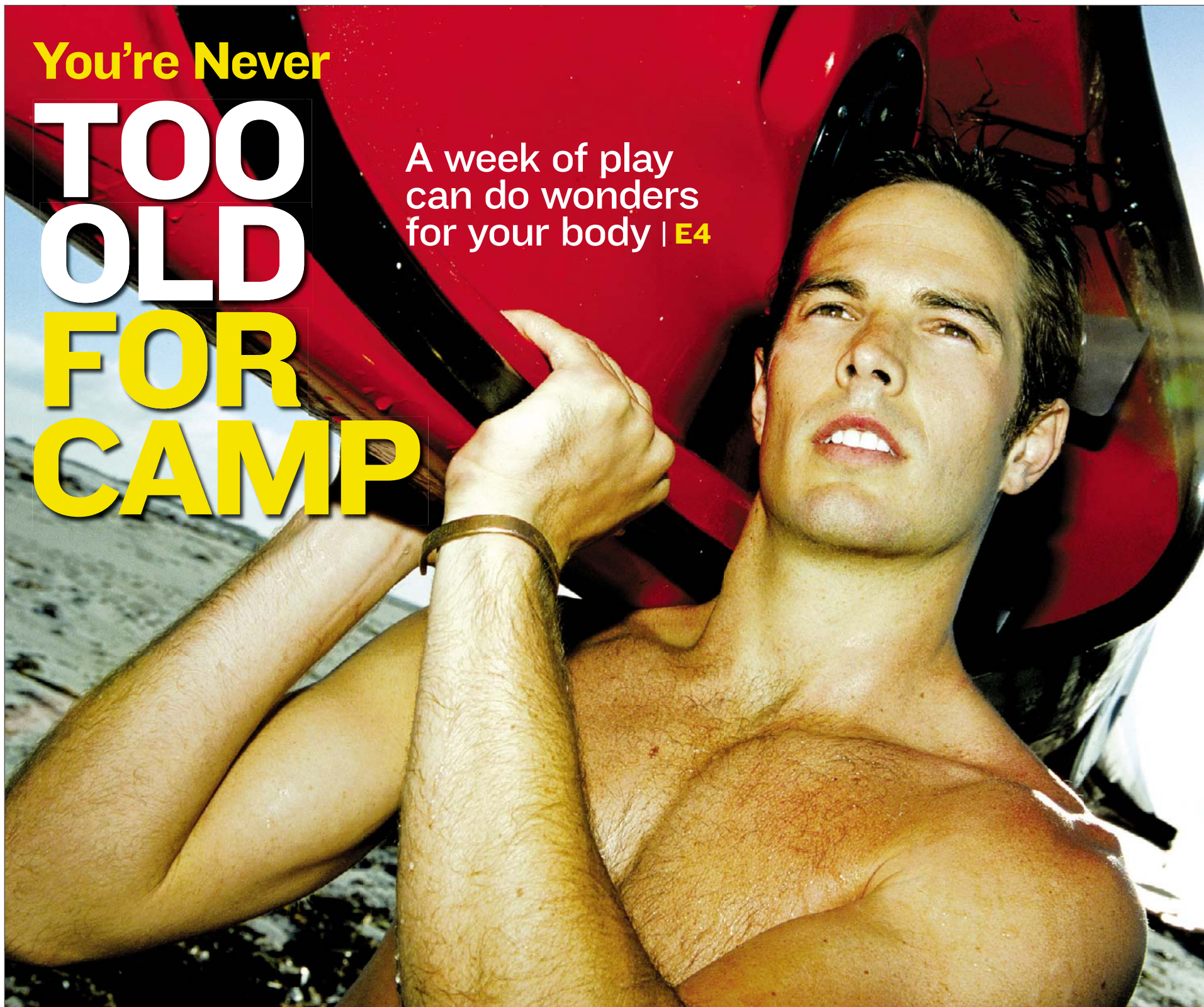
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Hands Off Me and My Junky Earrings

Q My boyfriend is (I feel) overly affectionate in public. I can bring myself to hold hands in a romantic restaurant, but I don't feel the need to cuddle on a park bench. He thinks my discomfort means I'm not as into him as he's into me. Will our differences in PDA style be a real problem down the road? —DC

Define "real problem." Do you mean a wedding day knock-down dragout over "waltz versus lambada?"

It'd be easy for me to say, "No partner should feel overly uncomfortable because of the other's behavior," tell you to wear some chain mail and be done with it. But I wonder if what your boyfriend is picking up



ERIC REECE

from you is more than just discomfort with showing Metro riders that you know how to spoon. "I can bring

myself to hold hands in a romantic restaurant," even for non-aficionados of hand-holding, smells a little

bit like "you have cooties." Is this really just a problem in public, or do your comfort levels with affection differ vastly behind closed doors as well? It's fine if one of you is a cuddlebunny while the other wants a five-yard force field, but only if both feel adequately loved and accepted. In order for you two to make it to longer-term bliss, you'll need to find a way to make your boyfriend feel so cared for that he'll be OK with giving up the touchy-feelies that feel most natural to him.

Q I am fairly certain that my roommate's sister is stealing from me. She comes to stay with us for long weekends every few months. Twice now I've found a couple of little things missing after she leaves — a junky pair of earrings, a book, some really good lotion, etc. Her sister and I have been friends forever and I don't want to jeopardize that.

—FRUSTRATED IN VA

You know what they say: "Really good lotion" pilfering today, grand theft auto tomorrow.

Seriously, no matter what the value of your stuff, your houseguest isn't entitled to lift it. It's not a financial issue so much as a respect (and dignity and comfort and safety) one. Of course, you don't yet have evidence; there's still a chance there's some book/lotion/earring-swallowing vortex within your apartment. You've got the luxury of long-time friendship with the sister, so use it to your advantage. "Hey Jane, are you missing any stuff? A few of my things are suddenly gone — I haven't seen them since such-and-such — and I'm worried somebody's running off with them." Say it without quite saying it, and see where the discussion leads. But remember that violations like this should never be an accepted part of a living arrangement — or a friendship.

Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D. at baggage@readexpress.com. This column is not a substitute for one-on-one care.

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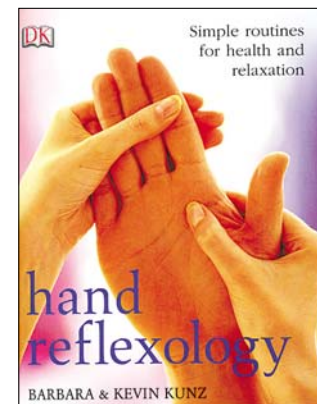
The Constant Gardener

HUNKY GARDENERS, BEWARE. The spaceship-esque AeroGarden (\$150, aerogrow.com) is poised to put you out of business. The countertop-friendly appliance makes growing veggies or herbs easier than putting together Ikea furniture. Just drop in the seed pods (the first batch is free, refills are \$20), fill with water and watch them grow—five times faster than in dirt. The glowing lights mimic sunlight, so you can even make it work in an English basement. Our test salad greens were overflowing within three weeks. And the taste? Farmers-market fresh.

The Hand That Rocks

IT'S ALL CALORIE-FREE DESSERTS

in "Hand Reflexology" by Barbara and Kevin Kunz (\$18, DK). That's because "desserts," as used by the authors, refers to soothing hand stretches rather than sweet treats. And they do feel pretty darn good—try gently pulling on each finger one by one to ease keyboard-stressed digits. Color photos and diagrams clearly illustrate the art of massaging one's hands to improve overall health. And maybe you can manage to soothe the pain in your abdomen by working your thumb into the palm of your hand or ease your PMS by placing a finger near your rotating wrist.



NEW IN
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warm
ups



Secret of My Sport Support

THE BOUDOIR SPECIALISTS at Victoria's Secret are used to dealing with sweaty situations. But for the new Sexy Sport line, they're prepping ladies who perspire at the gym as well. Developed with Britain's top sports bra manufacturer, Shock Absorber, the foundation garments look hot without being too scandalous, even with the generous—and thankfully, removable—padding on some of the items. In our scientific bounce test, chests stayed impressively put. And the best part: The first ones released are now on sale for as low as \$16. The one above will be available this fall.

PRODUCTS

GearHead

Golden Gloves Win the Game

DRINKING BEER isn't the only reason to play on the company softball team. There's also the chance to humiliate rivals. One way to get an advantage: the glove. Fight the urge to sport a baseball glove, with a pocket meant for a smaller ball. Softball gloves are also like-



ly to be wider, which can be critical for a catch. But don't automatically go for the biggest glove. "If it doesn't fit, you can't work the muscles of your hand and it just flops around," said James Smith, publisher of Softball Magazine. Tommy Orndorff, coach of the Vienna Shamrocks, recommends spending at least \$100 for a quality glove (like the Easton, above, or one from Rawlings, Wilson or Mizuno), which will withstand several seasons of crushing your enemies. VICKY HALLETT (EXPRESS)



Chip 'n' Scale

IF A PRETZEL ISN'T SHAPED LIKE a pretzel, is it a pretzel? We say yes, because we're fans of the new Kettle Bakes Pretzel Chips (\$3.29 a bag, in regular, Honey Dijon and Fully Loaded). What you lose in twisty fun on the tongue, you gain in surface area, making the trans-fat-free, 120-calorie-per-serving snacks delightfully suited for dipping. (Of course, you'll want to do your dunking in a low-fat, low-cal spread.) They're more filling than super-thin potato chips, so just a few satisfy cravings.



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| THE EXPERTS

TrainReaction

Play On, Bands

Q What works better for fat loss: using the weight machines in my gym, or the balls and bands I see trainers using with their clients?

Both types of exercise are known as resistance training. But nine times out of 10, I choose floor-based exercises over machines. With balls and bands, you're using your body as the machine. Keeping yourself stable without the aid of a hulking piece of equipment brings more muscles into play, and thus burns more fat.

Weight machines isolate and train specific muscles, which is terrific if you're looking to increase muscle mass. They're not a bad way to burn fat — just not as efficient as floor-based exercises. Also, most machines require you to sit, and don't you do enough of that in the office?

To burn the maximum calories through resistance training, you need to engage the abs, spinal muscles and glutes for stability, even when training a single limb. Sitting in an arm-curl machine won't use these extra muscles, but lying on a stability ball will. As soon as you use that ball, your environment is unstable in every plane of motion. Your body naturally adjusts by using core muscles to keep your balance.

Matthew Blair Davis is an award-winning personal trainer and president of **Functional Revolution Fitness** (functionalrevolution.com), which provides private personal training for Northern Virginia and D.C. E-mail him at matt@functionalrevolution.com.



GETTY IMAGES

Happy Campers

A week of adventure is fun no matter your age

Michelle Gordon just had to go to dance camp this summer. She gushes about the friends she'll make, the skills she'll build and the performance she'll do for her family at the end of the grueling week. But the 49-year-old grandma from Chevy Chase isn't your typical camper.

And neither are the other folks signed up for Joy of Motion Dance Center's first "Summer Stock" program — five days of intensive Broadway jazz classes. "We offer summer camp for kids, but I have adult students who say, 'What about us?'" explained executive director Douglass Yeuell, who'll be choreographing and teaching the class a Fosse-style number and a piece

from "West Side Story."

When he mentioned the idea for this program to his students, including Gordon, they immediately altered their vacation plans to sign up. "The worst part of growing up is no camp," Gordon said. "So for me to be able to do something I love for a week, I can't think of anything more fun."

Other adults are having similar revelations. Keith Laughlin's yoga teacher told him about how she'd gone on a Caribbean yoga vacation last year. But he couldn't afford that, so he fashioned his own version by taking a week off work and attending different yoga classes every day. (Plus, he got a lot of gardening done at home.) After talking about his experience with Annie

CAMP GROWN-UP

■ Joy of Motion Summer Stock (7315 Wisconsin Ave., Bethesda; July 24-28, 9:30 a.m.-4:30 p.m., \$250; 301-986-0016; joyofmotion.org)

■ Circle Yoga Vacation Week (5615 39th St. NW; Aug. 14-18, \$140; 202-686-1104; circleyoga.com)

■ Reddemeade Adult Summer Camp (1701 Ednor Rd., Silver Spring; July 17-21, \$350 for day camp, \$200 for evening camp; 301-421-4481; reddemeade.com)

■ Smugglers' Notch Big Kids' Camp (4323 Vermont Route 108 South, Smugglers' Notch, Vt., weekly through Sept. 1, \$189 for four days, \$63 for single day; 800-451-8752; smuggs.com)

Mahon, the director of Circle Yoga, she decided to turn his makeshift camp into an official program this August. Students can drop into any yoga or Pilates class each day; supplemental events include a farewell meal with drumming and Indian food, an intro to meditation and Thai yoga massage.

Because three months of summer vacation are rare in the working world, Silver Spring's Reddemeade Equestrian Center's adult camp is flexible. Campers can opt for five straight days or an evenings-only version, or they can drop in whenever. When they show up, they get what kid campers do: lots of riding practice. "It's a dream for adults to spend full days with horses and mucking around in the stalls," said director Jane Seigler.

And they're likely to learn more than their younger counterparts. While the kids learn how to take care of horses via scavenger hunts, the note-taking grownups take in all the lectures they can dream of.

Dedicating time to a favorite active pursuit doesn't just ratchet up your skill level in a way the occasional class cannot. It's also a test for non-kid bodies. "I'm figuring it's good for somewhere in the range of 10 pounds," said Loren Amdursky, another eager Summer Stock participant. And Laughlin, who had only dabbled in yoga before last summer, loved how he felt so much that he's practiced every day since.

Grownups craving a more traditional camp experience will have to leave D.C. to get it. For several years now, Smugglers' Notch Resort in Vermont has offered "Big Kid Camp." Pack your bathing suit, sunscreen and lunch for four whirlwind days of kayaking, rock climbing and disc golf. Campers goof around with games like sponge tag (you try to throw a sopping sponge at people in another kayak), but they have to be 18. The kids are going to be so jealous. VICKY HALLETT (EXPRESS)

VITALSTATS

50

NUMBER OF POUNDS DARRELL NELSON, A MINNESOTAN, HOPES TO LOSE BY OFFERING TO MOW PEOPLE'S LAWNS FOR FREE.

running for congress

■ Rep. Bart Gordon

AFTER CREAMING his congressional competition in the annual Capital Challenge 5k for almost 20 years, Rep. Bart Gordon (D-Tenn.) is a bit sick of being known as the fastest man in Congress. "I'd like to have something else on my gravestone," he said. But that doesn't stop him from racing to the finish line. "It's not so much about winning, but I hate to lose." v.h.



"A year ago, I was running on the Mall when a dog clipped me. I separated both shoulders and fractured an elbow, so I had to run the race with a brace on." He won anyway.

"Running is mental, too. I start by thinking about problems, then I zone out and calm down, which is appreciated by everyone. When I walk back, the answers and solutions to the problems just pop up."

"I try to go six miles, and when I get more serious, I bump it up to nine. If I'm going to the trouble to change clothes and shower, I'm going to get a good run in."

"I used to wolf down Gatorade, but now I drink good old H2O, the District's finest."

"I love the Dupont Circle farmers market. I go and get what's fresh."

Sit, Stand and Squat

Update these classic weight-training moves

Men's Health magazine asked exercise experts to make classic moves — like squats or crunches — work better. Follow their advice and see fast results.

SQUATS

Experts agree: The squat is one of the best muscle builders. But most lifters don't squat down far enough, nor do they place the emphasis on their glutes by anchoring with their heels.

Stand in front of a weight bench. Squat down until your butt touches the bench, then immediately press through your heels back to the starting position. Using the bench forces you to squat all the way down until your thighs are parallel to the floor, so the exercise will yield better results. As you prepare to lift, contract the muscles you're working and keep them that way throughout the entire move. "You won't be able to lift quite as much weight, but your muscles will be doing more work overall, so they'll grow," said Sam Iannetta of Functional Fitness and Wellness Centers in Boulder, Colo.

SITUPS

"Men spend entirely too much time doing crunches, which involve only a 30-degree range of motion — way too small to build much muscle,"

said Patrick Hagerman, a professor at the University of Tulsa. "Do a full situp. Your abs spend more time working dynamically under tension, so they'll grow bigger and stronger. Full situps also strengthen the hip flexors, which can get pretty

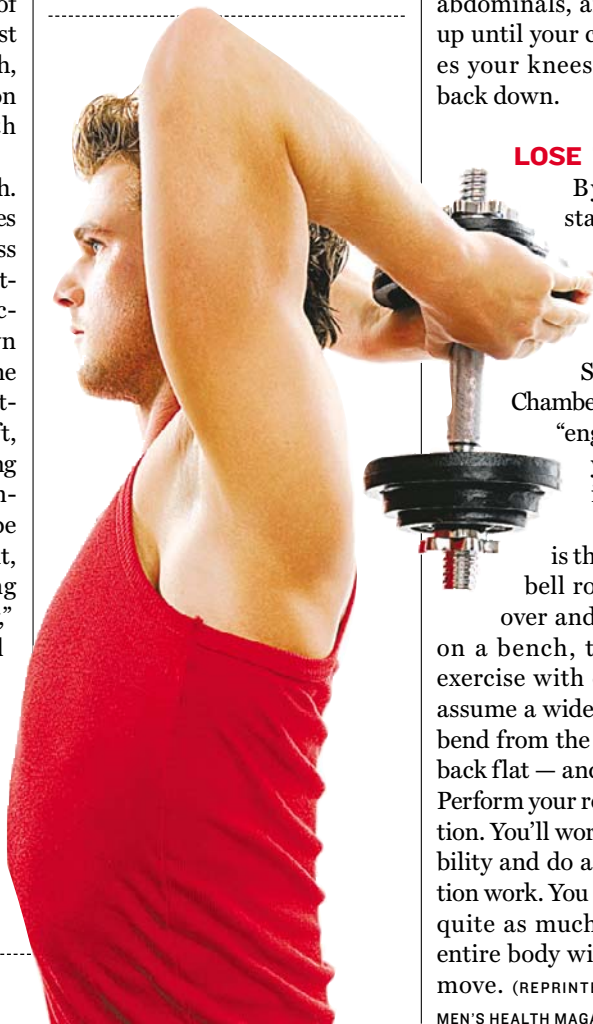
weak if all you do is crunches."

To do situps right, lie on your back with your feet flat on the floor, knees bent about 90 degrees, hands clasped lightly behind your head, and elbows out to the sides. Tuck in your chin, contract your abdominals, and roll all the way up until your chest nearly touches your knees. Then slowly roll back down.

LOSE THE BENCH

By working while standing, you involve more muscles and burn more calories, said Douglas Lentz of Summit Health, in Chambersburg, Pa. Standing "engages your core, so your total strength increases," he said.

A classic example is the bent-over dumbbell row. Most men lean over and brace themselves on a bench, then perform the exercise with one arm. Instead, assume a wide, stable stance and bend from the hips, keeping your back flat — and don't use a bench. Perform your rows from that position. You'll work your core for stability and do a bit more mid-section work. You won't be able to lift quite as much weight, but your entire body will benefit from the move. (REPRINTED WITH PERMISSION OF MEN'S HEALTH MAGAZINE © RODALE INC.)



Standing while lifting engages your core, increasing total strength.

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- Make that heavy stash of papers you're lugging to the office work for you. Turn around in your Metro seat and prop yourself up by resting one arm on the top edge. With your other hand, grab your briefcase and bend your elbow, so your thumb is near your bellybutton.
- Unbend your arm so it's sticking straight back. Hold for a moment, then return to the original position.
- After a few repetitions, try the same exercise using your other arm.



Chad Fleschner works with clients at the Washington Sports Club in Bethesda.



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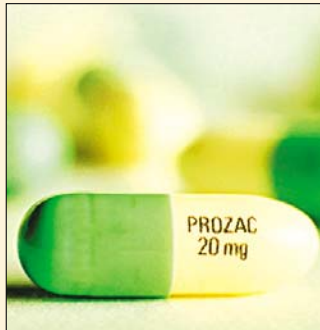
Every Thursday in Express.



A publication of The Washington Post

| STUDIES

Stethoscope



Mom's OK, I'm OK

Kids whose moms took selective serotonin reuptake inhibitors — aka antidepressants like Prozac and Zoloft — while pregnant don't appear to have a higher risk of depression, anxiety or withdrawal, according to a small study in the *American Journal of Psychiatry*. Moms in bad moods once their babies were born, however, did increase the risk. In other SSRI news: A generic version of Zoloft will be released later this month.

Drink and Age

A new study of 43,000 adults showed that early alcohol use (before the age of 14, not counting tastes or sips) put kids at greater risk of developing alcohol dependence earlier in life (or any time in life, for that matter) and ending up with chronic, relapsing dependence. The research, published in the *Archives of Pediatrics & Adolescent Medicine*, is extra-troubling in light of another study, which showed that 25 percent of kids drink alcohol before age 13.

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Good Old Moderation

Too much of good things — shopping, protein — is bad for you

Simple fact: When we find something we really love, we just can't get enough. That's why there's a Starbucks on every block.

Most times there's nothing wrong with overdosing on life's non-guilty pleasures. But not always. Here's how to make sure you don't get too much of a good thing.

Too Much Exercise?

Some women overexercise for the same reason anorexics under-eat: to gain excessive control over their bodies. The difference? Workout-aholics typically get more praise than a housebroken puppy. You need to know the signs of overtraining, like an elevated morning heart rate or more headaches. "In the long run, we tend to see bone fractures and bone loss, even periodontal disease because the teeth have lost bone mass," said Sondra Kronberg, a board member of the National Eating Disorders Association. You're probably over-exercising if you push yourself to a point at which you don't feel the pain and exhaustion.

Too Much Shopping?

The three signs of a super-sick shopper: an in-store adrenaline rush, clothes in your closet with price tags and purchases hidden from family members. When the shopping urge hits, ask someone to come along. "The fact that someone else is present helps curb the behavior, because you don't want to embarrass yourself in front of a friend or



family member," said Dr. Donald Black, a professor of psychiatry at the University of Iowa.

Too Much Moisturizer?

Scaly skin should stay in the aquarium. But the lotion-loving woman who can't stop slathering on the salve may actually be hurting her skin. "It's usually done in an attempt to prevent or get rid of wrinkles or to undo sun damage," said Dr. Andrea Lynn

Cambio, a dermatologist at Tribeca Dermatology in New York City. But moisturizer hydrates and swells the skin only temporarily. Moisturizing more than three times per day can lead to clogged pores, acne and itchy, inflamed skin. Apply lotion only after a shower or bath.

Too Much Work?

It's not the number of hours you work or your position that makes you an addict (full-time moms con-

stantly on the go can be workaholics, too). It's what you do when you're not working — like obsessing about work. Start with small steps, like taking days off, leaving paperwork in the office and finding a mind-engaging hobby.

Too Much Protein?

While the carb-counting fad may be fading, some people still think "roll" is a four-letter word. What's worse, low-carb diets are practically designed to make people com-

Workout-aholics typically get more praise than a housebroken puppy.

pulsive. And unbalanced: "You're depleting muscle fluids and stores when you go all-protein," Kronberg explained. Learn the difference between "good carbs" (complex ones found in whole grains, fruits and vegetables) and "bad carbs" (simple ones like sugar and white flour) that make you more prone to storing fat. Shoot for 45 to 65 percent of your daily calories from carbohydrates, 20 to 35 percent from fat and 10 to 35 percent from protein.

Too Much Phone?

Mobile phones were once considered as luxurious as yachts. Now they're like coffee-pots. But some say cell chatting has gone too far. An Australian study found that some people can't stop using their cell phones, even in dangerous situations (driving) or when not allowed (on planes). "They knew using a cell phone was dangerous or inappropriate, but still continued to do so," said study author Adriana Bianchi. The best way to scale back is to set limits on the times and places you use it. ALEXA JOY SHERMAN (REPRINTED BY PERMISSION OF WOMEN'S HEALTH MAGAZINE.

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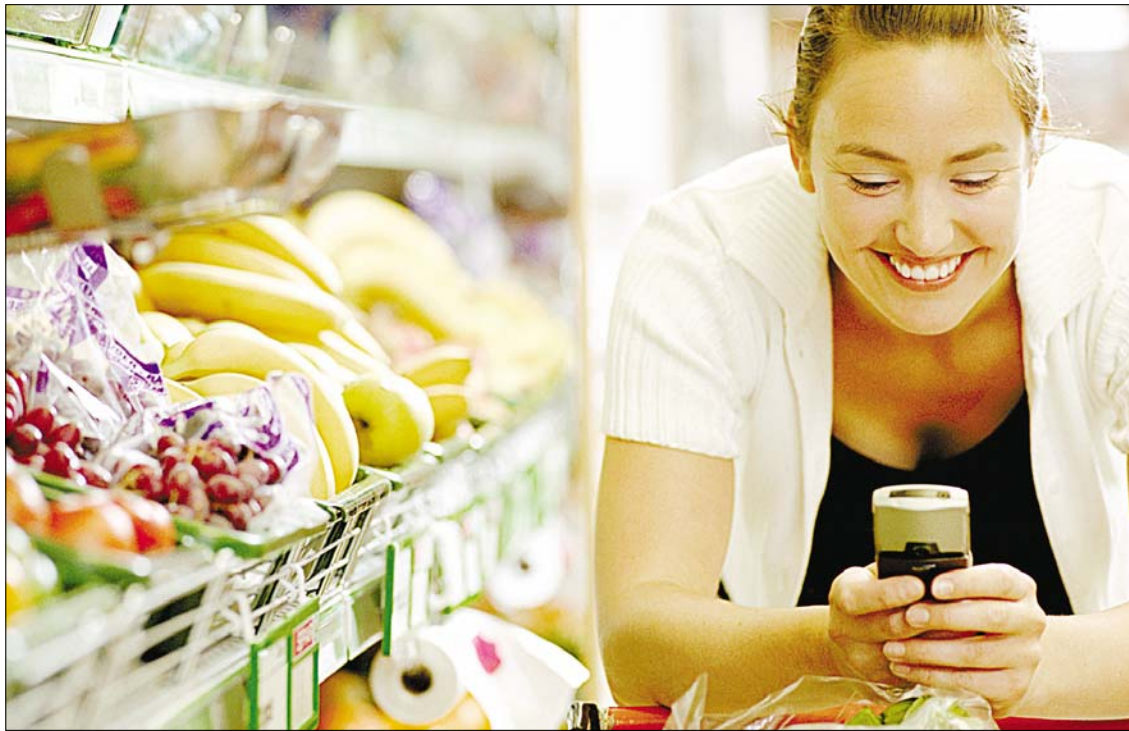
hypochondriac

WHAT YOU COULD HAVE BUT PROBABLY DON'T

Do you have tightness in your throat?

Are you often hoarse? Does your voice sound strangled or warbly? Does your speech suddenly cut out for a moment? You could have **SPASMODIC DYSPHONIA**, a disorder caused by spasms in the muscles of the larynx. (It's what gives radio host Diane Rehm her distinctive sound.) Sixty percent of those afflicted are women, and S.D. generally strikes between the ages of 30 and 60. The cause is unknown (in some folks, it might be inherited), but the treatment is very well-known indeed: botulinum toxin, aka Botox, straight to the vocal cords.

SOURCE: NATIONAL ORGANIZATION FOR RARE DISORDERS, MERCK MANUAL. NOT A SUBSTITUTE FOR MEDICAL CARE.



GETTY IMAGES

A Wake-Up Call

New services put a nutritionist right on your cell

As most dietitians will tell you, the only nearly foolproof way to drop pounds is the time-tested method of calorie-counting. Recording every bite of pizza, nibble of Rocky Road and dollop of whipped cream in a food log, they say, is a dieter's best bet.

Now, many dieters are finding there's an update to that old-fashioned technique: an array of convenient, portable, high-tech ways to help them document their dessert (or lack thereof).

Among these new toys is MyFoodPhone, a service offered through Sprint that allows dieters to photograph meals and snacks with their camera phone before they

eat, then instantly upload the pictures to their online MyFoodPhone account. Every two weeks a "nutritional adviser" checks the account and delivers feedback via the Web about portion sizes, nutritional content and general eating habits in the form of a video clip or notes.

The service (\$9.99 per month in addition to the cost of a user's existing plan) established a partnership with Sprint in the United States in February. And though MyFoodPhone, according to a spokesman for the company, is the first service to use mobile phone cameras as a diet aid, it's just the latest addition to a growing number of mobile services that offer food logging and nutritional

Applications allow users to track every last cheese puff they pop.

encyclopedias.

Weight Watchers started offering a version of its point-tracking system for use on Palm Inc. handheld devices in late 2004, with a service called Weight Watchers On-the-Go.

"We surveyed our customers, and they made clear that they [wanted

to] carry something with them to make smart choices," said Scott Parlee, director of product development for WeightWatchers.com. On-the-Go contains a full list of point values for various foods as well as for products at dining establishments such as Subway, Starbucks and Cold Stone Creamery.

And though the company doesn't release user data, it says On-the-Go's success has sparked plans to develop applications for alternative technologies in the near future.

In addition to the Weight Watchers application, Palm also hosts "Diet & Exercise Assistant" (\$19.99 for a onetime download). One of the company's most popular downloadable applications, it calculates a daily food budget in addition to allowing users to track their food intake.

VerizonWireless hosts two different applications, Diet Fitness Diary (\$1.99 per month) and Diet TinyAssist (\$5.49 for a onetime download), both of which allow users to track every last cheese puff they pop in their mouths through encyclopedic databases of nutritional information.

Although the latest mobile diet devices offer certain obvious advantages, namely convenience, low cost relative to personal nutrition counseling, and the ability to record reams of information, they're not entirely worry-free. Some nutritionists and dietitians have mixed reactions to the services and say there may be some hidden drawbacks to these tools.

Most pressing is the health risk associated with programs that need to be self-administered and don't involve direct contact with a certified nutritionist, nurse or doctor. As a result, some experts say the programs should be supplemented with professional care, both for physical and mental health guidance.

ERICA ORDEN (NEWSDAY)

THE EXPERTS

ChewOnThis



Wasted Not

Q My roommates are on diets that seem quite unhealthy. They eliminate calories and fat, yet continue to drink alcohol. Is such a diet safe? Will it lead to real weight loss?

Nutrition research has shown that moderate alcohol intake (one drink a day for women, one to two for men) can be part of a healthy lifestyle. So go ahead, enjoy a glass of wine with your dinner of grilled fish, veggies and whole grains.

But a diet that includes unlimited alcohol is not only unhealthy, it's also loaded with calories. And alcohol interferes with fat-burning: Your body uses the calories from booze before it uses the calories from fat, causing fatty acids to build up.

Drinking alcohol also tends to cloud judgment and stimulate appetite, which can lead to overeating. When you imbibe, your best bet is a 5 oz. glass of wine or a 12 oz. bottle of light beer — each contains about 100 calories.

Kristen Ciuba, MS, is the nutritionist at Results the Gym, in Washington, D.C. She also implements nutrition programs for local companies. E-mail her at nutrition@readexpress.com

Like Hummus, But a Pattie

■ **HOT 'N' SPICY CHICKPEA CAKES**, makes 6

INGREDIENTS: 15-oz. can chickpeas, rinsed and drained; 1/3 cup reduced fat sour cream; 4 garlic cloves, crushed; 1 tsp. cumin; 1/2 tsp. salt; 3/4 tsp. hot sauce; 1/4 cup plus 2 tbsp. white cornmeal; olive oil cooking spray; 1 1/2 cups salsa

MAKING IT: Puree the chickpeas, sour cream, garlic, cumin, salt, hot sauce and two tablespoons of cornmeal. Transfer to a bowl, cover and refrigerate until chilled, about 30 minutes. Form the mixture into six three-inch patties, about 1/2 inch thick. Place remaining cornmeal on a plate and gently coat both sides of each patty. Spray a large nonstick skillet with cooking spray and set over medi-



um heat. Cook patties until browned on the bottom, about five to six minutes. Spray the tops of the patties with oil, then flip and cook until browned, about five minutes. To serve, spoon salsa onto individual serving plates and set patties on top. Alternatively, spoon salsa over patties. (AP)

137 cal., 3 g total fat (1 g saturated), 6 g pro., 23 g carbo., 4 g fiber, 4 mg chol., 374 mg sodium

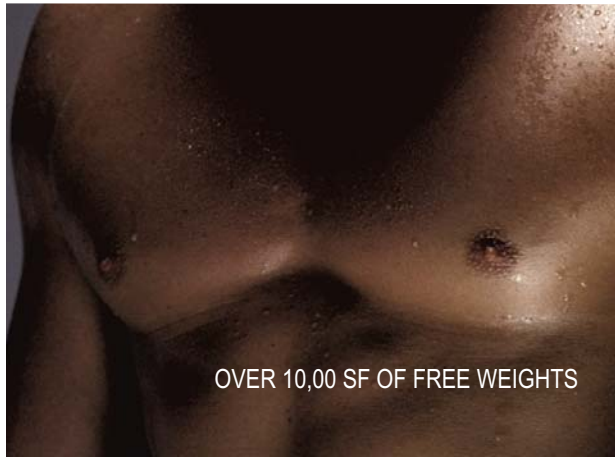
VITALSTATS

10

ESTIMATED NUMBER, IN THOUSANDS, OF ORGANIC FARMS IN THE U.S. BUT IT'S NOT ENOUGH TO MEET AMERICANS' DEMAND FOR ORGANIC GOODS, REPORTS THE AP.



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